

Toward Excellence



Issue #28

March 16, 2015

CAFE MENU

Monday

- Buffalo Chicken Stromboli
- Rigatoni & Meatball Casserole
- Vegetable Lavash Wrap
- Bistro Chicken Sandwich
- Ham & Swiss on Marble Rye
- Spicy Citrus-Cucumber Slaw
- Brussels Sprouts
- Garlic Toast
- Vegetable & Bacon Tomato Soup
- Cheddar Cauliflower Soup
- Spiced Pumpkin Blondie
- Peanut Butter Devil's Food Parfait

Tuesday

- BBQ Chicken Pizza
- Thanksgiving Sandwich
- Vegetable Stir Fry w/ Noodles
- Chicago Style Hot Dog
- Grilled Mini Vegetable Medley Wrap
- Steamed Green Peas
- Two-Bean Chili w/Brown Rice Soup
- Spicy Vegetable Barley & Bean Soup
- Cream Cheese Marbled Brownie
- Orange Jell-O ® Parfait

(con't on back)

Jobs and Workers Meet at NMCC

Employers representing nearly 50 businesses participated in NMCC's Job Fair held last Thursday. More than 300 students and community members took advantage of the opportunity to meet with employers face-to-face and give them resumes. The event offered business and industry from around the state the chance to see the workforce available in our region, and offered future graduates and others a close up view of employment opportunities that exist. Ruth White, the regional director of Early College for ME organized the event with help from several offices on campus.



And the Winners Are...

Four NMCC students competed in the SkillsUSA 2015 State Conference on March 5 and 6, and each walked away with medals! Josh Pike won the bronze for competing in the Automotive Service Technology area; Liza Clark competed in Automotive Refinishing and took home the gold; Joe Cushman won the silver for his work in the Diesel Equipment category and Kurtis Gagnon also won a silver medal in the welding competition. More than 600 students representing 23 career and technical schools and colleges throughout Maine competed at Eastern Maine Community College and United Technology Center in Bangor.

From Left:

*Joe Cushman, Diesel Equipment-Silver Medal;
Liza Clark, Automotive Refinishing-Gold Medal;
Kurtis Gagnon, Welding-Silver Medal;
Josh Pike, Automotive Service Technology-Bronze Medal.*



CAFE MENU (con't)

Wednesday

- Spicy Meatball Flatbread
- Grilled Spicy Lemon Chicken
- Farfalle w/Broccoli & Ricotta
- Cheesy Lasagna
- Eggplant Marinara Panini
- Cuban Panini
- Broccoli
- Chicken & Rice Soup Florentine
- Broccoli Soup
- Double Chocolate Brownie
- Banana Pudding Parfait

Thursday

- Chicken Pot Pie
- Baked Potato w/Chili
- Almond Raisin Jasmine Rice
- Crispy Chicken & Cheese Snacker
- Roasted Vegetables Lavash Wrap
- Carrots
- Chicken Noodle Soup
- Carrot Ginger Soup
- Peanut Butter Swirl Brownie
- Lemon Jell-O® Parfait

Friday

- Fried Basa w/Creole Sauce
- Four Cheese Penne
- Chicken & Swiss Sandwich
- Buffalo Chicken Wrap
- Grilled Red Potatoes
- California Blend Vegetables
- Roasted Corn Chowder
- Four Onion Soup
- Dulce de Leche Brownie
- Strawberry Jell-O® Parfait

Available Daily

- Salad
- Pizza
- Hamburgers
- Garden burgers
- Hot dogs
- Chicken sandwiches
- Grilled cheese sandwiches
- French fries
- Chips
- Assorted desserts.

Championship Captured by Ice Falcons

The NMCC Falcons Ice Hockey Team won the Presque Isle Gentlemen's Hockey League championship Thursday evening with a 9-2 win over TAMC. This marks the first championship since the 1992-93 season. It was a true team effort with two goals each from Brian Storey, Kyle Lemelin and Lucas Grant as well as additional goals from Hillary Albert, Marc Lajoie and Shawn Myers. Congratulations Coach Albert and the Falcons for bringing home the Bob Davis Cup!



Mapleton Pack Visits Wind Power Lab

The Mapleton Cub Scouts Pack 170 enjoyed a tour of the Wind Power Technology lab on March 3 and were fascinated by the safety items, weather technology, and turbine equipment offered. The Tiger and Cub-aged members enjoyed demonstrations of how wind speed effects the output of a wind turbine and how a large turbine can move to make the best use of the wind's power.



Honor Society Students Named

Six exceptional students were inducted into NMCC's chapter of Phi Theta Kappa Epsilon, the international honor society for students at two-year colleges. To be invited to join, students must achieve a 3.5 or greater cumulative GPA. During the ceremony on Thursday evening, Guest Speaker Susan Swirsky, of Gateway Community College spoke about the importance of leadership and school and community involvement.

Campus Events

- Organizational meeting for Student Veterans of America, Wednesday, March 18th, 12 p.m., Academic Success Center.
- Student Senate sponsored BINGO Night. Reed Commons. March 18, 2015. 6 p.m..
- Yoga Class. Wednesdays, through March 18. 5:45pm-7:15pm. \$45pp. Smith Wellness Center (group exercise room). Instructor Linda Rowe.
- Campus Film Series. 6 p.m., Edmunds Conference Center. March 25. "Dark Matter of Love".
- Alumni & Friends meeting. Wednesday, April 8, 2015 from 5:15-6:30pm, Peter Hunt Media Center.

Newsletter Items

Do you have items that you would like included in the weekly newsletter? If so, submit your information to the development office by calling 760-1188, emailing bcaron@nmcc.edu or stopping by the office just off the lobby of the Christie Building. Deadline is Friday by 12:00 noon.