

### Annual Students vs. Employees Softball Game

On September 8, participate in one of NM's most enjoyable annual events, or simply come by to root for your peers, whatever side they may be on! Warm up begins at 5:30 pm in front of Andrews Hall. Before the warm up, students are invited to a BBQ dinner in the dining commons. All students playing in the game will have a free meal courtesy of the Student Senate. Also, anyone participating will get a free t-shirt.



For more information, contact Student Senate advisor Dennis Albert at 768-2757.

### Nursing Student to Check BPs

First year nursing students will be providing free blood pressure checks for the campus community on Wednesday, September 9, from 8:30 to 11:30 a.m. They will have stations in the Christie lobby, in the mezzanine area above the lobby, and in the commuter lounge by the bookstore. They will also take requests for office calls if needed. Please take a few moments to get your BP checked, and give these students a valuable opportunity to practice their skills.

### Book Signing to be Held in Library

Local author Wendy Koenig will hold a book signing for her latest publication, *Lions in the Closet*, in the NMCC library on Wednesday, September 9, at 11:00 a.m. "Every woman has a story to tell. Every woman has a hidden strength within herself. These poems are about women. Every woman," said Koenig about *Lions in the Closet*, her second book of poetry to be published. Other books by Koenig include *Under Twin Suns*, *One to Lose*, and her first poetry book, *These Burning Stones*. She also co-authored *Breathe Vol. 1*. Members of the NMCC campus and the local community are encouraged to attend the signing.

### Monday, September 7:

*Holiday*, College is closed

### Tuesday, September 8:

*Student vs. Employee Softball Game*, warm-up at 5:30 pm in front of Andrews Hall

*Truth Project*, 6:30 - 8:00 pm, CHR 204

### Wednesday, September 9:

*LEAD Breakfast*, 8:00 am - 9:00 am, Edmunds Conference Center

*Blood Pressure Clinic*, 8:30 - 11:30 am, Christie lobby, Christie mezzanine, Martin commuter lounge

*Book Signing with Wendy Koenig*, 11:00 am, Library

*PrISM*, 12:30-1:30 pm, MRT 211

### Thursday, September 10:

*Dept. of Education MLTI Fall Meeting*, 7:30 am - 4:00 pm, Edmunds Conference Center

*Advanced Airway Training*, 9:00 am - 3:30 pm, Nursing Lab

*ECE College for ME Meeting*, 11:30-1:00 pm, Reed Commons Keegan Room

### Friday, September 11:

*NECAP Workshop*, 8:30 am - 12:30 pm, Edmunds Conference Center

*CDL Graduation*, 11:30 am - 1:30 pm, Reed Commons Keegan Room

*Alcohol & the Sexes*, 12:00-1:00 pm, Academic Success Center

What's Happening on Campus...

