



**NORTHERN  
MAINE**  
COMMUNITY COLLEGE

*Toward Excellence*

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Issue #7

# Weekly Bulletin

## Presidential Debate Events Continue

NMCC and UMPI are hosting events on campus during the presidential debates in October to provide campus and community members with a unique educational opportunity focused on the political process and public discourse. The public is invited to attend these free events, which include viewings of the U.S. Presidential Debates between President Barack Obama and Governor Mitt Romney, a public discussion afterward, and interactive audience polls before and after the debates.

NMCC will host the second in the series of these events this week on Tuesday, October 16, in the Hunt Multi-Media Classroom.

Attendees are encouraged to arrive by 8:45 p.m. to take part in audience polling efforts to be led by the University Times student newspaper staff. The televised presidential debates will run from 9-10:30 p.m. and, immediately following the program, there will be a discussion led by campus officials. General impression polls will be taken again by UTimes staffers after the debate, and results will be shared with the audience.

Tuesday evening's focus will be a town hall meeting, and activities will be facilitated by Dr. William Egeler, NMCC Dean of Students.

The third and final part of this series will be held on October 22 in UMPI's Folsom Hall Room 105. The focus will be on foreign policy, and activities will be facilitated by Robyn Raymond, who serves in student affairs capacities at UMPI and NMCC.

## Aramark Nutritionist to Visit Campus

A nutritionist from Aramark, the provider of NMCC's dining services, will be on campus on Wednesday, October 17. Tasty treats and helpful information about eating healthy on a budget will be available by the bookstore from 11:00 a.m. to 1:00 p.m.

Students and employees are encouraged to stop by to try free samples and pick up various handouts on nutritional information. Two recipes will be showcased: Moroccan stew and beef burritos. Samples of each will be offered, as well as the recipes and nutritional information for both.

## Purple Pinkie Day

UMPI and the Presque Isle Rotary Club are joining forces to celebrate World Polio Day on Wednesday, October 24, with a day's worth of activities meant to raise awareness of efforts to eradicate polio worldwide and to raise money to go toward that effort.

NMCC is joining the cause by hosting one of their Purple Pinkie Project sites. A table will be set up in the Christie Lobby from 8:30-10:30 that morning staffed by UMPI and NMCC education students. They will be distributing information on polio, and those who donate \$1—the cost to immunize a child against polio—will get their pinkie painted purple.

Look for more details next week!

## Student Scavenger Hunt Scheduled

The Student Senate will be sponsoring their annual Scavenger Hunt during the week of October 29. Students should start putting their teams together to take part in the fun. Teams of four students must register in the IT office from October 22-25.

Student teams will receive a list of items that they will have from 9:00 a.m. on Monday, October 29, until 11:00 a.m. on Friday, November 2, to

try to find. Collected items from each team will be displayed and judged at noon on November 2.

The winning teams will receive WalMart gift cards as follows: first place, \$75 each; second place, \$50 each; third place, \$30 each; and fourth place, \$20 each.

You must register next week in order to take part, so be sure to stop by the IT office to sign up your team!

## Breast Cancer Walk

NMCC's Health Center is holding a **breast cancer awareness walk** on **Monday, October 22**. Students and employees are all invited to take part. The group will meet in the Christie courtyard at 12:00 noon and walk for an hour. The event is intended to help "Give Cancer the Boot", the theme for this year's breast cancer awareness efforts nationwide. Those who would like are encouraged to make a donation through the NMCC Health Center for the Aroostook Cancer CARE program, to benefit a local person in the fight against cancer.

Questions on the walk or about making a donation can be directed to Linda Mastro in the Health Center at 768-2803 or [lmastro@nmcc.edu](mailto:lmastro@nmcc.edu).

## Lunch Menu

### Monday

Bacon Swiss Burger  
Philly Cheesesteak Calzone  
Tuna Sub  
Hungarian Goulash Soup  
Broccoli Cheddar Soup  
Potato Salad  
Yellow Rice  
Roasted Root Vegetables  
Moroccan Vegetable Soup  
Tomato Rice Soup

### Tuesday

Grilled Ham & Cheese Sand.  
Sloppy Joe  
Grilled Rosemary Ckn. Pizza  
Chicken Salad Sub  
Chicken Soup w/Brown Rice  
Broccoli Cheddar Soup  
Pasta Salad  
Lyonnais Potatoes  
Peas & Carrots  
Blackened Tofu Taco Salad  
Cream of Mushroom Soup

### Wednesday

BBQ Turkey Sandwich  
Salisbury Steak w/Mushrooms  
Pizza Roll  
Italian Sub  
Mulligatawny Soup  
Broccoli Cheddar Soup  
Marinated Green Beans  
Mashed Red Skin Potatoes  
Stir Fried Vegetables  
Polenta w/Broccoli Rabe  
Hungarian Cauliflower Soup

### Thursday

Bacon Blue Burger  
Chili-Rubbed Spare Ribs  
Buffalo Chicken Rolletto  
PB&J Apple Sandwich  
Chipotle Chicken Tortilla Soup  
Broccoli Cheddar Soup  
Bayou Slaw  
Baked Beans  
Glazed Carrots  
Tofu Pho  
Split Pea Soup

### Friday

Tomato & Bacon Gr. Cheese  
Oven-Fried Chicken  
Pizza Poppers  
Corned Beef Wrap  
Manhattan Clam Chowder  
Broccoli Cheddar Soup  
Crab Salad  
Glazed Sweet Potatoes  
Fresh Collared Greens  
Kung Pao Tofu  
Vegetable Soup

### AVAILABLE DAILY

Salad, cheese & pepperoni  
pizzas, hamburgers, garden-  
burgers, hot dogs, chicken  
sandwiches, grilled cheese  
sandwiches, french fries  
and assorted desserts

## Deadline to Drop a Class

The last day that students may drop a class without academic penalty is November 16. Faculty will post mid-term grades on the portal by October 21, so that students will have the opportunity to drop a class should it be in their best interest to do so.

