

Did You Know...

Question 5 on the 2013 Bond Ballot, on November 5 will strengthen the Maine economy. The Bond will enable the community colleges to prepare more Maine people for high wage/high demand jobs.

Question 5 on the ballot asks:

Do you favor a \$15,500,000 bond issue to upgrade buildings, classrooms and laboratories on the 7 campuses of the Maine Community College System in order to increase capacity to serve more students through expanded programs in health care, precision machining, information technology, criminal justice and other key programs?

The community colleges face \$140 million in needed improvements to their facilities. The bond will enable the colleges to invest in improvements that will expand their capacity to prepare more students for high wage/high demand jobs across the state.

- Northern Maine Community College (Presque Isle): \$900,000 to convert Aroostook Hall into classrooms, labs, and offices that will enable the college to expand its allied health programs. Funds will also enable energy efficiencies and the purchase of new classroom equipment.

NMCC Event Donates to Breast Cancer Program

Northern Maine Community College celebrated the first day of Breast Cancer Awareness Month by holding a fund-raising walk on campus.

About 75 students, staff, faculty and friends of the College participated to raise money for Pink Aroostook,

a program that provides financial assistance to individuals in need who are undergoing treatment for breast cancer.



The walk and the cause have special meaning for the NMCC community which lost an employee and friend due to the disease. The event was dedicated to Heidi Graham who lost her battle with breast cancer last May. Members of Heidi's family participated in the occasion which raised \$1300 for the cause. Many participants created and wore tie-dye pink T-shirts in her honor for the walk.

"We're happy to honor Heidi's memory in this special way, and to give back to the community and to a cause we are passionate about," explained Linda Mastro, NMCC director of health services and event organizer. "The NM community is like a family and Heidi has family members who work and attend College here.

Everyone on campus is dedicated to supporting them and to joining the fight against breast cancer."

"Our program is so grateful for this financial support," said Bethany Zell of Pink Aroostook. "It is the thoughtfulness of community builders like NMCC that make Aroostook County a truly amazing place to live."

Pink Aroostook is a breast health program that also works on community education and awareness. All the funding donated stays local.

A Novel
The Orphan



Gordon Hammond

BOOK SIGNING and READING

THE ORPHAN, A novel by Gordon Hammond

All students and faculty are invited to come join us on
Wednesday, October 9, From a 12:00 pm - 1:30pm.
in the Edmunds Library.

LunchMenu

MONDAY

Mushroom & Onion Quesadilla
Chicken Macaroni Bake
Teriyaki Pork & Vegetables
Chicken Stir Fry Station
Seafood Bisque
Minestrone Soup
Brown Rice
Steamed Yellow Squash
Mu Shu Tofu
Roasted Corn & Potato Soup
Tuna Salad Sandwich

TUESDAY

Grilled Veggie Quesadilla
Crispy Chicken Nuggets
Chicken Paprikash
Chicken Stir Fry Station
Chicken Soup w/Brown Rice
Minestrone Soup
Buttery Egg Noodles
Seasoned Spinach
Black Bean Cake Sliders
Hearty Lentil & Potato Soup
Roast Beef & Provolone Panini

WEDNESDAY

Chili Cheddar Dog
Chicken Parmesan
Beef & Cheddar Chimichanga
Chicken Stir Fry Station
Veggie & Bacon Tomato Soup
Minestrone Soup
Rotini Marinara
Black Beans & Rice
Chile-Roasted Corn
Baked Potato with Chili
Pumpkin Coconut Bisque
Chicken Salad Sub

THURSDAY

Tomato Bacon Grilled Cheese
Parmesan-Herb Crusted Chicken
Hearty Lasagna
Chicken Stir Fry Station
Chipotle Chicken Tortilla Soup
Minestrone Soup
Roasted Potatoes
Steamed Mixed Vegetables
Veggie Lo Mein w/Tofu
Vegetable Orzo Soup
Peanut Butter Banana Panini

FRIDAY

Buffalo Chicken Sandwich
Fish & Chips
Pork Cadillo Stew
Chicken Stir Fry Station
Jerk Chicken Soup
Minestrone Soup
Confetti Rice
Green Beans & Almonds
BBQ Tofu Sliders
Butternut Squash Soup
Honey Dip Chicken Wrap

AVAILABLE DAILY

*Salad, pizza, hamburgers,
gardenburgers, hot dogs,
chicken sandwiches,
grilled cheese sandwiches,
french fries, chips and
assorted desserts*

TRiO Workshop Offered

Don't miss the opportunity to explore past failures and wisdoms and shift your inner conversation to lessons taken away from experience, at this week's TRiO Workshop, **Wisdoms vs. Failures Toss**. The workshop will be held on Monday, October 7, from 5:00 - 6:00 pm in the Keegan Room.

