



**3770.00 NMCC WELLNESS CENTER - Student Center**  
**NORTHERN MAINE COMMUNITY COLLEGE**  
 Presque Isle, ME

**DRAFT**

**Preliminary Program**  
 Phase: Programming / SD

April 25, 2012

Diagram Color Code	Building Area	Number	Size	Area NSF (proposed)	Area NSF (existing)	Remarks
<b>1 STUDENT CENTER</b>						
a	Main Entrance	1	400 sf	400 sf	300 sf	identifiable main entrance, greeting / waiting area with seating opportunities
b	Student Commons	1	2,500 sf	2,500 sf	0 sf	formal and informal areas, seats 35 comfortably, up to 60 densely, technologically rich area
c	Dining Commons	1	6,000 sf	6,000 sf	~3,150 sf	loose seating for 300 at tables
d	Servery	1	2,000 sf	2,000 sf	incl above	patron access to food
e	Kitchen	1	2,500 sf	2,500 sf	2,100 sf	sized for min. 650-700 meals/day, lunch serving 300+ over 2-hour period
f	Culinary Arts Kitchen	1	2,000 sf	2,000 sf	0 sf	(6) teaching stations, direct access to classroom (function room)
g	Student Organization Area	1	400 sf	400 sf	0 sf	include counter, sink, and cabinets
h	Function Room	2	900 sf	1,800 sf	~900 sf	formal space for 25 people seated, sized similarly to Keegan Room
i	Office	2	120 sf	240 sf	0 sf	for use by Student Organizations and individual Departments
j	College Store	1	1,200 sf	1,200 sf	~1,300 sf	books, general merchandise, etc. - centrally located
k	Central Storage	1	1,200 sf	1,200 sf	0 sf	central storage for books
l	Laundry	1	100 sf	100 sf	0 sf	residential W/D, sink
m	Testing Room	1	600 sf	600 sf	0 sf	max. 25 students in tablets
n	Walking Track	1	3,600 sf	3,600 sf	0 sf	ideally located above Dining Commons - open in middle?
<b>Subtotal - ASSIGNED PROGRAM SPACES</b>				<b>24,540 nsf</b>		
<b>Misc. Space (allowance @ ~35% of gross)</b> (includes circulation, toilets, mechanical, walls, etc.)				<b>13,160 sf</b>		
<b>TOTAL PROJECT PROGRAM</b>				<b>37,700 gsf</b>	<b>~31,500 gsf (approx. area of the main level of the Christie Building and the ENTIRE upper level of the exist. gym)</b>	



**3770.00 NMCC WELLNESS CENTER - *Fitness Center***  
**NORTHERN MAINE COMMUNITY COLLEGE**  
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**Preliminary Program**  
 Phase: Programming / SD  
*April 25, 2012*

Diagram Color Code	Building Area	Number	Size	Total Area NSF (proposed)	Area NSF (existing)	Remarks
<b>1 FITNESS CENTER</b>						
a	Main Entrance	1	300 sf	300 sf	0 sf	identifiable main entrance, greeting / waiting area with seating opportunities
b	Cardio Area	1	1,600 sf	1,600 sf	0 sf	space for up to (30) people actively using cardio equipment
c	Free Weight Area	1	800 sf	800 sf	0 sf	space for up to (20) people, discretely located from Cardio area
d	Family / Youth Area	1	800 sf	800 sf	0 sf	space for family / youth cardio activities
e	Fitness / Seminar Room	2	900 sf	1,800 sf	0 sf	separate multi-use room for individual and group use, hard floor
f	Locker Room	2	800 sf	1,600 sf	0 sf	female and male, each with (100) 1/2-size lockers, private changing areas, shower/toilet facilities
g	Family Friendly Changing / Toilets	2	200 sf	400 sf	0 sf	separate areas for family use
f	Classroom	1	400 sf	400 sf	0 sf	capacity for up to (25) students at tablets
g	Office	3	120 sf	360 sf	0 sf	individual offices
h	Laundry	1	100 sf	100 sf	0 sf	residential w/d, towel storage
i	Storage	1	200 sf	200 sf	0 sf	mats, loose exercise equipment, towels - adjacent to Cardio / Free Weight areas
<b>Subtotal - ASSIGNED PROGRAM SPACES</b>				<b>8,360 nsf</b>		
<b>Misc. Space (allowance @ ~35% of gross)</b> (includes circulation, toilets, mechanical, walls, etc.)				<b>4,540 sf</b>		
<b>TOTAL PROJECT PROGRAM</b>				<b>12,900 gsf</b>	<b>~9,700 gsf (approximate area of the Main Level of Reed Commons)</b>	



