



**STUDENTS, FACULTY, & STAFF**

Welcome back. Not a whole lot has changed since last semester with the exception to the weather. Parking lots and sidewalks are being well maintained by facilities, however please take caution and plan accordingly when mother nature acts up.

Construction continues on the Wellness Center and the project is moving along nicely staying on track for completion the beginning of April. Please pay attention to signage and potential re-routes as floors, doors and walls are being installed and painted.

Finally, we are reaching out through social media with new accounts on Facebook and Twitter. Visit us today to help us grow our following.

@NMCCMaine



## NMCC Precision Metals Manufacturing Program Receives High Tech Donation

The Precision Metals Manufacturing (PMM) program at Northern Maine Community College has received a significant contribution from the Mitutoyo America Corporation of Illinois. Mitutoyo specializes in precision measuring tools including coordinate measuring machines (CMM).

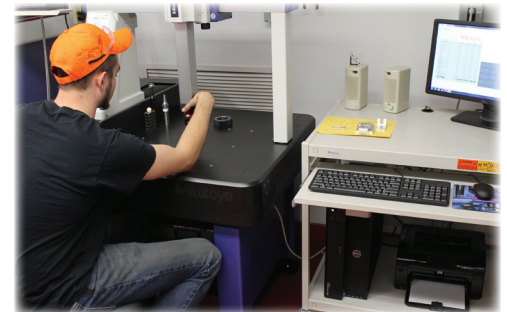
The \$7500 donation includes computer hardware, software and a monitor that allows students to write programs for part inspections. This ability makes verification of dimensional requirements for various parts more efficient. The equipment went on line this fall and expands on the capability of existing equipment.

According to PMM instructor Dean Duplessis, Mitutoyo works closely with HAAS Technical Education Centers to positively impact precision machining programs that demonstrate a commitment to excellence. Over the years, HAAS, one of the largest machine tool builders in the

world, has donated several pieces of equipment to NMCC.

Duplessis maintains a number of connections in the industry which has been helpful in securing these major donations.

“We’ve had a number of employers that have hired NMCC graduates who have stepped up on our behalf and said [to large corporations] if you’re going to make an investment in an educational environment, NM is one of the places we think you ought to make that investment,” says Duplessis who is proud to say the only difference between the NM Precision Metals program and industry is the size of the program.



## Breaking the Mold

### NMCC Recognizes Students in Non-Traditional Programs

Did you know that only 6% of employees in healthcare and social assistance careers are men? Or that 8% of women have captured jobs in automotive repair and maintenance? Contrary to these statistics, several students at NMCC are defying the norm and breaking the mold, pursuing non-traditional careers, or careers in which less than 25% of the workforce is of one gender.

Every month, NMCC will be recognizing a student in a non-traditional program as part of the “Breaking the Mold” series. Featured this month is Bryan Pelkey, a student in the nursing program. To read Bryan’s story, visit the “College News” section at [www.nmcc.edu](http://www.nmcc.edu). For more information about non-traditional programs, please contact Lori Smith, Student Support Career Specialist at 768-2793.

# LunchMenu

## MONDAY

Turkey Club Wrap • Bistro Chicken Sandwich • Grilled Cheese Sandwich • Chicken Noodle Soup • Cheddar Cauliflower Soup • Rigatoni & Meatball Casserole • Brussels Sprouts • Vegetable Enchilada • Peanut Butter Swirl Brownie • Vegan Oatmeal Cookie

## TUESDAY

Grilled Vegetable Mini Wrap • Crispy Chicken Sandwich • Chicken Noodle Soup • Spicy Vegetable Barley & Bean Soup • Penne & Butternut Squash Casserole • Steamed Green Peas • Cream Cheese Marbled Brownie • Oatmeal Raisin Cookie

## WEDNESDAY

Ham & Swiss Panini • Grilled Herb Chicken Sandwich • Chicken Noodle Soup • Broccoli Soup • Moroccan Vegetable Stew • Grilled Spicy Lemon Chicken • Tikka Masala Sauce • Cheesy Lasagna • Broccoli • Double Chocolate Brownie • Peanut Butter Cookie

