

August 29, 2008

Issue #2



New and returning students stopped by the Christie lobby throughout the morning on Wednesday, August 27, to enjoy a free breakfast buffet sponsored by the NMCC Student Senate. What a great way to start the day!

Student Senate Meeting

All students are invited to attend the first Student Senate meeting of the semester, at noon on Tuesday, September 2, in the Christie lecture hall. Bring a friend, bring your lunch, and have your voice heard!

The Student Senate is the governing body for students at NMCC. They are here to support student concerns, complaints, and ideas for activities on campus and for the community. All students are invited to attend meetings, whether or not they are Senate members. Come and learn more!

Monday, September 1:

Holiday - College Closed

Tuesday, September 2:

Student Senate Meeting, 12-1 pm, Christie Lecture Hall

Golf Informational Meeting, 12 pm, Gym Adjunct Faculty Orientation Session, 5:30-9:30 pm, Reed Commons Keegan Room

Open Gym (Basketball), 9:00-11:00 pm

Wednesday, September 3:

Enrollment Task Force Meeting, 3:00-5:00 pm,

Edmunds Conference Center

Soccer Scrimmage, NMCC vs. UMPI, 4:00 pm, UMPI Soccer Field

Adjunct Faculty Orientation Session, 5:30-9:30 pm, Reed Commons Keegan Room

Movie Night, 9:00-11:00 pm, Edmunds Conference Center

Thursday, September 4:

Early College for ME Luncheon, 11:30 am - 1:00 pm, Reed Commons Keegan Room Radio Club, 6:30-8:30 pm, CHR 113 Open Gym (Dodgeball), 9:00-11:00 pm

Friday, September 5:

CRMA Course, 8:00 am - 4:30 pm, MRT 212 **Disk Golf**, 6:30 pm

LUNCHTIME IN THE REED COMMONS

<u>Monday</u> **SPECIALS** Soup: Tortellini Deli: BLT Grill: Honey Dijon Ckn. LINE ENTREES Turkey Chipotle Wrap Shepherd's Pie

Chips French Fries Hot Vegetable Molasses Cookies

Tuesday SPECIALS Soup: Chili

Deli: Hearty Beef

Grill: Milano Center Stage: Greek Wrap LINE ENTREES Chili Frito & Chili Dogs Honey BBQ Chicken Chips

French Fries Hot Vegetable

Oreo Delight

Wednesday **SPECIALS**

Soup: Beef Vegetable Deli: Chicken Salad Grill: Pastrami/Rye

LINE ENTREES **BBO** Pork Sandwich Cheese Lasagna Meat Lasagna Chips French Fries Hot Vegetable Blondie Brownies

<u>Thursday</u>

ŠPECIALS Soup: Tomato Deli: Ckn. Ceasar Wrap Grill: Black 'n Bleu Sand. Center Stage: Italian Saute LINE ENTREES

Ham & Cheese Croissant Tuna Noodle Casserole Wild Rice Chips French Fries Hot Vegetable

SPECIALS Soup: Seafood Chowder Deli: Salami Italian Grill: Grilled Cheese

LINE ENTREES

Baked Potato Bar (Cheese/Bacon/Chili/Broc.) Philly Steak French Fries Hot Vegetable Pina Colada Cake

Toward Excellence

Soccer Scrimmage

NMCC's soccer team will be playing a scrimmage game against the University of Maine at Presque Isle on Wednesday, September 3, at 4:00 p.m. at UMPI. Come and cheer for your team!

Want to play golf?

There will be an informational meeting for those interested in participating on NMCC's golf team on Tuesday, September 2, at 12:00 noon in the gym. Anyone who is interested in playing but cannot attend the

meeting, should contact Lori Googins, athletic director, as soon as possible.

Open Gym...

All students are invited to take part in Open Gym on Tuesday and Thursday evenings, from 9:00-11:00 p.m., throughout the semester. Have fun with some of your classmates playing volleyball, basketball or dodgeball.

Medical assisting students taking part in the Intro Aging game were, from left: Sandra Pictou (alias Caroline 'Old Lady'); Tate MacPherson (alias Jack Timber 'Old Codger'); Katelyn Crane (alias Edwina Finch 'Baby Cakes'); Pam Gorneault (alias Bertha 'Grammy'); and Clarissa Gallagher (alias Wilma 'Sugar Pie').

RC Students to Make Stairs & Steps

NMCC's residential construction students are now taking orders for stairs and steps for homes. Get stairs/ steps at a great value, while helping to provide students valuable practice at angles/corners. To get more information or place an order, contact Guy Jackson at 768-2781, or stop by the RC lab in the Mailman Building.

Hours...

The following are the regular semester hours for several key areas of interest for students on campus:

Library/Media Center	M-H F Sat Sun	7:30 am - 8:00 pm 7:30 am - 4:30 pm 12:00 pm - 4:00 pm Closed
Bookstore	M-H F	7:30 am - 6:30 pm 7:30 am - 4:00 pm
Academic Success Center	M, F	8:00 am - 5:00 pm 8:00 am - 9:00 pm
Business Office	M-F	7:30 am - 4:30 pm
Student Services Office	M-F	8:00 am - 5:00 pm

Movie Night

Students are invited to come to the Edmunds Conference Center every Wednesday night at 9:00 p.m. to watch a newly released movie. Refreshments are provided. *Free for all students!* For more information, contact Jessica Miller at imiller@nmcc.edu.

Medical Assistant Students Get Hands-On Experience with Aging

Senior medical assisting students had an opportunity on August 29 to actively learn about the health and life issues affecting people in the later stages of life by participating in the Into Aging game.

This game was designed to help players develop an increased awareness of the challenges associated with aging. The goal is to assist players in cultivating a more positive attitude and view of aging and to dispel the myths that our society associates with aging.

Into Aging was played as part of the students' class content on geriatrics. This game presented an opportunity for the students to learn about aging and the natural changes that occur as we age. It also provided an opportunity to experience first hand some of these changes, such as losing independence, sight, hearing, and mobility. Students were able to experience some of the attitudes and labeling (confused, helpless, crazy, grouchy) that our society uses when referring to the aging population.

At the end of the lab, the students were able to discuss the medical assistant's role in interacting and communicating with an older person that is reflective of age-related sensorimotor changes and special needs related to safety and maintenance of independence.