



Weekly Bulletin

Author to Hold Reading and Book Signing at NMCC

An award-winning author and journalist, whose latest book tackles the Maine-New Brunswick border in a thought-provoking way, will introduce his work on Thursday, October 6, at 1:00 p.m. in the NMCC library.

Jacques Poitras will read from his new book, *Imaginary Line: Life on an unfinished border*, and lead a discussion on the topics covered in the publication, including how activity along the international border serves as a microcosm for relations between the U.S. and Canada. In addition, he will sign copies of the book, which will be available for sale.

The book tackles the challenges, obstacles and opportunities that exist along the "longest undefended border" through the lens of those who experience it day in-day out. To write it, Poitras traveled the length of the Maine-New Brunswick border to uncover what he cites as "the history and ongoing dispute over an arbitrarily drawn line that shouldn't be there, almost wasn't there, and can be difficult to find even when it is there."

At a time when many along the border are trying to establish renewed cross-border ties, such as leaders in both countries working on the 2014 World Acadian Congress, Poitras' book takes an edgy look at how "the stakes are high as New Brunswick and Maine re-imagine their relationship for the 21st century and communities strive to stay together despite the best efforts of parochial politicians, protectionists, and overzealous border officials."

The reading is free and open to the public. Refreshments will be served. For more information, contact Gail Roy in the library at (207) 768-2734 or groy@nmcc.edu.

Nursing Students to Take Part in TAMC Health Fair on October 1

NMCC nursing seniors will be on hand at TAMC's annual Fall Health Fair this weekend to provide education on a variety of wellness topics to increase community health awareness. Campus members are encouraged to stop by the Health Fair.

The event is set for Saturday, October 1, from 8:00 a.m. through 12:00 noon at The Aroostook Medical Center. In addition to the NMCC nursing exhibits, the fair will feature free flu shots for adults, health screenings, tours of the hospital, and a heart healthy barbecue.

The NMCC students will present on 12 different health education topics, which include women's health, heart healthy exercises, cardiovascular disease prevention and education, blood pressure, mammography, cardiac catheterization, cholesterol, healthy eating, men's health, preventative medicine, colonoscopy and arthritis.

The community health fair component was added to the nursing curriculum to provide the senior students with an opportunity to plan and present a structured teaching project in a public health setting. In recent years NMCC senior nursing students had presented their exhibits at the Fall and Winter Expo, hosted by the NMCC Foundation, at The Forum. A new

venue was sought after that event was cancelled for this fall.

"This is a great opportunity for the nursing students to provide health and wellness education to a large number of County residents. Attendees of the TAMC Health Fair will receive information focused on improving overall health as well as strategies to prevent common illnesses. The presentations by the nursing students will be fun, interactive and informative," said Eileen McDougal, level II nursing coordinator/instructor and one of the lead coordinators of the NMCC health fair presentations.

In addition to being informative to the public, the Health Fair is a bit competitive for the participating second-year nursing students. For the fourth consecutive year, TAMC will provide a \$400 scholarship for the display determined to be "best in show," as judged by a panel of TAMC managers.

"We are thrilled to be partnering with the NMCC nursing students at this year's health fair. The education they will provide will help participants gain a deeper understanding of the key health issues that will be featured at the fair," said Joy Barresi Saucier, vice president, knowledge services. "The nursing students will add so much to the event."



BINGO NIGHT

Students are invited to come join the fun on
Tuesday, September 27, from 6:00-9:00 p.m.
in the Edmunds Conference Center.

Get to know some of your fellow students
and possibly win some great prizes!

Sponsored by the Student Senate

Lunch Menu

Monday

French Dip Sandwich
Classic Spanakoptia
Green Beans
Scallion Mashed Potatoes
Tuna Melt
Chicken Ceasar Station
Beef Vegetable Soup
Vegetable Barley Soup
Chili Con Carne

Tuesday

Carnitas Taco
Pilaf, Barley, Portobella,
Squash, Butternut
Broccoli
Oven Roasted Potatoes
Chili Dog w/Cheddar Cheese
Macaroni Station
Brown Rice Turkey Soup
Vegetable & Bean Soup
Chili Con Carne

Wednesday

Zesty Turkey Tetrazzini
Vegan Jambalaya
Cauliflower
White Rice
Pollock Fishwich
Stir Fry Station
Chicken Noodle Soup
Twice Baked Potato Soup
Chili Con Carne

Thursday

Oven Roasted BBQ Chicken
Eggplant & Bean Casserole
Snap Peas & Carrots
Garlic Breadsticks
Chipotle Chicken Sandwich
Pasta Pronto Station
New England Clam Chowder
Cream of Tomato Soup
Chili Con Carne

Friday

London Broiled BBQ Turkey
Thai Curry Noodles w/Tofu
Peas
Egg Noodles
Italian Burger
Mucho Nachos
Minestrone Soup
Potato Leek Soup
Chili Con Carne

AVAILABLE DAILY

Salad, Pizza
Hamburgers, Garden
Burgers, Hot Dogs,
Chicken Sandwiches,
Grilled Cheese, French
Fries, Assorted Desserts

Mentoring Program to Begin

Members of Phi Theta Kappa and the staff in the Academic Success Center are looking for participants for their new Mentoring Program.

