

PORTLAND SARASOTA

BANGOR

Minutes of Meeting – FC #1

Project: NMCC Wellness Center and Student Center WBRC Project Number: 3770.00 Meeting Date: 03/21/12 Meeting Location: NMCC, Keegan Room, Reed Commons

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MEETING AGENDA – Facilities Committee Meeting #1

	NEW BUSINESS	ACTION
FC1-1.0	INTRODUCTIONS AND PROJECT OVERVIEW	
FC1-1.01	The meeting was preceded by lunch and was called to order at	RECORD
	approximately 12:00 PM	
FC1-1.02	<u>Committee introduction</u> : TC led off with an introduction of the Facilities	RECORD
	Committee members and an overview of the project vision. This included a	
	discussion of the 2/29/12 Concept Design Committee meeting and	
	reiterated that this project will have an overall emphasis on "WELLNESS".	
FC1-1.03	Meeting objectives: WBRC distributed the agenda for the meeting and	RECORD
	noted that we are now beginning the Programming and Schematic Design	
	phases. The goal of the Programming phase is to identify 1) What kind of	
	space is needed, 2) What size spaces are appropriate, and 3) What function	
	will the space(s) serve.	
FC1-1.04	Initial NMCC ideas: RS presented a SketchUp (computer) model of both	RECORD
	Reed Commons and the existing gym space (as originally developed to	
	facilitate initial conversations with the donor). The model showed	
	conceptual layouts of the new Wellness and Student Centers.	



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FC1-2.0	PROGRAM - GENERAL	
FC1-2.01	Project Description:After much discussion, it was agreed that the over- riding 'label' for this project will be a "Wellness Center" which includes both Student Center uses and Health/Fitness Center (including a new gymnasium) uses. The Student Center will be located in the existing gymnasium areas within Christie Hall and the Health/Fitness Center will be located in the present Reed Commons building (with the new gymnasium in an attached addition or separate stand-alone facility).	RECORD
FC1-2.02	<u>Identity</u> : The entrances to both new facilities should be both <i>transparent</i> and <i>apparent</i> to show what's happening inside and must be inviting to students. It was agreed that the spaces should be designed to promote an ease of wayfinding in accessing the facilities.	RECORD
FC1-2.03	<u>Commuter Students</u> : It was noted that this constituency currently has no campus 'home' when not in class and that the new Student Center and Health/Fitness Center will fill this void.	RECORD
FC1-2.04	Sense of Security: A safe and secure environment is essential. A dedicated Office/Area for campus security is a desired component of this project.	RECORD
FC1-2.05	Access from Parking: Parking should be available close to the main entrances of the both facilities (cold temperatures, ice, and snow are issues).	RECORD
FC1-3.0	STUDENT CENTER	
FC1-3.01	Overall: The Student Center will be located in the space currently housing the existing gymnasium in the Christie Building. The basic components of the new Student Center should include a <u>Student Lounge</u> , <u>Dining Commons</u> , <u>Kitchen</u> , <u>Student Kitchen and Classroom</u> , <u>Function Room</u> , <u>Informal Meeting</u> <u>Spaces</u> , <u>Student Organization Areas</u> , <u>Offices</u> , a <u>College Store</u> , and <u>Central</u> <u>Storage</u> .	RECORD
FC1-3.02	Main Entrance: It is hoped that once on campus, the new Student Center will have a logical and apparent "front door".	RECORD
FC1-3.03	Student Lounge: This space will have area for informal meetings/activities, gathering, talking, studying, working, snacking and light recreation (possibly including ping pong or pool tables). Student access to convenience food and microwave oven heating should be provided.	RECORD
FC1-3.04	 <u>Dining Commons</u>: Three meals (breakfast, lunch, and dinner) will be served. It was noted that currently there is a 70% participation from resident students in the food program. A major goal of the new program is to be revenue producing. The new Dining Commons should provide seating for 300 and will serve student dining and offer grab-n-go items for casual use. It is anticipated that <u>swipe cards</u> will eventually be used for food and other services. <u>Hand washing</u> facilities must be provided within the Dining Commons. Additionally, a separate <i>washing room</i> (specifically for alternate religious observances) should be considered. Direct access to lockable storage (for chairs, tables, equipment, etc.) is required. 	RECORD



