

Senior Make Over Day

Senior Make Over Day takes place on Thursday, March 5, from 12:00-3:00 p.m. in the Edmunds Conference Center. Students will be able to get hair cuts, makeup advice, feedback on resumes, practice on interviews, and an outfit or two to help start building a professional wardrobe.

For more information on Senior Make Over Day, contact Shelli Cronkhite in the counseling office or business student Jeri St. Peter.

NMCC Students Plan Winter Fun Family Day at Aroostook State Park

Members of the campus and local communities are invited to take part in a Winter Family Fun Day on Saturday, March 7, from 10:00 a.m. to 2:00 p.m. at Aroostook State Park. The event is being planned by two NMCC students as part of a senior leadership class.

"We are trying to get families together and get them to get outdoors and experience the beauty of our area," said Misty Robinson, an NMCC senior business administration student. "Winter tends to make people stay in and they don't get the exercise they really need to stay healthy. This event will not only get people out and active, but it is something that the whole family can do together."

Activities will include snowshoeing, skiing, sledding/tubing, ice skating and a bonfire. The cost is only \$1.50 for those ages 12-64. Children under age 12 and senior citizens age 65 and older can participate for free.

Robinson, and fellow business administration senior Adam Dickinson of Caribou, were looking for a way to both demonstrate their leadership skills as a requirement for their leadership class, as well as give back to the community.

A backup date of Saturday, March 14, has been identified for Family Fun Day should it rain or be too warm (causing concerns with the ice on the lake) on March 7. Times, activities, and entry cost will remain the same should the event be postponed.

Monday, March 2:

PrISM, 1:00 - 2:00 pm, MRT 211
Admissions Testing, 1:00-4:00 pm, MRT 105

Tuesday, March 3:

PrISM, 11:00 am - 12:00 pm, MRT 211
Medical Office Management, 10:30 - 11:45 am, Edmunds Conference Center
Student Senate Mtg., 12:15-1:00 pm, Christie Lecture Hall
VITA, 1:00-4:00 pm, Edmunds Conference Center
Yoga, 5:30-7:00 pm, Edmunds Conference Center

Wednesday, March 4:

Test Anxiety Workshop, 10:30 am & 1:30 pm, Academic Success Center
PrISM, 1:00 - 2:00 pm, MRT 211
VITA, 1:00-4:00 pm, Edmunds Conference Center
Women Work & Community "Financing Your Future" Workshop, 5:30 - 8:30 pm, Edmunds Conf. Center
NMCC Hockey Game, 8:30 pm, Forum

Thursday, March 5:

PrISM, 11:00 am - 12:00 pm, MRT 211
Senior Make-Over Day, 12:00 - 3:00 pm, Edmunds Conference Center
VITA, 1:00-4:00 pm, Edmunds Conference Center
Admissions Testing, 1:00-4:00 pm, MRT 105
AARA, 6:00 - 8:30 pm, MRT 213

Friday, March 6:

Critical Care Course, 8:00 am - 2:00 pm, CHR 205
Admissions Testing, 1:00-4:00 pm, MRT 105

Saturday, March 7:

Winter Family Fun Day, 10:00 am - 2:00 pm, Aroostook State Park

What's Happening on Campus...

Weekly Menu

LUNCHTIME IN THE REED COMMONS

Monday

SPECIALS

Soup: Chicken Rice
Deli: Turkey Club
Grill: Patty Melt

LINE ENTREES

Chicken-n-Biscuits
Salisbury Steak
White Rice
French Fries/Gravy
Hot Vegetable
Coffee Squares

Tuesday

SPECIALS

Soup: Beef Barley
Deli: Chicken Salad/Bacon
Grill: Buffalo Chicken

LINE ENTREES

Mac & Cheese
Turkey Bandito
Hot Dogs
Wild Rice
French Fries/Gravy
Hot Vegetable
Cheese Cake Bars

Wednesday

SPECIALS

Soup: Vegetable
Deli: Asian Chicken Wrap
Grill: Ragin' Cajun

LINE ENTREES

Meat Loaf
Fiesta Lime Chicken
Mashed Potatoes
French Fries/Gravy
Hot Vegetable
Pumpkin Pie