The program connects new, first year students with students who have been at NMCC for a year or more. PTK and the ASC are looking for volunteers to be mentors, as well as new students who want to be mentored. For mentees, the program offers a positive first year experience and allows them to make meaningful connections with successful seniors. For those volunteering as mentors, the program gives them the opportunity to help an incoming student adjust to college life and have a positive first-year experience.

For more information, contact Laura Mcpherson in the ASC at lmcperson@nmcc.edu or 768-2766. You may also contact Lori Googins, PTK advisor, at lgoogins@nmcc.edu.

ACBSP Visit

The College is hosting a team this week from the Accreditation Council for Business Schools and Programs (ASBSP), the accrediting agency for the college's business programs that culminate in an associate degree. The team will be on campus on Monday through Wednesday to perform a site evaluation as part of the process of renewing accreditation.

All employees are asked to wear their name tags while the visitors are on campus. Employees whose schedule allows are invited to attend the Exit Report on Wednesday at 8:15 a.m. in the Edmunds Conference Center.

Newsletter Items...

Do you have items that you would like printed in the *Weekly Bulletin*? If so, submit your information to the development office by calling 768-2809, e-mailing info@nmcc.edu or stopping by the office, just off of the lobby of the Christie Building. **The deadline is Friday by 10 a.m.**

Events

MONDAY

ACBSP Site Visit, various locations across campus thru day
Medical Assistant Fundraiser, 11:00 am - 3:00 pm, Christie Lobby
Financing Your Future, 5:30 - 8:30 pm, Keegan Room

TUESDAY

ACBSP Site Visit, various locations across campus thru day
CRMA Certification Course, 8:30 am - 5:00 pm, CED Classrm.
Medical Assistant Fundraiser, 9:00 am - 12:00 pm, Christie Lobby
Student Senate Meeting, 12:00 - 1:00 pm, CHR 201
Student Senate Bingo Night, 6:30 - 9:00 pm, Edmunds Conference Center

WEDNESDAY

Customized EMT Training for US Customs & Border Patrol, 8:00 am - 5:00 pm, CHR 209
ACBSP Exit Report, 8:00 - 9:00 am, Edmunds Conf. Center



As part of a **residential life community service project**, ten NMCC students volunteered at the PI Raven Center (food pantry) on September 17, where they assisted in sorting food boxes and prepping them for delivery to people in need. They also moved boxes and furniture for the Center's Sept. 24 auction, where they hope to raise funds for a heating system for the center. Center staff were extremely thankful for the assistance and fed the students a wonderful lunch for their efforts. Students and staff volunteering were: Matt Tarr and Samantha Martin (shown above), as well as Scott Ackley, Janelle Nickerson, Crystal Belanger, Pam Gorneault, Angela Bellamy, Stas Ginish, Kim McAvoy, and Elizabeth Pelkey, coordinator of the event.

Need New Steps?

Residential construction students are taking orders for outdoor steps. This is a great opportunity for interested persons to get a good deal on steps, while helping our students practice and hone their skills. For more information or to place an order, contact instructor Frank Pytlak at 768-2718 or stop by to see him in the residential construction lab.

Medical Assistant Fundraiser, 9:00 am - 2:00 pm, Christie Lobby

Biomass Bid Opening, 2:00 - 4:00 pm, Martin 3rd Floor Conference Room

THURSDAY

Customized EMT Training for US Customs & Border Patrol, 8:00 am - 5:00 pm, CHR 209

Medical Assistant Fundraiser, 9:00 am - 12:00 pm, Christie Lobby

Basic MS Excel 2010, 5:00 - 8:00 pm, CED Classroom

FRIDAY

Faculty Management Meeting, 8:00 - 9:00 am, Martin 3rd Floor Conference Room

CRMA Certification Course, 8:30 am - 5:00 pm, CED Classrm.

Information Literacy Training, 9:00 - 10:00 am, MRT 105

Medical Assistant Fundraiser, 12:00 - 3:00 pm, Christie Lobby