



Constitution Day Presentation Planned

NMCC will be commemorating Constitution Day on Tuesday, September 17, with a lecture on the Civil War Amendments. Maine politicians played a significant role in drafting the 13th, 14th and 15th Amendments, and David Raymond, the chair of the Arts and Sciences Department at NMCC will explain.

A law establishing Constitution Day was enacted in 2004. The act mandates that all publicly-funded educational institutions provide educational programming on the history of the American Constitution on September 17th or an adjacent weekday. The U.S. Constitution was signed on that day in 1787 by 39 visionary men and the course of American history was forever altered.

Raymond, who is an instructor in history and the humanities, will be highlighting the 13th Amendment which abolished slavery; the 14th Amendment which established citizenship, equal protection and due process laws; and the 15th Amendment which prohibited the denial of voting rights to citizens based on race or "previous condition of servitude."

These amendments were enacted between 1865 and 1870 when Congressman James G. Blaine represented Maine's third district and William Pitt Fessenden served a third term as Maine Senator. Both men had a role in the drafting of these acts.

The presentation will take place at the Edmunds library on campus at 12:00 noon. Members of the campus and local community are all invited to attend this free presentation.

Three NMCC Students Benefit from Free Tuition

The NMCC Alumni & Friends Organization held its first tuition raffle this year, with the drawing taking place just before the start of the semester. Four winners were selected, one from each of the College's academic departments.

Three of the raffle winners were able to take advantage of this great opportunity, two of whom had not planned to return to school this semester in part due to financial reasons. Unfortunately, due to life circumstances, the fourth person was not able to come to college this year.

Heather Copeland of Mapleton is pursuing a business degree with hopes of expanding her home-crafting business. She originally hadn't planned to return this fall, but changed her plans to take advantage of this opportunity. Her winning ticket was purchased by family friends Gisele and Danny McDonald.

Winning from the allied health department was Ashley Doucette of New Sweden, who is working on her degree in health information technology. Her ticket was courtesy of a stranger. Mark and Sandra Bouchard wanted to support the fundraising effort but didn't know a student attend-



NMCC tuition raffle winners are (seated from left) Heather Copeland, Bradley MacKenzie and Ashley Doucette. (Standing) Gisele & Danny MacDonald participated in the raffle and chose Copeland as the tuition recipient. Sandra & Mark Bouchard earmarked their winning ticket for Doucette.

ing NMCC. They got Ashley's name from their niece.

Brad MacKenzie of Fairfield, a senior in diesel hydraulics, won the free tuition after his parents bought tickets on his behalf.

"I was so happy...I mean, I never win anything big like this!" said Brad. "I'll still have student loans for a couple of semesters, but this will make it so much easier."

Over \$5,300 was raised through the raffle. The proceeds will be used by the NMCC Alumni & Friends Organization to fund activities for alumni, such as Homecoming.

Cancer Walk Planned in Memory of Heidi Graham

Campus and community members are invited to take part in a Cancer Walk at NMCC at noon on Tuesday, October 1. The walk will be held in memory of Heidi Graham, a member of the NMCC family who lost her fight to cancer earlier this year.

Walkers will gather at noon at the entrance to the Edmunds Building (the door facing the soccer field) for a walk that loops between NMCC and the airport. Walkers are encouraged to wear pink for the event.

Those taking part are encouraged to get sponsors to support

them. Sponsor forms are available in the library and the counseling office. Those not able to get sponsors can simply make their own personal donation. All proceeds from the event will benefit Pink Aroostook.

If you aren't able to take part but want to support this worthy cause, donations may be dropped off in the NMCC library or mailed to the NMCC Health Center, 33 Edgemont Drive, Presque Isle, ME 04769.

For more information on the walk, contact Gail Roy at 768-2734 or Linda Mastro at 768-2803.

Lunch Menu

MONDAY

Bacon & Cheddar Gr. Cheese
Grilled Cajun Chicken
Asian Beef in Chili Garlic Sauce
Chicken & Rice Stir Fry Station
Hungarian Goulash Soup
Broccoli Cheddar Soup
Yellow Rice
Fresh Tomato & Basil Penne
Tomato Rice Soup
Grilled Veggie Sandwich

TUESDAY

Grilled Ham & Cheese
Grillades & Grits
BBQ Grilled Turkey
Chicken & Rice Stir Fry Station
Chicken & Rice Soup Florentine
Broccoli Cheddar Soup
Baked Sweet Potatoes
Grilled Zucchini Squash
Blackened Tofu Taco Salad
Cream of Mushroom Soup
Turkey Pepper Jack Panini

WEDNESDAY

Buffalo Chicken Sandwich
Deep Fried Buttermilk Chicken
Four Cheese Penne
Chicken & Rice Stir Fry Station
Turkey Soup w/Brown Rice
Broccoli Cheddar Soup
Baked Macaroni & Cheese
Italian Green Beans
Polenta w/Broccoli Rabe
Hungarian Cauliflower Soup
Three Cheese Sub

