

NEAS&C Review Preparation Underway

On March 7, Louise Zak from the New England Association of Schools and Colleges (NEASC) - Commission on Institutions of Higher Education (CIHE) will visit the College to assist in our self study preparation. Zak will meet with members of the self study committee and management team to discuss the self study document the campus community will prepare in advance of our November 2007 visit by a team of reviewers from CIHE. An itinerary of Ms. Zak's visit will be completed on Monday.

NMCC Job Fair

The 10th annual Community Job Fair will be held on **Thursday, March 8, from 9:00 a.m. to 1:00 p.m.** in the gym. *More than 50 employers* will be on hand to discuss their companies and possible job opportunities, as well as to collect resumes. "This is not just a chance to find a job," said Ruth White, coordinator of the event. "Just the opportunity to talk with prospective employers is a great experience. Talking with employers at the Job Fair, whether or not you actually get a job, helps to better prepare you for the job hunting process. It's also a great networking opportunity and can make you aware of options that you may not have considered."

Thank You...

☆ *Special thanks to all of the NMCC students, instructors and other employees who helped with the photo shoot that took place on campus on March 1. Your cooperation helped us to get some outstanding photos to be used in upcoming campus publications and on the College's web-site.*

☆ *A sincere thank you to all those who helped make the Public Launching of the Major Gifts Campaign on February 28 such as success, especially to the IT, facilities and Sodexo personnel who went the extra mile to ensure - as they always do - that this campus looks so good!*

-Jason, Karen and the Development Office Staff

Monday, March 5:

Admissions Testing, 8:45 - 10:00 am, Edmunds Conference Center
NEAS&C Self-Study Committee, 9-10 am, Reed Commons Keegan Room
Literary Arts Club Meeting, 12-1 pm, Christie Lecture Hall
Indoor Soccer, 9-11 pm, Gym

Tuesday, March 6:

New Faculty Meeting, 11:45 am - 2:00 pm, Reed Commons Keegan Room
VITA, 1-4 pm, Learning Center Conference Room
HIV Testing, 1:30-3:30 pm, Health Center
Study Group Session, 2:30-4:30 pm, Snow Hall Conf. Rm.
Open Gym, 9-11 pm

Wednesday, March 7:

Admissions Testing, 8:30-11:00 am, Christie 208
NEAS&C Meeting, 10 am - 2 pm, Edmunds Conference Center
Campus Communications Committee, 2:00-3:30 pm, CED Conference Room
VITA, 1-4 pm, Learning Center Conference Room
Study Group Session, 5-8 pm, Snow Hall Conference Room
Movie Night, 9 pm, Edmunds Conference Center

Thursday, March 8:

Student Senate Meeting, 12:15-1:00 pm, Christie Lecture Hall
Alpha Beta Gamma Meeting, 11:50 am - 12:40 pm, MRT 213
VITA, 1-4 pm, Learning Center Conference Room
Open Gym, 9-11 pm

Friday, March 9:

CRMA Training, 8am - 5pm, MRT 212
PTK Meeting, 12:15-1:00 pm, Christie Lecture Hall
NEAS&C Publication Subcommittee Meeting, 1-2 pm, CED Conference Room

What's Happening on Campus...

Weekly Menu

LUNCHTIME IN THE REED COMMONS

Monday

SPECIALS

Soup: Fish Chowder
Deli: Ham Italian
Grill: Tuna Wrap

LINE ENTREES

Chicken & Biscuits
 Egg Plant Parmesan
 Pasta
 White Rice
 French Fries
 Hot Vegetable
 Assorted Desserts

Tuesday

SPECIALS

Soup: Beef Barley
Deli: Turkey Club
Grill: Pastrami

LINE ENTREES

Macaroni & Cheese
 Cajun Chicken Sandwich
 Hot Dogs
 French Fries
 Hot Vegetable
 Assorted Desserts

Wednesday

SPECIALS

Soup: Vegetable
Deli: Tuna w/Dill
Grill: Ham & Cheese

LINE ENTREES

Turkey & Stuffing
 Ham Scalloped Potatoes
 Mashed Potatoes
 French Fries
 Hot Vegetable
 Assorted Desserts

Thursday

SPECIALS

Soup: Cream of Broccoli
Deli: Buffalo Wrap
Grill: Island Jerk Burger

LINE ENTREES

Beef Pot Pie
 Italian Chicken
 Roasted Red Potatoes
 Roasted Rice
 French Fries
 Hot Vegetable
 Assorted Desserts

Friday

SPECIALS

Soup: Chicken & Rice
Deli: California Hummus
Grill: BBQ Bacon Burger

LINE ENTREES

Chicken Caesar Wrap
 Egg Rolls/Crab Ragoons
 Fried Rice/Shrimp Fried Rice
 French Fries
 Hot Vegetable
 Assorted Desserts

Free HIV Testing

Free HIV testing will be available on Tuesday, March 6, with appointments available from 1:30 to 3:30 p.m. in the Health Center. It will only take 20 minutes, and it does not require blood to be drawn...only a mouth swab.

