



DRAFT

3770.00 NMCC WELLNESS CENTER - *Fitness Center / Student Center / Gymnasium / Health Services*

Preliminary Program

NORTHERN MAINE COMMUNITY COLLEGE

Phase: Programming / SD

Presque Isle, ME

FINAL REVISION 6/6/2012

Diagram Color Code	Building Area	Number	Size	Total Area NSF (PROGRAMMED)	Area NSF (PROPOSED)	Remarks
1 FITNESS CENTER						
	1a Main Entrance	1	400 sf	400 sf	<i>incl. in circulation</i>	identifiable main entrance, greeting / waiting area with seating opportunities, included in overall space
	1b Cardio Area	1	1,600 sf	1,600 sf	1,640 sf	space for up to (30) people actively using cardio equipment
	1c Free Weight Area	1	800 sf	800 sf	800 sf	space for up to (20) people, disetely located from Cardio area
	1d Family / Youth Area	1	800 sf	800 sf	800 sf	space for family / youth cardio activities
	1e Fitness / Seminar Room	2	900 sf	1,800 sf	1,615 sf	separate multi-use room for individual and group use, hard floor
	1f Locker Room	2	800 sf	1,600 sf	1,630 sf	female and male, each with (100) 1/2-size lockers, private changing areas, shower/toilet facilities
	1g Family Friendly Changing / Toilets	2	200 sf	400 sf	400 sf	separate areas for family use
	1h Classroom	1	400 sf	400 sf	400 sf	capacity for up to (25) students at tablets
	1i Office	3	120 sf	360 sf	370 sf	individual offices
	1j Laundry	1	100 sf	100 sf	90 sf	residential w/d, towel storage
	1k Storage	1	200 sf	200 sf	225 sf	mats, loose exercise equipment, towels - adjacent to Cardio / Free Weight areas
<i>Subtotal - ASSIGNED PROGRAM SPACES (FITNESS)</i>				8,460 sf		
2 STUDENT CENTER						
	2a Main Entrance	0	400 sf	0 sf	<i>incl. in circulation</i>	shared with Fitness: identifiable main entrance, greeting / waiting area with seating opportunitie:
	2b Student Commons	1	2,500 sf	2,500 sf	3,260 sf	formal and informal areas, seats 35 comfortably, up to 60 densely, technologically rich area
	2c Student Organization Area	1	400 sf	400 sf	510 sf	include counter, sink, and cabinets
	2d Office	2	120 sf	240 sf	180 sf	for use by Student Organizations and individual Departments
	2e College Store	1	1,200 sf	1,200 sf	1,180 sf	books, general merchandise, etc. - centrally located
	1f Central Storage	1	1,200 sf	1,200 sf	865 sf	central storage for books
<i>Subtotal - ASSIGNED PROGRAM SPACES (STUDENT)</i>				5,540 sf		
3 GYMNASIUM SPACES						
	3a Main Entrance	0	400 sf	0 sf	<i>incl. in circulation</i>	shared with Student Center: identifiable main entrance
	3b Gym	1	10,000 sf	10,095 sf	10,095 sf	50' x 94' basketball court, 10' end zones, bleacher seating for 1500 (750 each side)
	3c Locker Room	2	1,000 sf	2,000 sf	1,900 sf	(2) with (50) 1/2-size lockers, (2) with (12) full height lockers / (35) 1/2 size
	3d Training Room	1	400 sf	400 sf	420 sf	whirlpool, manipulation tables, and direct access to ice
	3e Office	3	120 sf	360 sf	300 sf	private offices for (1) AD and (2) shared coaches, (1) shared office to have shower and toilet
	3f Multi-Use / Meeting Room	1	600 sf	600 sf	400 sf	for use by both coaches and student athletes
	3g Laundry	1	100 sf	100 sf	80 sf	residential W/D, sink, could be shared with Fitness
	3h Storage	2	600 sf	1,200 sf	1,180 sf	storage for indoor athletic equipment, loose chairs, and portable stage .
<i>Subtotal - ASSIGNED PROGRAM SPACES (GYM)</i>				14,755 SF		
4 HEALTH SERVICES						
	4a Reception / Waiting	1	200 sf	200 sf	270 sf	potentially shared with above, separate entrance, greeting/waiting area with seating opportunitie:
	4b Health Services Office	1	120 sf	120 sf	150 sf	multi-use office for nurse practioner and other users
	4c Treatment Room	1	120 sf	120 sf	150 sf	private room with dedicated storage and sink
<i>Subtotal - ASSIGNED PROGRAM SPACES (HEALTH)</i>				440 sf		
Subtotal - ASSIGNED PROGRAM SPACES (ALL)				29,195 nsf		
Misc. Space (allowance @ ~35% of gross) (includes circulation, toilets, mechanical, walls, etc.)				15,705 sf		
TOTAL PROJECT PROGRAM				44,900 gsf	~35,200 gsf	