



Weekly Bulletin

Tips for the Job Fair, Part 2

Students have an excellent opportunity to network and job hunt at the annual NMCC Job Fair from 9:00 a.m. to 1:00 p.m. on Thursday, March 10th in the gym. Here are some tips to help you:

What to Wear

Wear professional business attire, regardless of the culture of the company you may be interested in. A job fair is a professional networking tool, so you want to present your best professional image. Remember the importance of first impressions. Don't chew gum!

At the Job Fair

1. Go early; it's not uncommon for some businesses to leave early.
2. Carry a briefcase or file for your resume, references, application "cheat sheet" (with work and education history), note pad and pens.
3. Upon registering, get a floor plan so you can map out the companies you want to visit.
4. Network solo, not in groups.

cont. on pg. 2

Free Etiquette Dinner

Thursday, March 3
5:00 p.m.

Reed Dining Commons

- Learn what to do and not to do at a formal dinner
- FREE Event with multi-course meal
- Open to first 40 students who sign up in the Counseling Office

Sponsored by: ARAMARK

NMCC to "Go Blue" on March 4

NMCC will "Go Blue" on Friday, March 4, as part of a national and statewide effort launched to draw attention to efforts to help prevent colon cancer, the second leading cause of overall cancer death in both Maine and the United States.

The day, which will be marked with unique "blue-themed" activities, will be both enjoyable and meaningful, especially for Chuck Kelley, a faculty member whose own survivor story has been featured in public service announcements across the state. He credits early detection with saving his life.

There are three key things happening, and the first is already underway. Jars have been placed in the bookstore with some faculty and staff photos on them. The campus community is encouraged to put money in the jar(s) of who they would most like to see get a pie in the face. The two employees who have garnered the most donations will be "pied" by Chuck Kelley in the Christie lobby at about 12:15 p.m. on Friday.

The entire campus is urged to

wear blue on Friday in support of event... and to share why they are wearing blue, so they can

help get the message out about the importance of screenings and early detection. All students and employees wearing blue are asked to come to the Christie lobby at noon for a group photo. Following the photo, the "Pie in the Face for Cancer" activity will take place.

Also happening in the Christie lobby on Friday, from 9:00 a.m. to 1:00 p.m., will be a **Blue Bake Sale**. Come check out all the wonderful goodies for sale. This event is being sponsored in part by Aramark, the college's dining services. However, donations of baked goods are being sought by employees or students who would like to contribute. Anyone who would like to cook something, blue or otherwise for the sale, should contact the development office.

All proceeds from these activities will be donated, in Chuck Kelley's name, to the Colon Cancer Alliance.



SENIOR MAKEOVER DAY

Thursday, March 3
12:00 noon - 3:00 p.m.
Edmunds Conference Center

- Open to all NMCC Students
- FREE Haircuts/Styling (tips appreciated)
- FREE Make-up Makeovers
- FREE Clothing for Interviews
- Mock Interviews (bring resumes)



Sponsored by: NESHHRM
Northern Society for Human Resource Management

Lunch Menu

Monday

Chesapeake Bay Corn Chowder
Tomato Rice Soup
Chicken Double Noodle Soup
Meatball Sub
Spinach Alfredo Ravioli
Spaghetti
Cauliflower
Hot Pastrami Sandwich
BBQ Bacon Swiss Mush. Burger
Fried Chicken Patty Melt
Seasoned Twister Fries
Hawaiian Pizza
Assorted Dessert

Tuesday

Potato & Leek Soup
Minestrone Soup
Chicken Double Noodle Soup
Shepherd's Pie
Baked Macaroni & Cheese
Carrots
Grilled Ckn. & Chili Bowl
BBQ Bacon Swiss Mush. Burger
Fried Chicken Patty Melt
Seasoned Twister Fries
BBQ Chicken Pizza
Mediterranean Beef Panini
Assorted Dessert

Wednesday

Cream of Broccoli Soup
Chicken Vegetable Soup
Chicken Double Noodle Soup
BBQ Pork
Asian Sesame Pasta
Zucchini & Yellow Squash
Batter Dipped Potato Wedges
Italian Burger
BBQ Bacon Swiss Mush. Burger
Fried Chicken Patty Melt
Seasoned Twister Fries
Spinach/Bacon Flatbread Pizza
Whole Wheat Pizza Primavera
Chunky Chicken Salad Sand.
Assorted Dessert

Thursday

Potato Chowder
Chicken & Rice Soup
Chicken Double Noodle Soup
Beef Taco
Tomato Basil Pasta
Corn
Red Chile Mexican Rice
Buffalo Chicken Sandwich
BBQ Bacon Swiss Mush. Burger
Fried Chicken Patty Melt
Seasoned Twister Fries
Taco Style Pizza
Rotini Marinara
Chicken Salad Croissant
Assorted Dessert

