

Weekly Bulletin

Tips for Making the Most of the Job Fair

Students have a great opportunity to network and job hunt on campus at the annual NMCC Job Fair from 9:00 a.m. to 1:00 p.m. on Thursday, March 10 in the gym. Preparation is key to making the most of the Job Fair. Since recruiters will see hundreds of people that day, you must be prepared to meet and exceed expectations.

Preparation Pre-Job Fair

1. Clarify your career objectives and update your resume. Ensure it is professional, accurate and current.
2. Research the companies that will be attending the fair. Be prepared to ask questions relevant to your possible career. Know WHY you want to work for any given company.
3. Prepare a brief, 30-second self-introduction to give recruiters. This is YOUR infomercial. Include your name, degree status (when you will graduate), position(s) you are seeking, and why you chose their company to explore career opportunities.
4. Make child care arrangements. A job fair is not a good place for children who will require your frequent attention.
5. Plan your wardrobe. It is always appropriate to wear professional business attire to a job fair, regardless of the culture of the company you may be interested in. A job fair is a professional networking tool, so you want to present your best professional image. Remember the importance of first impressions.

Look for more tips in the next Bulletin.

NMCC Group Takes Part in Annual Polar Dip



A group of NMCC students and employees traveled to Pleasant Point to join hundreds of others for the annual Polar Dip to raise money for the Ronald McDonald House of Maine. This year's event took place on February 4. The group included "dippers" who went into the water, as well as "towellers" who were tasked with watching out for them and helping them dry off. Anyone who would still like to donate to support this worthy cause can do so by stopping by the Student Affairs area.

Dooner Wins Library Research Contest

NMCC student Pam Dooner is the recipient of the Library Research Prize for her paper entitled, "Synesthesia: A colorful condition."

Pam is a first year liberal studies student. She selected her topic because she always had an interest in neurological disorders, and synesthesia was of particular interest. She is a student in Jen Graham's English composition course.

Pam started her research with a Google search and read a Wikipedia article to obtain an overview of the topic. She realized that she then needed to include scholarly works and to seriously evaluate her information sources. She used a variety of library resources to seek out peer-reviewed literature and included books, journal articles, an MP3 lecture series, a movie and online sources in her bibliography.



Pam Dooner (left) accepts her bookstore gift certificate from Gail Roy, NMCC assist dean of learning resources.

Pam learned about Boolean operators, databases, and effectively locating and evaluating information from class lectures and library instruction and handouts.

The contest was sponsored by the library in order to promote good research practices. For winning the contest, Pam received a \$100 gift certificate to the college bookstore.

Lunch Menu

Monday

Broccoli & Cheese Soup
Chesapeake Bay Corn Chowder
Floribbean Chicken Stew
Soy Sesame Chicken
Cheese Lasagna
Orange Spiced Carrots
Cheddar Mashed Potatoes
Corned Beef Special Sandwich
BBQ Bacon Swiss Mush. Brgr.
Sweet Potato Fries
Meatball Calzone
Buffalo Bistro Chicken Wrap
Dessert

Tuesday

Kielbasa, Cabbage & Pot. Soup
Tomato Rice Soup
Floribbean Chicken Stew
Stuffed Green Peppers
Baked Macaroni & Cheese
Spinach
Brown Rice
Boca Burger
BBQ Bacon Swiss Mush. Brgr.
Sweet Potato Fries
Hawaiian Thin Crust Pizza
Genoa Salami w/Mozzarella
Dessert

Wednesday

Vegetable Chowder
Asian Beef & Ramen Soup
Floribbean Chicken Stew
French Dip
Eggplant Parmesean
Veggie Blend
Herbed Chips
State Fair Corn Dog
BBQ Bacon Swiss Mush. Brgr.
Sweet Potato Fries
Greek Pizza
Caesar Wrap
Dessert

Thursday

Chicken & Okra Gumbo Soup
Chicken Noodle Soup
Floribbean Chicken Stew
Mexican Beef Fajitas
Cavatappi, Ckn., Portobella
Vegetable Medley
Chipotle Rice
Philly Beef Steak & Cheese
BBQ Bacon Swiss Mush. Brgr.
Sweet Potato Fries
Chicken Parmesean Rolletto
Hummus & Toasted Pita
Dessert

Friday

Beef Barley Soup
New England Clam Chowder
Floribbean Chicken Stew
Zesty Beef Stroganoff
Deep Fried Ravioli
Acorn Squash
Mashed Sweet Potatoes
Fishwich with Lettuce
BBQ Bacon Swiss Mush. Brgr.
Sweet Potato Fries
WW Spinach, Feta & Ham Pizza
Apple Tuna Salad Sandwich
Dessert

Help! Word Problems Confuse Me! Workshop

Students who need help with word problems are encouraged to take part in one of these workshops being offered through the Academic Success Center. They will hold one workshop on Tuesday, February 15, at noon for algebra students. A second session will be held on Wednesday, February 16, at noon for business math students. Both will be held in the ASC large study room.