To set up an appointment for testing, call the Health Center at 768-2803.

Move & Improve

Join Move & Improve and change your life for the better! The Move & Improve Program of Eastern Maine Healthcare Systems is a community-based program designed to encourage and empower individuals to engage in a healthier lifestyle through physical activity. This is the 11th year of the program. Move & Improve provides a supportive environment focused on promoting the benefits of physical activity as a way to combat health risks linked to chronic disease and obesity.

To sign up or to get more information regarding the program go to: www.moveandimprove.org. Make sure you select NMCC as your registration site. Registration ends March 19, 2007.

Skating/Swimming

NMCC students can skate for free at the Forum in Presque Isle, simply bring your student ID with you. Call the Forum for general skate times at 764-0491. Students may also swim at the Presque Isle indoor pool at no charge with their student ID. Call 764-2564 for times.

Student Gatherings...

- The **LITERARY ARTS CLUB** will meet Monday, March 5, at noon in the Christie lecture hall. Students and employees are welcome. Come and read or just listen as others read works they have written or works by their favorite authors.
- The **STUDENT SENATE** meets every Thursday from 12:15-1:00 pm in the Christie lecture hall. All students are invited.
- **ALPHA BETA GAMMA** meets Thursdays from 11:50 am - 12:30 pm in Martin 213.
- **PHI THETA KAPPA** meets Fridays from 12:15-1:00 pm in the Christie lecture hall.
- All students are invited to take part in **STUDY GROUP SESSIONS** on Tuesdays, from 2:30-4:30 pm, and on Wednesdays, from 5-8 pm in the Snow Hall meeting room. Please bring your student ID.
- Students are invited to **MOVIE NIGHT** on Wednesdays at 9 pm in the Edmunds Conference Center. There are weekly drawings for a free movie pass and once a month there is a drawing to win a DVD. Refreshments are provided; *free for all students!*

Newsletter Items...

Do you have items that you would like printed in the Weekly Bulletin? If so, please submit your information to the development office, by calling 768-2809, e-mailing info@nmcc.edu or stopping by the office, just off of the lobby of the Christie Building. The weekly deadline is Thursday by 10:00 a.m.

Tips for Making the Most of the Job Fair

NMCC students (and others in the community) have an excellent opportunity to network and job hunt on campus on Thursday, March 8 at the annual Job Fair being held in the gym from 9am to 1pm. Preparation is key to making the most of the Job Fair.

Preparation Pre-Job Fair

1. Clarify your career objectives and update your resume. Ensure it is professional, accurate, and current.
2. Research the companies that will be at the fair. Be prepared to ask questions relevant to your career; know WHY you want to work for a given company.
3. Prepare a brief, self-introduction to give recruiters. Include your name, when you will graduate, position(s) you are seeking, and why you're interested in their company.
4. Make child care arrangements. Don't bring children to the Job Fair.

What to Wear

It is always appropriate to wear professional business attire to a job fair, regardless of the culture of the company you may be interested in. This is a professional networking opportunity, so present your best image. Remember the importance of first impressions. Don't chew gum!

At the Job Fair

1. Go early in the day. It's not uncommon for some to leave early.
2. Carry a professional briefcase or file for your resume, references, application "cheat sheet," note pad, and pens.
3. Upon registering, get a floor plan and map out the companies you want to visit and determine how much time to spend at each one.
4. Network solo, not in groups.
5. Respect the privacy of others who are speaking to recruiters. Don't interrupt unless invited to do so by the recruiter. Wait your turn.
6. Be confident in shaking hands, delivering your self-intro, and asking your questions. Be an active participant, not just a browser. Smile, be polite, remember the value of "please" and "thank you."
7. Distribute your resume to those recruiters from companies you are most interested in. Do not "blanket" the gym with them, or it will be obvious to recruiters that you have no real focus in your search.
8. Collect company materials to review at a later date. Use your time at the Job Fair to talk with the recruiters.
9. Gather business cards from everyone you speak to so that you can follow up with a thank you note. Ask the recruiter the name of the hiring manager for the department in which you are most interested in their company. Find out the procedures for securing an interview.
10. After speaking with a recruiter, step aside and jot a few notes for later reference.

According to a poll of career fair recruiters, the following are their biggest concerns about Job Fair attendees:

1. Lacking focus; lacking enthusiasm; lacking confidence.
3. Asking about salary.
4. Lacking company knowledge.
5. Grabbing free stuff.
6. Lacking communication skills; not making eye contact; mumbling. Frequent use of filler words such as "uhm," "like," "ya know."
7. Not having anything to write on.

After the Job Fair

1. Send a thank you note to each recruiter you talked to. This brings additional attention to your name, demonstrates your courtesy and follow-through skills, and affirms your interest in the organization.
2. Send another resume to the recruiter and the hiring manager, emphasizing in your cover letter the contacts you made at the Job Fair that lead to further interest in working for that company.

You will get out of the Job Fair exactly what you put into it. Be assertive; be positive. Approach recruiters confidently, initiate conversation, demonstrate your interest and skills . . . and perhaps that dream job offer will be forthcoming.