## LUNCHTIME IN THE REED COMMONS

### Monday

*Soup:* Double Ckn. Noodle  
Beef Vegetable  
Broccoli Cheddar

*Deli:* BLT Sandwich

*Grill:* B&T Grilled Cheese

*Mediterranean Kitchen*

Sausage Pizza

Gemelli al Pomodoro

*Home & Away Station*

Soy Sesame Chicken

Jasmine Rice

Orange Spiced Carrots

Fresh Green Beans

*Dessert Bar*

Choc. Chip Oat Raisin Cookies  
Brownies

### Tuesday

*Soup:* Double Ckn. Noodle  
Vegetable  
Chicken & Okra

*Deli:* Corned Beef

*Grill:* Gr. Tandoori Wrap

*Mediterranean Kitchen*

Cheeseburger Pizza

Yukon Smashed Potatoes

*Home & Away Station*

Grilled Ham Steaks

Sweet Potato Fries

Seasoned Corn

Veggie Medley

*Dessert Bar*

Choc. Chip Cookies  
Raspberry Almond Bars

### Wednesday

*Soup:* Double Ckn. Noodle  
Corn Chowder  
French Onion Soup

*Deli:* Supreme Turkey Wrap

*Grill:* Chicken Fajitas

*Mediterranean Kitchen*

Mediterranean Pizza

Stir Fry

*Home & Away Station*

Ckn. & Sausage Jambalaya

BBQ Pinto Beans

Sliced Beets

Veggie Medley

*Dessert Bar*

Choc. Chip Sugar Cookies  
Mocha Brownies

### Thursday

*Soup:* Double Ckn. Noodle  
Tomato Rice  
Beef & Barley

*Deli:* BBQ Chicken Panini

*Grill:* Ball Park Dogs

*Mediterranean Kitchen*

Cheeseburger Pizza

Tuscan Chicken Pizza

*Home & Away Station*

Beef Tacos

Chipotle Rice

Southwest Grilled Veggies

Mexican Corn

*Dessert Bar*

Dbl. Chocolate Chip Cookies  
Rasp. White Choc. Cheesecake

### Friday

*Soup:* Double Ckn. Noodle  
NE Clam Chowder  
California Bean

*Deli:* Cranberry Turkey Rustica

*Grill:* Fishwich

*Mediterranean Kitchen*

Greek Pizza

Mediterranean Pasta

*Home & Away Station*

Hot Ham & Cheese Grinder

Herbed Chips

Fresh Spinach

Glazed Parsnips

*Dessert Bar*

Krispie Cookie  
Black & White Blondies

Weekly Menu

*A salad bar and items from the grill are also available daily.*

## Parking Note...

On the evening of **Tuesday, September 8**, students and employees should avoid parking in the lot across from Andrews Hall in order to avoid the possibility of getting their vehicle hit by a stray ball during the employee vs. student softball game.

## Photography Display...

Students and employees are encouraged to stop by the library and check out the photos on display throughout the month of September by local photographer Terry Kilcollins (wife of NMCC's wind power technology instructor, Wayne Kilcollins). The collection captures the scenery and natural beauty of Maine. Stop by anytime during regular library hours.

## Are you in need of quality built stairs or steps for a

- **Porch**
- **Entryway**
- **Home**
- **Basement**

**Call 768-2781**  
or see  
**Guy Jackson**  
in the  
**Residential Construction Lab**

**Get the Information on Size of the steps needed and NMCC students will construct to your specifications**



## Newsletter Items...

Do you have items that you would like printed in the *Weekly Bulletin*? If so, please submit your information to the development office, by calling 768-2809, e-mailing info@nmcc.edu or stopping by the office, just off of the lobby of the Christie Building. **The weekly deadline is Thursday by 10 a.m.**

## Student Workshops

The TRiO office is offering a series of workshops in the Academic Success Center throughout the semester to help students. This week's workshop, **Alcohol and the Sexes**, will be held on Friday, September 11, from 12:00 - 1:00 p.m. Come and learn *how* to study, *what* to study and *where* to study. Can women "hold their liquor" better than most men? Come learn the gender-specific effects of alcohol and how to stay safe by drinking responsibly. The session will be offered again on Monday, September 28, from 12:00-1:00 p.m.

Other sessions planned include *Study Strategies for Successful Students*, *Don't Forget! the Memory Workshop*, *Social Networking and the Job Search*, and *Surviving on a Shoestring*.

Stop by the counseling office on the first floor of the Christie Building for more information.

## Help Needed...

We are looking for students, faculty and staff to help at the Fall & Winter Expo. We will need people to sell tickets, to collect tickets, to help with setup and breaking down, and much more. Anyone who is interested in helping should see Jason or Shannon in the development and college relations office.

Join us for this year's event...

# FALL & WINTER Expo

**Saturday, September 26**  
10:00 am to 6:00 pm

**Sunday, September 27**  
10:00 am to 4:00 pm

at the **Forum** in Presque Isle

**Admission:**  
\$3 for adults  
\$1 for children under 12

Sign up for our great door prizes:

Be entered into drawings for lots of great prizes for only the \$3 cost of admission!

- Trollbeads**  
4 Given Away Every Hour!  
Courtesy of Country Collectibles
- Pellet Stove**  
Courtesy of The County Stove Shop
- Snow Blower**  
Courtesy of Aroostook Door & Window
- Six Cords of Firewood**  
Courtesy of Caren's Lawn & Property Maintenance
- Four Premium Access Nascar Tickets at Loudon**  
Courtesy of Levasseur NAPA Auto and Truck Parts

Featuring a **Health Fair** by NMCC Nursing Students on Saturday!

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