## Classic Film Series Continues

The Classic Film Series continues this Thursday, October 18, at 7:00 p.m. in the Edmunds Conference Center.

This week's film will be "Matewan," a 1987 film dramatizing the events of the Battle of Matewan, a coal miners' strike in 1920 in a small town in West Virginia. All members of the campus community are invited to attend. Admission is free.

## Student Senate Meeting

Please note that the NMCC Student Senate has changed its meeting day from Tuesdays to Thursdays. The group will still meet from 12:15-12:45 p.m. in Christie 201. All students are invited to attend Senate meetings to learn more about what's going on and to have your voice heard.

## Open Gym...

The gym will be open on Monday through Friday from 7:00-9:00 pm for those who want to shoot some hoops, walk, etc.

## Newsletter Items...

*Do you have items that you would like printed in the Weekly Bulletin?* If so, submit your information to the development office by calling 768-2809, e-mailing info@nmcc.edu or stopping by the office, just off of the lobby of the Christie Building. **The deadline is Friday by 10 a.m.**

# Events

### MONDAY

**Employee Meeting**, 12:00 - 1:00 pm, Edmunds Conf. Ctr.  
**Phone System Training**, 5:00 - 6:30 pm, Edmunds Conf. Ctr.  
**Basketball Practice**, 5:30 - 7:00 pm, Gym  
**CTEP Training**, 6:00 - 9:00 pm, CED Classroom  
**Open Gym**, 7:00 - 9:00 pm, Gym

### TUESDAY

**Foundation Executive Committee**, 8:00 - 9:00 am, Martin 3rd Floor Conference Room  
**Flu Clinic**, 9:00 am - 12:00 pm, Edmunds Conference Center  
**Phone System Training**, 1:00 - 6:30 pm, Edmunds Conf. Ctr.  
**Admissions Testing**, 1:00 - 4:00 pm, MRT 105  
**Basketball Practice**, 4:00 - 5:30 pm, Gym  
**CTEP Training**, 6:00 - 9:00 pm, CED Classroom  
**Open Gym**, 7:00 - 9:00 pm, Gym  
**Presidential Debate**, 8:30 - 10:30 pm, Hunt Classroom

### WEDNESDAY

**Phone System Training**, 7:30 am - 4:00 pm, Edmunds CC  
**TRIO Workshop**, 12:00 - 1:00 pm, Keegan Room

## Campus Survey...

Aramark, the college's food services provider, is conducting an online survey to better understand campus lifestyle and preferences. By sharing your thoughts, they will gain valuable insight to help improve your overall campus experience. The survey takes 5 - 10 minutes and responses are confidential. To complete the survey, go to: [www.college-survey.com/north-ernmaine](http://www.college-survey.com/north-ernmaine). All those who complete the survey will be entered into a drawing for the chance to win a \$150 Visa Virtual Gift Card or one of three \$50 Visa Virtual Gift Cards.

## Mummies in Maine??

In fitting with the Halloween season, the Library will be hosting a presentation being offered through the Haystack Historical Society on October 26, at 6:00 pm. "Mummies in Maine?? Curiosities, Commodities and Cultural Connections" will be presented by Su Wolfe, author of *Mummies in Nineteenth Century America*, *Ancient Egyptians as Artifacts*.

Members of the campus and community are invited to attend this free presentation. Look for more details in next week's bulletin.

## Campus Security

As of this week (10/15), NMCC will have 24-hour, 7-day-a-week security coverage for the campus. With the help of Securitas, a national security organization with local branches, the College will have round-the-clock security provided for students and facilities. The group will be working in conjunction with the security office already established on campus during a four-month trial period.

**Basketball Practice**, 5:30 - 7:00 pm, Gym

**CTEP Training**, 6:00 - 9:00 pm, CED Classroom

**Open Gym**, 7:00 - 9:00 pm, Gym

### THURSDAY

**NESHRM Meeting**, 8:00 - 9:30 am, Edmunds Conference Ctr.

**Medical Assisting Candle Sale**, 9:00 am - 2:00 pm, Christie Lobby

**Phone System Training**, 9:30 am - 12:00 pm, Edmunds CC

**PROBUS Meeting**, 10:00 am - 12:00 pm, Keegan Room

**Student Senate Meeting**, 12:15 - 12:45 pm, CHR 201

**Admissions Testing**, 1:00 - 4:00 pm, MRT 105

**Open Gym**, 7:00 - 9:00 pm, Gym

**Classic Movie Night**, 7:00 - 9:00 pm, Edmunds Conf. Ctr.

### FRIDAY

**Residential Life Drug ID Training**, 12:00 - 4:00 pm, Edmunds Conference Center

**Open Gym**, 7:00 - 9:00 pm, Gym