## THURSDAY

Roasted Vegetable Lavash Wrap • Chicken Parm Slider • Chicken Noodle Soup • Carrot Ginger Soup • Salisbury Steak with Mushroom Sauce • Homestyle Mashed Potatoes • Seasoned Corn • Eggplant Parmesan w/Marinara Sauce • Spiced Pumpkin Blondie • Oatmeal Raisin Cookie

## FRIDAY

Thai Chicken Lettuce Wraps • Mini Lemon-Pepper Chicken Sandwich • Spicy Plum Tofu Slider • Chicken Noodle Soup • Four Onion Soup • Fried Basa w/Creole Sauce • Grilled Red Potatoes • California Blend Vegetables • Dulce de Leche • Brownie • Peanut Butter Cookie • Sweet Tomato Soup • Zucchini & Tomatoes • Cheesy Bean & Rice Burrito • Southwest Cheddar Jack Panini

### AVAILABLE DAILY

Salad, pizza, hamburgers, garden burgers, hot dogs, chicken sandwiches, grilled cheese sandwiches, french fries, chips and assorted desserts

## Weight Watchers Wednesday

NMCC students, faculty, and staff can receive a scholarship for half the cost of the program on a first-come, first-served basis; Limited scholarships are still available. The program meets Wednesdays at Reed Commons from 12:00-1:00PM. For more information regarding this Weight Watcher session please call the NMCC Health Center at 768-2803.

## Planning to graduate this Spring?

You must submit your paperwork (Request for Graduation) on line. To do this, you must first log into the *myNMCC.edu* web portal. After logging in, click on the "Students" tab and then click on the "Request for Graduation" link from the navigation menu on the left-hand side of the web page. Please note: Be sure to go to the next page to review the information and hit "Submit Form" at the bottom of the screen. Each graduating student will be charged a graduation fee of \$65. The graduation fee is incurred and non-refundable upon the student completing the "Request for Graduation" form. The fee is required whether or not the student attends the graduation ceremony. Submissions must be completed by Friday, January 17, 2014. FMI call Betsy Harris at 768-2791. *Failure to complete the form may result in a delay in receiving your degree or certificate.*

## Newsletter Items...

*Do you have items that you would like printed in the Weekly Bulletin?* If so, submit your information to the development office by calling 768-2808, e-mailing [info@nmcc.edu](mailto:info@nmcc.edu) or stopping by the office just off of the lobby of the Christie Building. **The deadline is Wednesday by 10 am.**

## ZUMBA Classes

Spring 2014 Zumba classes will be on Mondays and Wednesdays from 4:30 to 5:30 p.m. in the gym. There is no cost to employees and currently enrolled students. Let us help you kick off your fitness/health goals and resolutions by trying Zumba!!!

## ALL Campus Events ~Hosted by ResLife

[www.facebook.com/NMCCintheLoop](http://www.facebook.com/NMCCintheLoop)

### Monday, January 13

Ice Cream Social @ Snow Hall  
9:00 p.m.

**FREE** for ALL students

### Tuesday, January 14

Game Night @ Reed Commons  
8:00 p.m.

**FREE** for ALL students

### Wednesday, January 15

Midnight Madness @ Snow Hall  
10:00 p.m.

**FREE** for ALL students

### Thursday, January 16

Movie Night @ Reed Commons  
9:00 p.m.

**FREE** for ALL students

### Friday, January 17

Light Show put on by G-Force Laser Tag with music @ Reed Commons  
7:00 p.m.

**FREE** for ALL students

### Saturday, January 18

Skiing/Snowboarding @ BigRock  
Meet in Andrews Hall @ 11:00 a.m.

\$10 per student

Must bring current ID & class schedule.  
FMI contact Lynn Manion at [nlmanion@nmcc.edu](mailto:nlmanion@nmcc.edu)

## Orientation for All New Full and Part-time Students

Please attend one of the following:

Monday, Tuesday, Wednesday, or Thursday 1/13-16 at 5 pm  
Christie Building Room 204

Student ID, parking permits, student planners and t-shirts will be distributed along with campus service information.