Weekly Movie Night

Movie Nights happen throughout the semester on Thursday evenings in the Reed Commons. The movie playing will be posted earlier in the week with flyers in the resident halls and in the dining commons. This is a FREE event open to all students, employees and their friends/families. Snacks are provided.

Sponsored by Res Life & Aramark

VALENTINE'S DAY FLOWER SALE

Carnations of assorted colors will be on sale in the Christie Lobby TODAY (February 14).

Sponsored by Phi Theta Kappa

UMPI Transfer Panel & Lunch

The counseling office will be sponsoring a panel discussion about transferring to UMPI on **Wednesday, February 16, from 12:00 - 1:00 pm in the Edmunds Conference Center.** Come learn how easy it is to turn your NMCC associate's degree into a bachelor's degree at UMPI. Please bring your unofficial transcript.

For more information or to register, stop by the counseling office.

Events

MONDAY, FEBRUARY 14

PTK Flower Sale, 9:00 am - 3:00 pm, Christie Lobby
Admissions Testing, 1:00 - 4:00 pm, MRT 105
Webinar, 3:00 - 5:00 pm, Edmunds Conference Center
Dutch Soccer Academy, 5:00 - 8:00 pm, Gym

TUESDAY, FEBRUARY 15

Foundation Executive Committee Meeting, 8:00 - 9:00 am, Martin 3rd Floor Conference Room
Expo Committee Meeting, 10:45 am - 12:00 pm, Keegan Rm.
50th Anniversary Meeting, 12:00 - 1:30 pm, Keegan Rm.
Student Senate Meeting, 12:00 - 1:00 pm, CHR 201
NMCC Basketball Practice, 7:00 - 9:00 pm, Gym

WEDNESDAY, FEBRUARY 16

Faculty Management Meeting, 8:00 - 9:00 am, Martin Third Floor Conference Room
Safety Subcommittee Meeting, 9:15 - 10:30 am, Martin Third Floor Conference Room
Alumni Annual Dinner Committee Meeting, 11:00 am - 1:00 pm, Keegan Room

Classic Film Series

This week's offering is *Amores Perros*, a 2000 Alejandro González Iñárritu drama. A horrific car accident connects three stories, each involving characters dealing with loss, regret, and life's harsh realities, all in the name of love.

If you're looking for something to do, why not join us? The film will be shown in the Edmunds Conference Center on Wednesday, February 16, beginning at 7:00 p.m. This is free and open to the public.

Congratulations...

- The winners of the Student Senate Valentine's Day Guessing Contest were Brian Hall and Emily Greaves. Brian's guess for Jar #1 was 797, and the actual number of candy hearts in the jar was 803. For Jar #2, Emily guessed 506, with the total being 519. Both won a \$25 gas card.
- Five students each won a webcam courtesy of the Academic Success Center's contest to promote their new tutoring services through Skype. The lucky students were: Frank Moody, Larry Shorette, Valarie Deschesne, Gene Parent and Victoria Tanenbaum.

Survivor Basket Raffle

Every student can benefit from this basket! Check it out and see all its goodies in the Christie lobby display case.

Tickets are \$1 each or 6 for \$5.

Tickets are available from any medical assisting student or from the information window in the lobby.

Drawing will be February 18.

Sponsored by Medical Assisting Student Group

UMPI Transfer Panel & Reception, 12:00 - 1:00 pm, Edmunds Conference Center

Legislative Call, 12:00 - 1:00 pm, Martin Third Floor Conf. Rm.

AYBL Practice, 5:30 - 7:30 pm, Gym

Classic Movie Night, 7:00 - 9:00 pm, Edmunds Conf. Ctr.

NMCC Basketball Practice, 7:30 - 9:30 pm, Gym

THURSDAY, FEBRUARY 17

Maine Public Skill Path Training, 8:00 am - 4:30 pm, Edmunds Conference Center

Probus, 10:00 - 11:30 am, Keegan Room

AYBL Practice, 5:30 - 7:30 pm, Gym

Aroostook Football, 7:30 - 9:30 pm, Gym

Movie Night, 9:00 - 10:30 pm, Reed Commons

FRIDAY, FEBRUARY 18

Public Officials Briefing, 1:00 - 4:00 pm, Edmunds Conf. Ctr.

Medical Assisting Meeting, 12:00 - 1:00 pm, CHR 201

CS Lewis Reading Group, 12:00 - 1:00 pm, CHR 212

NMCC Basketball Practice, 6:00 - 8:00 pm, Gym