

### Intramural Fun...

Students and employees are invited to take part in an NMCC softball game beginning at 6:00 pm on Wednesday, September 23, in the soccer field. Join the fun again the following week for a game of flag football at 6:00 p.m. on Wednesday, September 30, in the soccer field.

Don't want to play? Then come cheer for your friends and classmates or co-workers.

### Nursing Student to Check BPs

First year nursing students will be providing free blood pressure checks for the campus community on Wednesday, September 23, from 8:30 to 11:30 a.m. They will have stations in the Christie lobby, in the mezzanine area above the lobby, and in the commuter lounge by the bookstore. They will also take requests for office calls if needed. Please take a few moments to get your BP checked, and give these students a valuable opportunity to practice their skills.

### Congratulations and Thank You...

Congratulations to John Parent, a student in the automotive technology program, for being the winner of the Constitution IQ Quiz. His name was drawn from all those who submitted a completed quiz, and he won a \$25 gift certificate to the NMCC bookstore. Thank you to John and to all of the other students who took part in the quiz.

Thanks goes out as well to instructor Jan Grieco for delivering a presentation on the First Amendment in honor of Constitution Day, to the library staff for hosting the event, and to all those who attended it. Thanks also to student Shannon Smart for hosting a movie night that evening and to those who took part in that.

Special thanks to students Shannon Smart and Dustin Graham for coordinating all of the Constitution Day activities!!!

### Monday, September 21:

**Jenzabar Training**, 2:00 - 4:00 pm, CED Classroom

### Tuesday, September 22:

**Student Senate Meeting**, 12:00- 1:00 pm, CHR 201

**Graduation Committee Meeting**, 2:00 pm, Martin 3rd Floor Conference Room

**Truth Project**, 6:30 - 8:00 pm, CHR 204

### Wednesday, September 23:

**Advanced Airway Training**, 9:00 am - 3:30 pm, Mailman Trades Building

**Blood Pressure Screening**, 8:30 - 11:30 am, Christie lobby, commuter lounge, mezzanine

**PrISM**, 12:00-1:00 pm, MRT 211

**Don't Forget! The Memory Workshop**, 12:00-1:00 pm, Academic Success Center

**Softball Game**, 6:00 pm, Soccer Field

### Friday, September 25:

**Employee Meeting**, 12:00 - 1:00 pm, Edmunds Conference Center

**Equal Opportunity Committee Meeting**, 2:00 pm, Martin 3rd Floor Conference Room

### Saturday, September 26:

**Fall & Winter Expo**, 10:00 am - 6:00 pm, PI Forum

### Sunday, September 27:

**Fall & Winter Expo**, 10:00 am - 4:00 pm, PI Forum

What's Happening on Campus...

## LUNCHTIME IN THE REED COMMONS

### Monday

**Soup:** Double Ckn. Noodle  
Turkey Rice  
Tomato

**Deli:** Southwest Panini

**Grill:** Bacon Swiss Burger  
*Mediterranean Kitchen*

Taco Pizza

Chicken Fajitas w/Veggies  
*Home & Away Station*

BBQ Brisket

Black Beans & Rice

Seasoned Corn

Brussel Sprouts

*Dessert Bar*

Choc. BP Oat Bars

Sugar Cookies

### Tuesday

**Soup:** Double Ckn. Noodle  
Turkey Rice  
Tomato

**Deli:** Southwest Panini

**Grill:** Buffalo Chicken Wrap  
*Mediterranean Kitchen*

Mushroom Pizza

Pasta Primavera

*Home & Away Station*

Chicken Pot Pie

Herbed Noodles

Green Beans

Zucchini & Squash

*Dessert Bar*

Magic Bars

Chocolate Chip Cookies

### Wednesday

**Soup:** Double Ckn. Noodle  
Oriental Beef  
Potato Leek

**Deli:** Ham & Cheese Panini

**Grill:** Philly Sausage Sand.  
*Mediterranean Kitchen*

Greek Pizza

Stir Fry

*Home & Away Station*

Enchiladas

Smokin' Rice

Cauliflower

Herbed Zucchini

*Dessert Bar*

Choc. Chip PB Cookies

Bars & Cookies

### Thursday

**Soup:** Double Ckn. Noodle  
Minestrone  
Cream of Mushroom

**Deli:** Thanksgiving Turkey

**Grill:** Ball Park Dogs  
*Mediterranean Kitchen*

Sausage Pizza

Really Cheesy Mac & Cheese

*Home & Away Station*

Hot Turkey & Gravy Sand.

Mashed Potatoes

Peas / Spinach

*Dessert Bar*

Dbl. Chocolate Chip Cookies

Brownies

### Friday

**Soup:** Double Ckn. Noodle  
Beef & Barley  
Lentil

**Deli:** Milano Wrap

**Grill:** BBQ Turkey Ched. Burger  
*Mediterranean Kitchen*

BBQ Chicken Pizza

Veggie Fried Wrap

*Home & Away Station*

Havana Sandwich

Ranch Chips

Veggie Blend

Season Broccoli

*Dessert Bar*

Rice Krispie Squares

Oreo Brownies

Weekly Menu

*A salad bar and items from the grill are also available daily.*

Join us for  
this year's  
event...



**Saturday, September 26**

10:00 am to 6:00 pm

**Sunday, September 27**

10:00 am to 4:00 pm

at the **Forum** in **Presque Isle**

**Admission:**  
\$3 for adults  
\$1 for children under 12

*Sign up for our great door prizes:*

*Be entered into drawings for lots of great prizes for only the \$3 cost of admission!*



**Trollbeads**

4 Given Away  
Every Hour!  
Courtesy of  
Country  
Collectibles

**Pellet Stove**

Courtesy of The County Stove Shop

**Snow Blower**

Courtesy of Aroostook Door & Window

**Six Cords of Firewood**

Courtesy of Caron's Lawn & Property Maintenance

**Four Premium  
Access Nascar**

**Tickets**

at **Loudon**  
Courtesy of  
Levasseur NAPA  
Auto and Truck Parts



Featuring a  
**Health Fair**  
by NMCC Nursing Students  
on Saturday!



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