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FC1-3.05	Kitchen: A commercial kitchen to support the Dining Commons, function	RECORD
	spaces, and other campus catering events is required. The kitchen should be	
	sized to serve 500 meals a day (it was noted that the existing kitchen size is	
	sufficient for current operation and could handle up to 100% additional	
	capacity). Adjacent areas for receiving (potentially with fork-lift capability),	
	loading, laundry, central and dedicated storage are also required.	
FC1-3.06	Student Kitchen: An adjacent Culinary Arts teaching laboratory with (6)	RECORD
	stations (12 students) is needed. Direct access to a separate <u>Classroom</u> is	
	needed for lecture and discussion.	
FC1-3.07	Function Room: A formal space sized for a minimum of (25) people with	RECORD
	multi-function capability and flexible seating. Access to the food and	
	dedicated storage is essential.	
FC1-3.08	Informal Meeting/Use Areas: There is the need for 'transient' use space	RECORD
	within the Student Center. This could be met through seating areas 'at the	
	edges', study areas at the perimeter of public spaces, and movable furniture.	
FC1-3.09	Student Organization Areas: (1) room (=+- ½ size classroom) is needed for	RECORD
	student organization uses, it was agreed that this space can be shared with	
	other users for small conference uses.	
FC1-3.10	Office Space: (2) rooms are required for student organizations for storage of	RECORD
	records, supplies, and use by Directors.	
FC1-3.11	College Store: This should include space for merchandising, 'grab-n-go'	RECORD
	food, food warming equipment, a copy center, and dedicated storage. The	
	existing bookstore serves approximately 400 students per day – it is hoped	
	that the new College Store will increase use by students/staff.	
FC1-3.12	<u>Central Storage</u> : Please see item FC1-3.05 for additional information.	RECORD
FC1-3.13	Walking Track: It is currently anticipated that the walking track be located in	RECORD
	the upper level of the Student Center due to the space availability within the	
	existing gym and adjacency to faculty offices (if located on the second level	
	views into the new Dining Commons could be achieved). Although outdoor	
	walking is highly encouraged, access to an indoor area during the colder	
	months is a necessity).	
FC1-3.14	Security: An area for an adult attendant, adjacent to the main entrance of	RECORD
	the Student Center, is required.	
FC1-3.15	Laundry: Laundry facilities should be provided for the Kitchen and Student	RECORD
	Center, ideally separated from laundry facilities in the Fitness Center/Gym.	
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FC1-4.0	HEALTH/FITNESS CENTER (<u>Health</u> Component)	
FC1-4.01	Basic Components: The Health portion of the Health/Fitness Center includes	RECORD
	a Reception/Waiting Area, and areas for a Nurse Practitioner, a Treatment	
	Room, and Counseling Areas for (1) or (2) staff, and a Holistic Health Room.	
FC1-4.02	"Wellness Counseling" will be a major function of the new Wellness Center	RECORD
	(it was agreed that as other counseling services including Financial Aid,	
	Admissions, Registrar, and Academic Counseling are currently part of	
	Student Support Services, they will <u>not</u> be a part of the new project).	
	Academic Counselors currently work closely with the Wellness Center and	
	should continue to have convenient access to this area. It was confirmed	
	that as Mental Health Counseling is not a service that the College is currently	
	licensed to provide; <u>no</u> formal mental health treatment will be provided in	
	the new project.	
FC1-4.03	Reception / Waiting: The Health Center should include a separate entrance	RECORD
	distinct from the Fitness Center.	
FC1-4.04	Nurse Practitioner: The nurse practitioner needs a dedicated office with	RECORD
	areas for exam, one-to-one conversations, and secured storage.	
FC1-4.05	Treatment Room: Must be private, includes dedicated storage.	RECORD
FC1-4.06	<u>Counseling / Multi-use Areas</u> : (2) rooms / areas, 400 SF each for both	RECORD
	individual use and collaborative seminars, workouts, etc.	
FC1-4.07	Holistic Health Room: A small room (150 sf) for individual and small group	RECORD
	use with sink.	
FC1-4.08	Testing Room: The current Student Services needs a room for testing up to	RECORD
	(25) students. This could utilize new multi-function areas in the new Student	
	Center. Food should be nearby. An additional small space should be	
	provided for individual or small-group testing.	
FC1-4.09	Walking is an important component of the Wellness program and will be	RECORD
	located in either the Student Center or Health/Fitness Center, as space	
	allows. See item FC1-3.13 for additional information and clarity.	
FC1-5.0	HEALTH / FITNESS CENTER (Fitness Component)	
FC1-5.01	Basic Components: The Fitness component of the Health / Fitness Center	RECORD
	includes a <u>Reception Area</u> , an area for the <u>Distribution of Recreational</u>	
	Equipment, Cardio Areas, an area for Free Weights, multi-use Fitness /	
	Seminar Rooms, Locker Rooms, a Classroom, Offices, general Toilet Facilities,	
	a Laundry Facility, and dedicated Storage.	
FC1-5.01	Reception: The Health / Fitness Center should have an identifiable 'front	RECORD
	door' which is safe and secure. Within the general reception area, dedicated	
	space for an adult attendant is required.	
FC1-5.02	<u>Recreational Equipment</u> : A new campus function of the Fitness Center will	RECORD
	include an area for the storage and distribution of recreational equipment	
	(snow shoes, kayaks, tennis racquets, etc.). This area would ideally be	
	located near the reception/main entry of the Fitness Center.	