Friday

Boston Clam Chowder
Beef Vegetable Soup
Chicken Double Noodle Soup
Singapore Chicken
Stuffed Shells
Broccoli
Herb Roasted Red Potatoes
Asian Shrimp Fajita
BBQ Bacon Swiss Mush. Burger
Fried Chicken Patty Melt
Seasoned Twister Fries
White Pizza Sicilian Style
Vegetable Pasta Mediterranean
Assorted Dessert

Job Fair, from page 1

5. Respect the privacy of others. Do not interrupt unless invited to do so by the recruiter.
6. Be confident in shaking hands, delivering your self-intro, and asking your questions. Smile, be polite, remember the value of "please" and "thank you".
7. Distribute your resume to recruiters from companies you are most interested in. Do not "blanket" the gym with your resumes, as it will become obvious that you had no real focus in your search.
8. Collect company materials to review at a later date. Use your time AT the job fair to talk with the recruiters.
9. Gather business cards from everyone you speak to so that you can follow up with a thank you note. Ask the recruiter the name of the hiring manager and find out the procedures for securing an interview.
10. After speaking with a recruiter, step aside and jot a few notes for later reference.

According to a poll of recruiters, the following are their biggest concerns about attendees:

1. Lacking focus. Do not suggest "I'll take anything" or answer "I don't know" when queried about your interests.
2. Lacking enthusiasm; lacking confidence.
3. Asking about salary.
4. Lacking company knowledge.
5. Grabbing free stuff.
6. Lacking communications skills; not making eye contact; mumbling. Frequent use of words such as "uhm", "like", "ya know".
7. Not having anything to write on.

You will get out of the Job Fair exactly what you put into it. Be assertive; be positive. Approach recruiters confidently, initiate conversation, demonstrate your interest and skills . . . and perhaps that dream job offer will be forthcoming.

Events

MONDAY, FEBRUARY 28

Dutch Soccer Academy, 5:00 - 8:00 pm, Gym

TUESDAY, MARCH 1

Student Senate Meeting, 12:00 - 1:00 pm, CHR 201
Youth Basketball of America, 6:00 - 7:30 pm, Gym

WEDNESDAY, MARCH 2

Legislative Call, 12:00 - 1:00 pm, Martin Third Floor Conf. Rm.
AYBL Practice, 5:30 - 7:30 pm, Gym
Umpires Meeting, 6:00 - 9:00 pm, CHR 108
PI Air Show Meeting, 6:00 - 7:30 pm, Keegan Room

Focus the Nation Reminder...

Just a reminder for those who have not already done so...the deadline for registering for The 'Maine' Event, a conference on preparing Maine's renewable energy future, is March 1. The day long conference takes place on March 9 in the Edmunds Conference Center. It includes a keynote address by former Governor Angus King and a presentation by Dr. Habib Dagher, director of the Advanced Structures & Composites Center at the University of Maine. There will also be a panel discussion with six professionals involved in the alternative energy field. You can register for the event online at www.focusthenation.org/forums or just stop by the development office.

Congratulations...

The medical assisting students held the drawing for their survivor basket before break. Congratulations to Gene McCluskey in admissions for winning the goodies! The group will be holding a 50/50 raffle through March. Tickets, \$1/each, will be available outside of the bookstore at selected times, at the information window, and from medical assisting students.

Community Notes

- Presque Isle Community Players are performing "**Oliver Twist**" at the P.I. Middle School auditorium. They put on an outstanding show this past weekend, and for those who missed it, you have another chance this weekend. There will be shows on Friday, March 4, and Saturday, March 5, beginning at 7:00 p.m. Tickets are available at GoIn' Postal,
- *Are you living paycheck to paycheck or trying to dig out of debt?* "**Financing Your Future: Managing Your Money to Meet Your Goals**", is a workshop series being offered by Women, Work and Community and can help you get on track. It will take place on Mondays from 5:30 to 8:30 pm at NMCC from March 7 to April 4. There is no fee for this series, but pre-registration by March 3 is required. For more information, or to register, call WWC at 764-0050.

THURSDAY, MARCH 3

Senior Make Over Day, 12:00 - 3:00 pm, Edmunds Conf. Ctr.
Etiquette Dinner, 5:00 pm, Keegan Room
PTK Induction Ceremony, 7:00 pm, Edmunds Conf. Ctr.
AYBL Practice, 5:30 - 7:30 pm, Gym
AARA Radio Meeting, 6:30 - 8:00 pm, Electronics Classroom
Aroostook Football, 7:30 - 9:30 pm, Gym
Movie Night, 9:00 - 10:30 pm, Reed Commons

FRIDAY, MARCH 4

Public Officials Briefing, 1:00 - 4:00 pm, Edmunds Conf. Ctr.
Medical Assisting Meeting, 12:00 - 1:00 pm, CHR 201
CS Lewis Reading Group, 12:00 - 1:00 pm, CHR 212