

Minutes of Meeting – CDT #1

Project: NMCC Wellness Center and Student Center WBRC Project Number: 3770.00 Meeting Date: 02/29/12 Meeting Location: NMCC, Christie Room 214

ATTENDEES	Initials	Company / Affiliation	Email
Mary Smith	MS		
Sarah Akeley	SA		
Athill Hebert	AH		
Barry Ingraham	BI	NMCC, Director of IT and Facilities	bingraham@nmcc.edu
Bill Egeler	BE		
David Jones	DJ		
Gail Roy	GR		
Kim Esquibel	KE		
Krissy Williams	KW		
Richard Engels	RE		
(Via Phone)			
Vicki Smith	VS		
Tim Crowley	TC	NMCC, President	tcrowley@nmcc.edu
Jason Parent	JP		
Shannon Cook	SC		
Ray Bolduc	ARB	WBRC, Principal in Charge	ray.bolduc@wbrcae.com
Jeff Davis	JRD	WBRC, Project Architect	jeff.davis@wbrcae.com
Steve Pedersen	SEP	WBRC, Project Manager	steve.pedersen@wbrcae.com
DISTRIBUTION	Initials	Company / Affiliation	Email

Attendees

File/Docs/Arch

MEETING AGENDA – Concept Design Team Meeting #1

	NEW BUSINESS	ACTION
CDT1-1.0	WELCOME AND COMMITTEE MEMBER INTRODUCTIONS- A//	
CDT1-1.01	Call to order: 5:30 P.M.	RECORD
CDT1-1.02	Tim welcomed and thanked the Committee members and the WBRC team for coming this evening. Committee members and the WRBC team briefly introduced themselves.	RECORD
CDT1-1.03	Minutes of meetings will be recorded by Shannon Cook and Steve Pedersen.	RECORD
CDT1-2.0	OVERVIEW OF CONCEPT DESIGN TEAM ROLE AND PROCESS MOVING	
	FORWARD – Tim Crowley	
CDT1-2.01	The object of this project is to make a difference for NMCC students and the Presque Isle community. This will help to ensure that the future workforce of the region and state is physically able to perform the tasks as needed by employers.	RECORD
CDT1-2.02	Tim briefly outlined the 'charge' and process for the work of the Concept	RECORD
	Design Team.	



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CDT1-2.03	Charge of the Concept Design Team: To identify the principles that will	RECORD
	guide the College and WBRC in the concept design phase of the project, to	
	review the work of the Campus Facilities Committee to confirm alignment	
	with the <i>guiding principles</i> , and to approve final concept designs.	
CDT1-2.04	Process to be followed: A six step process will be utilized in the execution of	RECORD
	the project:	
	Programming	
	Concept Design (Schematic Design)	
	Final Design (Design Development)	
	Construction Documents	
	Contractor Procurement (Bidding)	
	Construction (Renovation activities)	
	followed by:	
	Project Close Out and Grand Opening	
CDT1-2.05	Overall schedule: This project will likely take up to 24 months to complete.	RECORD
	We will be solicit students' input through meetings and surveys.	
CDT1-2.06	Architect procurement: WBRC was one of fourteen firms that submitted	RECORD
	Statements of Qualifications for this project, four were interviewed, WBRC	
	was selected	
CDT1-3.0	ARCHITECTURAL FIRM INTRODUCTION AND OVERVIEW OF	
	QUALIFICATIONS – WBRC Team	
CDT1-3.01	Ray, Steve, and Jeff gave a brief introduction and overview of WBRC's	RECORD
	background and qualifications.	
	 WBRC is 60 person architectural/engineering firm; 	
	 locations in Bangor, Portland, and Florida; 	
	 have been in business for +-110 years; 	
	 are committed to sustainable design principles with nearly half of 	
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	WBRC's design staff LEED accredited professionals;have successfully completed many projects in Aroostook County;	
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CDT1-4.0	ROUND TABLE DISCUSSION ABOUT FACILITY USES/NEEDS – Facilitated by WBRC					
CDT1-4.01a	facilities at NMCC: The <u>Akeley Fitness and Occupational Wellness Center</u> and the <u>Rodney Smith Student Center</u> . This will be accomplished through the repurposing/renovation of two existing campus buildings: Reed Commons and the gymnasium located in the Christie Building. Three distinctive functions will be served in these areas, hereafter referred to as the <u>Wellness Center</u> , <u>Fitness Center</u> , and <u>Student Center</u> .					
CDT1-4.01b	<u>Physical location of the Wellness Center</u> : Initial discussions assumed that the Wellness Center would be included within the Fitness Center. More focused discussion proposed that this location may not provide adequate privacy and that confidentiality could be an issue (as this facility will serve both students and for the overall Presque Isle community). It was agreed that the eventual physical location and adjacency of this program needs further study.	RECORD				
CDT1-4.02	WELLNESS CENTER					
CDT1-4.02a	<u>Student Based</u> : The Wellness Center will be primarily student based, but could include access for NMCC employees. Students will have drop-in access to the Nurse Practitioner for evaluation, examination, advice, preventative intervention, and recommendations for treatment (by an outside health facility if needed). The Health program is run by an outside entity and should have proximity to college-run related student services.	RECORD				
CDT1-4.02b	<u>Separate Entrance</u> : Confidentiality is important for students who visit the Wellness Center. Provide a separate entry for access by students for both confidentiality and reducing exposure to illness. Consider separate entry and exit doors. The entrance may include a small waiting area.	RECORD				
CDT1-4.02c	<u>Treatment</u> : Provide accommodations for drop-in wellness treatment, examinations, preventative interventions, and referral to outside health providers.	RECORD				
CDT1-4.02d	Obesity Intervention: Obesity intervention and treatment will be a primary function. Confidentiality of access is important. Some students are on meal plans and some have had bariatric surgery.	RECORD				
CDT1-4.02e	<u>Nutrition</u> : A nutrition program should be included, possibly through programmatic inclusion in the facility, but may not need a separate area. This could be integrated with the dining facility in the Student Center.	RECORD				
CDT1-4.02f	<u>Mental Wellness</u> : Mental health intervention and treatment will be a primary function. Confidentiality is of primary important.	RECORD				
CDT1-4.02g	Walking facilities, described in the Student Center section, may be considered as a component of the Fitness Center.	RECORD				
CDT1-4.02h	The Wellness Center should include immediate access to student health records.	RECORD				