"People working together in a group can accomplish things which no individual acting alone could ever hope to bring about."

~ Franklin Delano Roosevelt

Other upcoming sessions will include: Test Success, Why Do I Miss Class, and Top Tens for Success. Stop by the counseling office to learn more.

You Are Invited

Presque Isle Historical Society, Turner Memorial Library, Presque Isle Middle School and Northern Maine Community College invite you to join us for the Kick-Off Event for a grant from Maine Historical Society and Maine Humanities Council designed for the community to learn more about the impact of the Civil War on Presque Isle. Join us in the Edmunds Conf. Room on Monday, October 7, 2013, 6:00 - 7:00 pm.

Raffle

Up for raffle are four-2lb. lobsters and four-14oz Rib Eye steaks. Proceeds to benefit the Frank Labbe Scholarship Fund. Purchase your tickets in the cafeteria or from any cafeteria employee. Tickets are \$2 each or three for \$5.

Soccer Game

The campus community is invited to come cheer on the Falcons in a home game against EMCC on Tuesday, October 8. The game gets underway at 4:00 pm on the NMCC soccer field.



Events

MONDAY

Impact of the Civil War, Edmunds Conference Room- 6:00 - 7:00 pm

Zumba, 4:30 - 5:30 pm, Gym

TRiO Workshop - Wisdoms vs. Failures Toss, 5:00 - 6:00 pm, Keegan Room

TUESDAY

Student Senate Meeting, 12:15 - 12:45 pm, CHR 201

EMS Preceptor Training, 5:00 - 6:00 pm, CHR 201

Home Soccer Game - Falcons vs. EMCC 4:00 pm, Soccer Field

Student Senate Meeting

Student Senate will be hosting an Organization Meeting on Monday, October 7, at 12:00 pm in the Keegan Room located in Reed Commons.

The NMCC Student Senate meets on Tuesdays from 12:15 - 12:45 pm in CHR 201. All students are welcome to attend.

Open Mic Night

Join us for Open Mic night in Reed Commons on Thursday, October 17 at 6:00 pm. This is an all campus event with free snacks. Call Lynne Manion @ 768-2772, or John Adams @ 217-4474 if you have a song to sing, poetry to recite, a skit you would like to perform or speech to share.

FMI visit facebook.com/nmccintheLOOP

Swimming at the Indoor Pool

NMCC students can swim for free at the Presque Isle indoor pool, located next to the Forum. Simply bring your student ID, along with a copy of your fall class schedule with you and be sure to sign in at the desk. To find out times when the pool is open to the public, you can call 764-2564.

Courtesy of Student Senate

Zumba Underway

Zumba classes are taking place on Mondays and Wednesdays from 4:30 - 5:30 pm in the gym. This is free for all students and employees. Come whenever you can. Bring a friend or family member for only \$6/class.

Newsletter Items...

Do you have items that you would like printed in the Weekly Bulletin? If so, submit your information to the development office by calling 768-2808, e-mailing info@nmcc.edu or stopping by the office, just off of the lobby of the Christie Building. **The deadline is Wednesday by 10 am.**

WEDNESDAY

Weight Watchers Meeting, 12:00 - 1:00 pm, Keegan Room

Zumba, 4:30 - 5:30 pm, Gym

Book Signing, Edmunds Library, 12:00 - 1:30pm.

THURSDAY

Movie Night, 9:00 pm, Reed Commons

FRIDAY

Department Chair Meeting, 1:30 - 4:00 pm, Third Floor Conference Room

Away Soccer Game - Falcons at Unity, 4:00 pm.