



**NORTHERN  
MAINE  
COMMUNITY COLLEGE**

# Toward Excellence

## Weekly Bulletin

March 3, 2014

Issue #20



### SkillsUSA Welding Competition Held at NMCC

Northern Maine Community College hosted the welding and metal fabrication portion of the SkillsUSA Maine Championships on February 28. A team of high school students from the Van Buren Regional Technology Center and two teams of college students from NMCC participated in the competition. Remaining competitions will be held in Bangor at the United Technologies Center and Eastern Maine Community College on March 13 and 14.

To begin, teams were given blueprints and welding procedure specifications for a shop cart and were allowed six and a half hours to fabricate the cart using only the limited materials that were provided. The blueprints were created by Ben Sipe who is a student in the NMCC Computer-Aided Drafting Program. Teams were judged on time management, ability to follow blueprints and the quality and craftsmanship of the welds in addition to several other criteria.

“For the high school students, this experience provides a glimpse of what it is like to attend college and interact with students who are further along in their education,” said Gary Milton, head judge and welding teacher at Van Buren Regional Technology Center. “The high school students compete directly against college-level students so the pressure is on to not only finish the project in the time allowed, but to produce a product that meets the standards for industrial usage.”

The winners of the welding and metal fabrication competition will be announced during the closing ceremonies on March 14 at the Cross Center in Bangor.



*Van Buren Regional Technology Center high school students who participated in the SkillsUSA Maine Championships are from left: Joshua Pelletier, Derek Grivois and Alex Perreault.*



*NMCC students who participated in the SkillsUSA Maine Championships are from left: Zachary deMontigny, Mike deMontigny and Kurtis Gagnon.*



*NMCC students who participated in the SkillsUSA Maine Championships are from left: Brett Stratton, Josh Pike and Zachary Levesque.*

### Happy Birthday Dr. Seuss!

Students from the Early Childhood Education program at NMCC held a celebration on February 28 and invited students from area daycare centers to celebrate Dr. Seuss’ birthday with activities, games, and a party. ECE students and other student volunteers created a wonderful event. It was great fun and a wonderful learning experience for the children.



## Lunch Menu

### MONDAY

Mini Tuna Salad Sandwich/Kung Pao Pork/Roasted Corn & Potato Soup/Minestrone Soup/Black Bean, Beef and Fire Roasted Salsa Burrito/Baked Potato with Chili/Mushroom & Onion Quesadilla/Cream Cheese Marbled Brownie/Cherry Jell-O Parfait

### TUESDAY

Roast Beef & Provolone Panini/Buffalo Chicken Sandwich/Minestrone Soup/Hearthy Lentil & Potato Soup/Mu Shu Tofu/Glazed Carrots/Pork in Mole Verde/Rice Krispies Bar/Strawberry Mousse Parfait

### WEDNESDAY

Chicken Salad Sub/Hot Open-Faced Roast Beef Sandwich/Black Bean Cake Slider/Seafood Newburg/Minestrone Soup/Mushroom Barley Soup/Creamy Garlic Mashed Potatoes/Broccoli/Lemon Cheesecake Bar/Boston Cream Parfait

### THURSDAY

Turkey Pepperjack Panini/Tomato & Bacon Grilled Cheese/Minestrone Soup/Vegetable Orzo Soup/Hearthy Lasagna/Parmesan-Herb Crusted Chicken/Roasted Potatoes/Vegetable Lo Mein with Tofu/Sauteed Zucchini & Tomato/Red Velvet Cream Cheese Bar/Lemon Jell-O Parfait

### FRIDAY

Honey Dijon Chicken Wrap/BBQ Tofu Slider/Grilled Cheese Sandwich/Minestrone Soup/Cream of Tomato Soup/Crispy Basa/French Fries/Steamed Green Peas/Chocolate Brownie/Chocolate Mousse

#### AVAILABLE DAILY

Salad, pizza, hamburgers, garden burgers, hot dogs, chicken sandwiches, grilled cheese sandwiches, french fries, chips and assorted desserts

## Newsletter Items...

Do you have items that you would like printed in the Weekly Bulletin? If so, submit your information to the development office by calling 768-2809, e-mailing info@nmcc.edu or stopping by the office just off of the lobby of the Christie Building. **The deadline is Wednesday by 10 am.**

## Congratulations Megan!

NMCC nursing student from Van Buren, Megan Ouellette, was the overall winner of the 2014 Northern Star competition held on Feb. 23. This year's competition raised approximately \$26,000 to help United Way support the region. Great job everyone!



## Red Sox World Series Trophy Coming to NMCC March 5!

Join us in the Edmunds Conference room on Wednesday, March 5. Doors will open at 1:30 p.m. with arrival of trophy expected at 1:45 p.m. Wear your Red Sox gear to help celebrate Boston Strong!!



## Local & Legendary: The Civil War in Presque Isle One Story - One Community

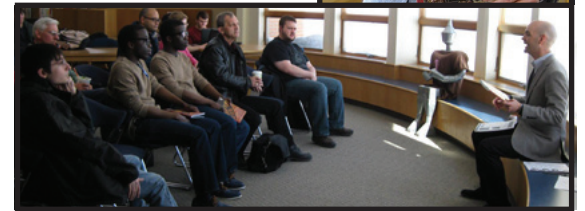
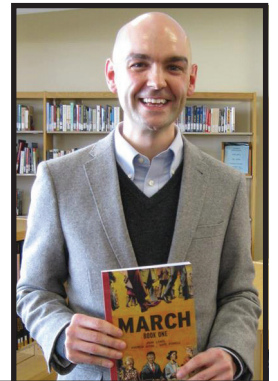
Join us on Wednesday, March 5 at 5:30 pm at the Aroostook Medical Center for a discussion on the book: This Republic of Suffering: Death and the American Civil War/ Drew Gilpin Faust.

## NMCC Celebrates Black History Month



Above: Lassana and Lossene Dorleh, NMCC students, created a display in the NMCC library to celebrate Black History Month in February. Books, CDs, DVDs and other items were displayed throughout the month.

Right & below: On Feb. 26, NMCC instructor Eric Pelkey facilitated a discussion on the book MARCH, by Congressman John Lewis. In the novel, Lewis shares his story about the Civil Rights Movement.



## Social Media Weekly Giveaway

Last week's winner of the NMCC water bottle was Tamra Keaton. Congratulations Tamra! Visit our Facebook page to enter your name in this week's giveaway!



## Events

### MONDAY - MAR 3

**Zumba**, 4:30 - 5:30 pm, Gym

**Smoking Cessation class begins**, 6:00 - 7:30 pm  
To register contact CED at 768-2849

### TUESDAY - MAR 4

**Student Senate Meeting**, 12:00-1:00, CHR 206

### WEDNESDAY - MAR 5

**PTK Meeting**, 12:00-1:00 pm, MRT 211

**Weight Watchers**, 12:00-1:00 pm, Reed Commons

**Zumba**, 4:30 - 5:30 pm, Gym

### THURSDAY - MAR 6

**Discussion Group for Male students in Nursing, Health Information Technology, Medical Coding, Early Childhood Education or Accounting**, @ Keegan Room, Reed Commons, 4:00-5:00 pm