Thursday

SPECIALS

Soup: Cheese Broccoli
Deli: Caprese Biggie
Grill: Turkey/Bacon Melt

LINE ENTREES

Pulled Pork Sandwich
Italian Chicken
Roasted Reds
Roasted Rice
French Fries/Gravy
Hot Vegetable
Cowboy Cookies

Friday

SPECIALS

Soup: Fish Chowder
Deli: Roast Beef
Grill: Juhu Tur Burger

LINE ENTREES

Beef-n-Broccoli
Egg Rolls
Fried Rice
Crab Ragoons
French Fries/Gravy
Hot Vegetable
Raspberry Brownies

Menu is subject to change. Don't see what you like here? Check out our daily salad bar and pizza offerings.

Healthy Snacks

Student nurses are selling healthy snacks to help support the Northern Maine Pain Symposium that is being held at NMCC on April 16. The table is set up in the nursing wing on the second floor of the Christie Building.

HOURS

Tuesday	9 am - 12 pm
Wednesday	1 pm - 4 pm
Thursday	9 am - 3 pm
Friday	10 am - 12 pm

Items for sale include:

Apples & Oranges	Animal Crackers
Cheese & Breadsticks	Cheddar Crackers
Cheese & Crackers	Quaker Snacks
Raisins	Fiber One Bars
Homemade Muffins	Snack Cakes
Gatorade	Capri Sun

Condolences...

The campus community extends our condolences to the family of Tony Palmer. Tony, who retired several years ago from the College, passed away in February.

Test Anxiety Workshop

The Academic Success Center is offering a workshop on test anxiety on Wednesday, March 4, with two times from which to choose: 10:30 a.m. or 1:30 p.m. Stop by the ASC to learn more or to sign up for this free workshop.

Financing Your Future Workshop

Women, Work and Community will offer a free five-week workshop to help Aroostook families gain the skills and confidence to stretch money, pay bills, reduce debt, find money for savings and set personal financial goals. The classes will be held on Wednesday from 5:30-8:30 p.m. at NMCC, beginning on March 4. The workshop is open to men, women and couples of all ages. For more information or to register, contact Women, Work & Community at 764-0050 or erica.quineaster@maine.edu. Pre-registration is required by March 3.

50/50 Raffle

Members of the Auto Tech Club are selling tickets for a 50/50 raffle to raise money for their Detroit trip.

**\$1 each or 5 for \$3
or an arm length for \$5**



**Drawing is April 10. Get your tickets from any
AT senior or from instructor Dan Boyd.**

Job Fair

The NMCC Job Fair is scheduled for Thursday, March 12, from 9:00 a.m. to 1:00 p.m. in the gym. More than 40 employers will be on hand to collect resumes and talk to attendees about potential job openings. In preparation of the Job Fair, students should be getting resumes ready and practicing interviewing skills. They should also prepare to properly present themselves, taking into consideration things like hair cuts and appropriate attire. For help getting ready, plan to attend the Senior Make Over Day on March 4!

Thank You...

Special thanks to all those who participated in the Black History Month activities in February. Overall, most of the activities scheduled during the month were a great success, thanks to the efforts of all those organizing and presenting material as well as those who took the time to attend. Look for more details, as well as photos, in the next monthly edition of the newsletter.

Congratulations...

Amber Libby is the winner of the Go! Green! energy savings competition. Look for more details in the monthly newsletter.

Newsletter Items...

Do you have items that you would like printed in the Weekly Bulletin? If so, please submit your information to the development office, by calling 768-2809, e-mailing info@nmcc.edu or stopping by the office, just off of the lobby of the Christie Building. **The weekly deadline is Thursday by 10 a.m.**



Put Another Notch in Your Education, Do an Internship...

Why do an internship? The benefits you will gain are practical experience that complements your academic studies, an opportunity to make business contacts and a chance to work in a professional environment. This is a great way to build your resume and launch your career while gaining a new perspective on your talents.

Internships can be used as a general elective for most of our college programs. Why not do an Internship? Gain up to 3 credits toward your program of study.

For more information please contact Pam Crawford, Internship Instructor, at npcrawfo@nmcc.edu or 768-2739.

Stop by the Internship Booth during the NMCC Job Fair on Thursday, March 12, 2009 to learn more.