THURSDAY

Ckn. & Broccoli Cheddar Panini
Meatloaf
Cumin-Rubbed Pork Loin
Chicken & Rice Stir Fry Station
Two-Bean Chili Soup
Broccoli Cheddar Soup
Mashed Potatoes w/Corn
Buttery Egg Noodles
Grilled Vegetables
Gr. Veggie & Black Bean Wrap
Split Pea Soup
PB&J Apple Sandwich

FRIDAY

Bacon Pepper Jack Ckn. Slider
Herb Roasted Pork Loin
Loaded Chicken Tacos
Chicken & Rice Stir Fry Station
Manhattan Clam Chowder
Broccoli Cheddar Soup
Cornbread Stuffing
Charro Beans
Lemon Broccoli
Kung Pao Tofu
Vegetable Soup
Italian Panini

AVAILABLE DAILY

Salad, pizza, hamburgers,
gardenburgers, hot dogs,
chicken sandwiches,
grilled cheese sandwiches,
french fries, chips and
assorted desserts

Student Activities

Sharpie Tie Dying

Bring your own shirt or socks, and join Laura McPherson and Lynne Nelson Manion at noon on Wednesday, September 18, in the Academic Success Center to learn how to tie dye using Sharpies. Sign up with Laura in the ASC.

Jewelry Making

Lynne Nelson Manion will be leading a fun night of jewelry making on Wednesday, September 18, at 9:00 p.m. in Snow Hall. All students are invited to come take part.

Golfing with Lynne

Like to golf, or maybe just want to try it out? Now's your chance. Lynne Nelson Manion invites students to join her for golf on Thursday, September 19. The group will depart from Andrews Hall at 2:00 p.m.

All students, whether residents or commuters, are invited to attend. To keep informed about activities, be sure to like NMCCInTheLoop on Facebook.

Soccer Game

The campus community is invited to come cheer on the Falcons in a home game against the University of Maine at Augusta on Tuesday, September 17. The game gets underway at 6:00 p.m. on the NMCC soccer field.

TRiO Workshop Offered

Learn the **Top Tens for Success** on Monday, September 16, at noon in the Keegan Room. Identify different ways to study effectively as well as learn the methods that faculty and staff advocate.

Other upcoming sessions during the semester will include: Interdependence Model - Saving Bradley; Top Ten Stress Buster; Wisdoms vs Failures Toss; and Test Success. Stop by the counseling office to learn more.

Events

MONDAY

Top Ten Reasons for Success - TRiO Presentation, 12:00 - 1:00 pm, Reed Commons Keegan Room
Zumba, 4:30 - 5:30 pm, Gym

TUESDAY

Foundation Executive Committee Meeting, 8:00 - 9:30 am, Martin 3rd Floor Conference Room
Construction Meeting, 10:00 am - 12:00 pm, Martin 3rd Floor Conference Room
Constitution Day Presentation, 12:00 - 1:00 pm, Library
Student Senate Meeting, 12:15 - 12:45 pm, CHR 201
Home Soccer Game - Falcons vs. UMA, 6:00 pm, Soccer Field

Deadlines to Note:

Incomplete Coursework

Students who received a grade notation of **I (Incomplete)** for Spring and/or Summer 2013 must have all work completed and submitted to their instructor by Friday, September 20. Failure to complete the class requirements by that date will result in a failing grade for the class. Students with incomplete coursework are strongly encouraged to meet with their instructor.

Insurance Waivers

Full-time students wanting to opt out of the college student health insurance plan must submit their waiver forms to the business office no later than Friday, September 20. After that date you will be charged \$660 for the annual plan. For more information regarding the waiver and/or the plan, go to: www2.crossagency.com/2013-2014/nmcc.php.

Zumba Underway

Zumba classes are being held this semester on Mondays and Wednesdays from 4:30-5:30 pm in the gym. This is free for all students and employees. Come whenever you can. Bring a friend or family member for only \$6/class (or \$4/class if he/she purchases a card for 10 classes).

Student Senate Meeting

The NMCC Student Senate meets on Tuesdays from 12:15-12:45 pm in CHR 201. All students are welcome to attend.

Newsletter Items...

Do you have items that you would like printed in the Weekly Bulletin? If so, submit your information to the development office by calling 768-2809, e-mailing info@nmcc.edu or stopping by the office, just off of the lobby of the Christie Building. **The deadline is Friday by 10 a.m.**

WEDNESDAY

General Advisory Council Meeting, 7:30 - 9:30 pm, Reed Commons Keegan Room
Weight Watchers Meeting, 12:00 - 1:00 pm, Keegan Room
Sharpie Tie Dye T-Shirts/Socks, 12:00 pm, ASC
Zumba, 4:30 - 5:30 pm, Gym
Jewelry Making, 9:00 pm, Snow Hall Meeting Room

THURSDAY

NESHM Meeting, 7:30 - 9:00 am, Keegan Room
PROBUS Meeting, 10:00 am - 12:00 pm, Keegan Room
Golfing with Lynne, 2:00 pm, Departing from Andrews Hall

FRIDAY

Department Chair Meeting, 1:30 - 4:00 pm, Third Floor Conference Room