**3770.00 NMCC WELLNESS CENTER - Health Services**  
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**Preliminary Program**  
 Phase: Programming / SD

*April 25, 2012*

Diagram Color Code	Building Area	Number	Size	Area NSF (proposed)	Area NSF (existing)	Remarks
<b>1 HEALTH SERVICES</b>						
a	Reception / Waiting	1	200 sf	200 sf	0 sf	separate entrance, greeting / waiting area with seating opportunities
b	Health Services Office	1	120 sf	120 sf	0 sf	multi-use office for nurse practitioner and other users
c	Treatment Room	1	120 sf	120 sf	0 sf	private room with dedicated storage and sink
d	Counseling / Multi-Use	2	400 sf	800 sf	0 sf	for individual use, collaborative seminars, workouts, etc.
e	Holistic Health	1	150 sf	150 sf	0 sf	for individual and small group use, with sink
<b>Subtotal - ASSIGNED PROGRAM SPACES</b>				<b>1,390 nsf</b>		
<b>Misc. Space (allowance @ +-35% of gross)</b> (includes circulation, toilets, mechanical, walls, etc.)				<b>710 sf</b>		
<b>TOTAL PROJECT PROGRAM</b>				<b>2,100 gsf</b>		



**3770.00 NMCC WELLNESS CENTER - *Gymnasium***  
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 Phase: Programming / SD  
*April 25, 2012*

Diagram Color Code	Building Area	Number	Size	Total Area NSF (proposed)	Area NSF (existing)	Remarks
<b>1 GYMNASIUM SPACES</b>						
a	Main Entrance	1	400 sf	400 sf	400 sf	identifiable main entrance, may be combined with Fitness Center
b	Gym	1	14,000 sf	14,000 sf	~10,000 sf	50' x 94' basketball court, 10' end zones, bleacher seating for 1500 (750 each side)
c	Locker Room	4	1,000 sf	4,000 sf	~2,000 sf	(2) with (50) 1/2-size lockers, (2) with (12) full height lockers / (35) 1/2 size
d	Training Room	1	600 sf	600 sf	~160 sf	whirlpool, manipulation tables, and direct access to ice
e	Office	3	120 sf	360 sf	~350 sf	private offices for (1) AD and (2) shared coaches, (1) shared office to have shower and toilet
f	Multi-Use / Meeting Room	1	400 sf	400 sf	~670 sf	for use by both coaches and student athletes
g	Recreational Equipment Distribution	1	200 sf	200 sf	0 sf	storage and distribution of recreational equipment, located near the main entry.
h	Concession Area	1	100 sf	100 sf	0 sf	ideally located near Main Entrance and Fitness Center
i	Laundry	1	100 sf	100 sf	0 sf	residential W/D, sink, could be shared with Fitness
j	Storage	2	600 sf	1,200 sf	~660 sf	storage for indoor athletic equipment, loose chairs, and portable stage .
<b>Subtotal - ASSIGNED PROGRAM SPACES</b>				<b>21,360 nsf</b>		
<b>Misc. Space (allowance @ ~25% of gross)</b> (includes circulation, toilets, mechanical, walls, etc.)				<b>7,240 sf</b>		
<b>TOTAL PROJECT PROGRAM</b>				<b>28,600 gsf</b>		