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CDT1-4.03	FITNESS CENTER	
CDT1-4.03a	Community Based: The Fitness Center will be both student and community	RECORD
	based. It will be a primary area for student activity and will encourage use	
	by outside community members.	
CDT1-4.03b	Open Door Policy: The Fitness Center should have an "open door" policy	RECORD
	and may initially offer facilities without cost to outside users. Use will be on	
	a first-come, first-serve basis. An important goal will be to break down	
	socio-economic barriers that will allow users access who otherwise cannot	
	obtain access to similar privately run facilities.	
CDT1-4.03c	Fitness/Seminar Spaces: The Fitness Center should include two separate	RECORD
	rooms for at least 25 users each that could be used as classrooms or	
	instructional areas for yoga, Zumba, etc. classes.	
CDT1-4.03d	Large Group Exercise Area: The Fitness Center should include space for large	RECORD
	group exercise. This could be provided by combining two Fitness/Seminar	
	spaces that are separated by an operable partition.	
CDT1-4.03e	Cardio Area/Free Weights: The Fitness Center should include a Cardio Area	RECORD
	with space for cardio and weight machines. Free weight areas should be	
	semi-isolated so as not to be intimidating to other users. Consider flexible	
	space with options for group interaction or more private use.	
CDT1-4.03f	Locker/Shower Facilities: Locker Rooms, including shower and toilet	RECORD
	facilities, should be provided for Fitness Center users.	
CDT1-4.03g	Semi-Private Areas: The space should encourage social interaction while	RECORD
_	offering elements of privacy for a wide range of users. Design of the space	
	should encourage use by both "fit" and "unfit" users. Provide adequate	
	privacy for users who want to work out or do stretching exercises without	
	being "on display."	
CDT1-4.03h	Sensitivity to Gender: Consider specialized areas for female users (e.g.	RECORD
	stretching areas, mirrored walls, etc.).	
CDT1-4.03i	Self Assessment/Recording: Provisions for student access to technology for	RECORD
	self assessment should be provided.	
CDT1-4.04	STUDENT CENTER	
CDT1-4.04a	Student Lounge: A primary function of the Student Center will be social	RECORD
	gathering for students. The Student Lounge will provide facilities for social	
	interaction, study, and leisure use. Access to food from vending machines or	
	served from the kitchen should be provided.	
CDT1-4.44b	Dining Commons: Primary use will be by students but will also encourage	RECORD
	use by outside users from the community. It should be a flexible area that	
	will include space for movable tables and chairs for up to 300 diners. Chair	
	seating will be an option for larger events. Provide storage for movable	
	equipment. Provide accommodation for swipe card for student use.	



