

Toward Excellence

MAINE Weekly Bulletin

Celebrating
Black History Month

& the 150th anniversary of the issuing of the Emancipation Proclamation



NMCC Arts & Sciences Dept. Chair

Tuesday, February 12th

12:00 p.m. in the Edmunds Library Northern Maine Community College





Learn what the Emancipation Proclamation was, why it was issued, and if it really did free the slaves as popular sentiment tells us.

PLEASE JOIN US FOR THIS FREE PRESENTATION.

Annual Valentine's Day Cuessing Contest

Students are encouraged to stop by the Christie lobby this week to put down their guesses for the quantity of the items in the jars for the Student Senate's annual Valentine's Day Guessing Contest.

The jars will be on display all week. The person with the closest guess, without going over, for each jar will win a big, stuffed Valentine's Day bear.

Student Health 101

The February issue of **Student Health 101** is now available at http://readsh101.com/nmcc.html. Be sure to check it out!

Student Health 101 is an online magazine with up-to-date information students can use to improve their health, relationships and study habits. It offers articles on a variety of topics of interest.



Lunch Menu

Monday

Bistro Chicken Sandwich
Grilled Italian Sausage w/
Peppers & Onions
Fresh Tomato & Basil Penne
Veggie Stir Fry w/Noodles
Italian Wrap
Beef Vegetable Soup
Chicken Noodle Soup
Rotini Marinara
Broccoli
Vegetable Enchilada
Cheddar Cauliflower Soup

Tuesday

Chicago-Style Hot Dog Rotisserie-Style Chicken Spaghetti & Meatballs Veggie Stir Fry w/Noodles Grilled Veggie Mini Wrap Two-Bean Chili w/Brown Rice Chicken Noodle Soup Garlic Mashed Potatoes Peas Farfalle w/Broccoli & Ricotta Spicy Veggie Barly Bean Soup

Wednesday

Chicken & Swiss Sandwich BBQ Beef Brisket Sandwich Farfalle/Sausage Alfredo Bake Beef Mushroom Barley Soup Chicken Noodle Soup Sweat Potato Hash w/Bacon Fresh Collared Greens Garlic Broccoli Orzo Roasted Corn & Potato Soup Pulled Pork Panini

Thursday

Bacon Blue Burger
Salisbury Steak w/Mushroom
Sauce
Homestyle Baked Ziti
Turkey Kale Soup
Chicken Noodle Soup
Mashed Potatoes
California Blend Vegetables
Spinach Parmesean Quiche
Cheddar Beer Soup
Three Cheese Sub

Friday

Tomato, Bacon Grilled Cheese Creole Fried Pollock Rigatoni Marinara New England Clam Chowder Chicken Noodle Soup Grilled Red Potatoes Seasoned Corn Tofu Bruschetta Mini Calzone Six Onion Soup Dijon Turkey Bacon Panini

AVAILABLE DAILY

Salad, hamburgers, turkey burgers, gardenburgers, hot dogs (regular & turkey), pizza, grilled chicken sandwiches, grilled cheese sandwiches, french fries and assorted desserts

Common Read for Spring 2013

The campus Common Read for the spring semester will be **When We Were the Kennedys**, by Monica Wood. The book is a memoir of growing up in Mexico, Maine.

The library has both print and ebook versions available. Stop by and pick up the format you prefer and begin reading!

Wood will be on campus on April 24 for a noon reading and book signing in the library as part of the April Reading Series.

Thinking of transfering to Husson University after you graduate?

Husson University's assistant director of transfer admissions will be visiting the NMCC campus on Thursday, February 14, from 10:30 a.m. to 12:30 p.m. to meet with students who are interested in the programs offered on the Bangor campus. Anyone interested in learning more should stop by the Husson office on the second floor of the Christie Building. Questions can be directed to Jennifer Flynn, the Presque Isle campus director for Husson University,

Classic Film Series Continues

The Classic Film Series continues this Thursday, February 14, at 7:00 p.m. in the Edmunds Conference Center. This week's film will be "Serpico," a 1973 film starring Al Pacino. All members of the campus community are invited; admission is free.

Student Senate Meeting

Please note that the NMCC Student Senate meets on Thursdays from 12:15-12:45 p.m. in Christie 201. All students are invited to attend Senate meetings to learn more about what's going on and to have your voice heard.

Events.

MONDAY

Valentine's Day Guessing Contest, Christie Lobby

TUESDAY

Valentine's Day Guessing Contest, Christie Lobby Black History Month Presentation, 12:00 - 1:00 pm, Library

Skills USA Meeting, 12:00 - 1:00 pm, Library Room 2

WEDNESDAY

Valentine's Day Guessing Contest, Christie Lobby Back Safety Training, 9:00 - 11:00 am, Edmunds Conf. Ctr. Computer Advisory Meeting, 10:30 am - 12:00 pm, Keegan Room

Skating at the Forum...

Students who present their NMCC student ID card and NMCC activities card at the door can skate for free at the indoor rink at the Forum. Call the Forum for times at 764-0491.

If you have not yet picked up your student activities card, you can do so at the information window in the Christie lobby.

Courtesy of Student Senate

Community Happenings

Winter Family Fun Day

Head down to Aroostook State Park for their 6th Annual Winter Family Fun Day on February 23, from 10 am until 3 pm. They have everything you need to have fun with the family, outside in Aroostook County's winter wonderland.

Dog sled rides, cross country skiing, snow-shoeing, ice skating (conditions permitting and must provide own skates), sliding hill, snow-mobile "tote-rides", guided nature interpretive walks, vintage snowmobile display, bonfires, hot food, Smokey the Bear comes out of hibernation and the LL Bean Boot mobile will join in the day's fun. Have no equipment? Don't know how to use it? Don't worry; we have all of that, including expert instruction! All you need is to wear warm winter clothing and want to have fun!!!

Adults 12 -64 are \$1.50; everyone else free. Dog sled rides will be a \$3.00 donation per/person. LUNCH IS PROVIDED!

For more information, call 768-8341 or go to www.parksandlands.com.

Newsletter Items...

Do you have items that you would like printed in the Weekly Bulletin? If so, submit your information to the development office by calling 768-2809, e-mailing info@nmcc.edu or stopping by the office, just off of the lobby of the Christie Building. **The deadline is Friday by 10 a.m.**

VALIC Rep, 12:00 - 1:00 pm, Library Room A
Resume Writing Workshop, 12:00 - 1:00 pm, CHR 107
TEAS Testing, 1:00 - 5:00 pm, Edmunds Conference Center
Admissions Testing, 1:00 - 4:00 pm, MRT 105
Safety Commitee, 1:00 - 2:00 pm, Martin 3rd Floor Conf. Rm.

THURSDAY

Valentine's Day Guessing Contest, Christie Lobby Student Senate Meeting, 12:15 - 12:45 pm, CHR 201 Movie Night, 7:00 - 9:00 pm, Edmunds Conference Center

FRIDAY

Valentine's Day Guessing Contest, Christie Lobby Admissions Testing, 1:00 - 4:00 pm, MRT 107