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FC1-5.02	Cardio Areas: Adequate space for up to (30) people actively utilizing cardio	RECORD
	equipment (including stationary bicycles, treadmills, stair machines, elliptical, etc.) is required.	
FC1-5.03	Free Weight Area: Adequate space for up to (20) people (both female and	RECORD
	male) actively working out on free weights is required. Although this area	
	will be designed / located so as not be intimidating to 'soft' users, it needs to	
	have a visible identity within the Fitness Center.	
FC1-5.04	Fitness / Seminar Rooms: (2) separate multi-use rooms for individual and	RECORD
	group use (Zumba / Yoga / Pilates / Step / etc. classes and formal seminar /	
	learning areas). The rooms would ideally have wooden floors.	
FC1-5.05	Locker Rooms: (2) locker rooms (F/M) each with (100) ½ size lockers, private	RECORD
	changing areas, and shower/toilet facilities. The female locker room should	
	also have a small area for (private) stretching.	DECODD
FC1-5.06	Classroom: (1) separate area for up to (25) students is required.	RECORD
FC1-5.07	Offices: (3) individual offices are required.	RECORD
FC1-5.08	Public Toilets: Separate, code minimum toilet facilities (located outside of	RECORD
	the locker rooms) should be centrally located – could be shared with the	
	Gymnasium.	
FC1-5.09	Laundry Facility: A small laundry area, ideally shared with the gymnasium	RECORD
F04 F 40	facility, is needed.	DECODD
FC1-5.10	Storage: A locked room for mats / loose exercise equipment / towels / etc.),	RECORD
	accessible to all individual users of the Fitness Center.	
FC1-6.0	HEALTH / FITNESS CENTER (<u>Gymnasium</u> Component)	
FC1-6.01	General: It was agreed that although the new Gym does not necessarily	RECORD
	need to be connected to the Fitness Center, it would be preferable to do so	
	(to allow convenient use by Fitness Center users (for basketball, volleyball,	
	etc.). It is important that users are able to access the Gym without going	
	through the Fitness Center.	
FC1-6.02	Basic Components: The Gymnasium component of the Health / Fitness	RECORD
	Center should have a proper <u>Gym</u> , <u>Locker Rooms</u> , a <u>Training Room</u> , <u>Offices</u> , a	
	Multi-Use / Meeting Room, a Concession Area, access to a Laundry,	
	dedicated <u>Storage Room</u> , and access to <u>Public Toilet Rooms</u> .	
FC1-6.03	<u>Gym</u> : Should be sized for a 50' x 94' basketball court with bleacher seating	RECORD
	for 1500 (750 each side), proper vertical clearance for volleyball, and have	
	direct access to a dedicated storage room.	
FC1-6.04	Locker Rooms: (4) athletic locker room, each with (50) ½ size lockers (25)	RECORD
	assigned to student athletes, (25) available for transient use), private	
	changing areas, and shower / toilet facilities. During non-athletic events, the	
	locker rooms will be available for use by Fitness Center users utilizing the	
	gym.	DECODE
FC1-6.05	Training Room: Minimum 300 sf for use by the training staff – include	RECORD
	provisions for a whirlpool, manipulation tables, and direct access to ice.	



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FC1-6.06	Offices: (3) Offices ((1) Athletic Director (2) shared (coaches, visiting	RECORD
	coaches, officials, etc.). (1) shared office should have toilet and shower	
	facilities.	
FC1-6.05	Multi-Use / Meeting Room: A separate room to be used by both coaches	RECORD
FO (6.06	and student athletes.	
FC1-6.06	<u>Concession Area</u> : With 'food warming' (<u>not</u> food preparation) components	RECORD
	and water – ideally located adjacent to both the Gymnasium and Fitness Center.	
FC1-6.07	Laundry Facility: A small laundry area, ideally shared with the Fitness	RECORD
FC1-0.07	Center, is needed.	RECORD
FC1-6.08	<u>Storage</u> : Sufficiently sized to store volleyball standards, loose balls, nets,	RECORD
101-0.08	and other athletic equipment.	RECORD
FC1-6.09	Public Toilet Facilities: Separate, <i>code minimum</i> toilet facilities (located	RECORD
	outside of the locker rooms) should be centrally located – could be shared	
	with the Fitness Center.	
FC1-6.10	Not included: Racquetball / Squash courts, a climbing wall, dedicated weight	RECORD
	rooms, etc. will not be included in this facility.	
FC1-7.0	GENERAL FACILITY ISSUES	
FC1-7.01	Existing Campus MDF: It was confirmed that Reed Commons contains the	RECORD
	central fiber hub (for the entire campus) and will remain in place. Data and	
	communication trunk lines run through the existing building and must	
	remain unchanged.	
FC1-7.02	remain unchanged. <u>Exterior skin</u> : The existing EIFS exterior skin at the existing gym is in poor	RECORD
	remain unchanged. <u>Exterior skin</u> : The existing EIFS exterior skin at the existing gym is in poor condition and should be replaced as part of the new project.	
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Respectfully submitted by:

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