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CDT1-4.04c	Kitchen: Primary use will be as a commercial kitchen to prepare meals for students and outside users. Secondary use will be for resident students. The kitchen area could consider including academic facilities for culinary instruction, which NMCC is considering as a new program (such facilities could include small, residential-size equipment for home cooking instruction). The Kitchen should be located with convenient access to serve the Edmunds Center and other areas of the campus. Provide service access for deliveries and trash. Include facilities for waste management and recycling.	RECORD
CDT1-4.04d	<u>Separate Function Room</u> : Provide a separate Meeting Space with room for 150 people seated. Typical uses might include a <i>Foundation Dinner</i> or <i>Phi</i> <i>Beta Kappa induction ceremony</i> . The Meeting Space could be adjacent to the Dining Commons and could be separated by an operable partition to allow combined expansion with the Dining Commons of occasional very large functions. Good acoustic separation is important. Use of the Meeting Space should be careful to not cause competition with local businesses.	RECORD
CDT1-4.04e	<u>College Store</u> : Provide space for a bookstore and a range of convenience items for purchase.	RECORD
CDT1-4.04f	<u>Student Organization Spaces</u> : Include at least two separate rooms for use by student organizations. Currently there are 12 student organizations, the two most active being the Student Senate and Phi Beta Kappa.	RECORD
CDT1-4.04g	Office Space: Include a common office for student support services and testing. Include space for file cabinets.	RECORD
CDT1-4.04h	Student Support Services: Provide easy access to Student Support Services.	RECORD
CDT1-4.04i	<u>Central Storage</u> : Provide facilities for central storage with convenient access for general use.	RECORD
CDT1-4.04j	<u>Walking Facilities</u> : A walking component is a major goal for the project. An indoor walking track or social walking route may be incorporated into the Student Center. The Committee expressed a common vision for a walking component to be added as a mezzanine level within the space currently occupied by the gym. Walking facilities may also be considered as part of the Fitness Center or possibly between the Fitness Center and the Student Center. The walking component may compete with several other similar facilities in the city including a new community center being planned.	RECORD
CDT1-4.05	GYMNASIUM	
CDT1-4.05a	Planning should include consideration for a new gymnasium, adjacent to the Fitness and Wellness Center.	RECORD
CDT1-4.05b	Primary use of gym will be for the college athletic program and will also be available for use by the community. The gym is a focus of identity for campus life.	RECORD
CDT1-4.05c	Gym should have shared access to locker rooms provided in the Fitness and Wellness Center. Provide bleacher capacity for 1500 persons.	RECORD



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CDT1-4.05d	Good audio acoustics are important.	RECORD
CDT1-4.05e	Office and storage space should be included.	RECORD
CDT1-4.06	GUIDING PRINCIPLES	
CDT1-4.06a	<u>Overview</u> : During the course of the evening's discussion, all in attendance agreed to compile a list of 'Guiding Principles' which will serve as a set of checks and balances for all future facility decisions. The guiding principles, as of the conclusion of the meeting, are as summarized in the following item.	
CDT1-4.06b	The features of this project will: encourage ties to current/future curriculum; have sustainable features; maximize daylight; have a 'WOW' factor; encourage ties to/within NMCC and the Presque Isle community; provide for ease of wayfinding without compromising security; provide for ease of facility access at the arrival point(s); be user friendly and inviting; provide for a healthy environment; promote the year-round use of the facilities; be accessible in a barrier-free environment; provide for a quantifiable positive impact on the wellness of our campus; acknowledge the history/story of NMCC; increase our residential enrollment; and increase student participation in athletics.	RECORD
CDT1-5.0	COMMUNICATION ON PROJECT MOVING FORWARD – Tim Crowley	
CDT1-5.01	Tim noted that all meeting notes will be distributed to committee members and will also be posted on the NMCC webpage at <u>www.nmcc.edu</u> (under Business and Community – construction RFPs).	ONGOING
CDT1-6.0	FUTURE MEETINGS	
CDT1-6.01	To be determined.	ONGOING

Respectfully submitted by:

Steve Pedersen, AIA, LEED AP

Project Manager Maine Licensed Architect

WBRC ARCHITECTS · ENGINEERS

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