

Spring Programs Scheduled for Students

As part of their on-going efforts to help students achieve success, the counseling office has scheduled their spring TRiO/ SSS events. Planned for February are:

Study Strategies for Successful Students

Tuesday, February 8 12:00 - 1:00 p.m. Edmunds Conference Center

Come learn why you should start your textbook reading from the end of the chapter and other proven strategies for academic success.

UMPI Transfer Panel & Lunch Wednesday, February 16 12:00 - 1:00 pm Edmunds Conference Center

Come learn how easy it is to turn your NMCC associate's degree into a bachelor's degree at UMPI. Please bring your unofficial transcript.

For more information or to register, stop by the counseling office.

Survivor Basket Raffle

Every student can benefit from this basket! Check it out and see all its goodies in the Christie lobby display case.

Tickets are \$1 each or 6 for \$5. Tickets are available from any

medical assisting student or from the information window in the lobby.

Drawing will be February 18.

Sponsored by Medical Assisting Student Group

Toward Excellence January 31, 2011 Issue #18 Weekly Bulletin

"Freezin' Falcons" Prepare for Polar Plunge

A team of NMCC students and employees will travel to Pleasant Point on the coast of Maine on Friday, February 4, to take a "polar dip" into the frigid Atlantic Ocean. This annual event, featuring about 100 dippers from colleges and universities in Maine and New Brunswick, supports Maine's Ronald McDonald House.

"The goal is to raise as much money as possible," said Dr. William Egeler, dean of students and leader of the NMCC team. "You don't have to look very far to find someone in Aroostook County who has benefited directly from the Ronald McDonald House."

JEWELRY SALE

MONDAY, FEBRUARY 7 9:00 AM - 3:00 PM Christie lobby

Earrings, bracelets, necklaces, lanyards and beads will be on sale. There will also be a raffle of a complete bracelet with 10 beads. Tickets for the raffle can be purchased at the booth in the lobby that day.

Sponsored by Phi Theta Kappa

Senior Banquet Update

The Student Senate has announced that the NMCC Senior Banquet will be on Saturday, April 30. However, where it will be held is up to the vote of seniors on campus.

All graduating seniors are encouraged to vote for their preference: **Presque Isle Inn & Convention Center**, **Crows Nest**, or the **NMCC Campus**. Each location will include a meal, cash bar and music.

Voting will take place in the counseling office on February 7 - 11. Bring your student ID with you to vote. Egeler and his team will consist both of members who will enter the water and others who will serve as 'towelers' and watch out for the dippers during and after the swim.

The Washington County Community College Student Senate sponsors the polar dip, which has raised more than \$130,000 since it was first held in 2000.

To support the efforts of the NMCC polar dip team and contribute to the Ronald McDonald House of Maine, donations can be dropped off in the student affairs office.

Dates to Note...

More information on each of the events listed below will be covered in upcoming editions of the Weekly Bulletin, but meanwhile, mark your calendars so you don't miss these opportunities.

Book Signing - Breathe Volume II

Wednesday, February 9 11:30 a.m. - 2:00 p.m. Edmunds Conference Center

African American Read-In

Friday, February 11 12:00 - 1:00 p.m. NMCC Library

Senior Makeover Day

Thursday, March 3 12:00 - 3:00 p.m. Edmunds Conference Center

Free Etiquette Dinner

Thursday, March 3 5:00 p.m. Reed Dining Commons

Job Fair

Thursday, March 10 9:00 a.m. - 1:00 p.m. NMCC Gymnasium

Lunch Menu

Monday

Chesapeake Bay Corn Chowder Tomato Rice Soup Chicken Double Noodle Soup Meatball Sub Spinach Alfredo Ravioli Spaghetti Cauliflower Hot Pastrami Sandwich BBQ Bacon Swiss Mush. Burger Fried Chicken Patty Melt Seasoned Twister Fries Hawaiian Pizza Assorted Dessert

Tuesday

Potato & Leek Soup Minestrone Soup Chicken Double Noodle Soup Shepherd's Pie Baked Macaroni & Cheese Carrots Grilled Ckn. & Chili Bowl BBQ Bacon Swiss Mush. Burger Fried Chicken Patty Melt Seasoned Twister Fries BBQ Chicken Pizza Mediterranean Beef Panini Assorted Dessert

Wednesday

Cream of Broccoli Soup Chicken Vegetable Soup Chicken Double Noodle Soup BBQ Pork Asian Sesame Pasta Zucchini & Yellow Squash Batter Dipped Potato Wedges Italian Burger BBQ Bacon Swiss Mush. Burger Fried Chicken Patty Melt Seasoned Twister Fries Spinach/Bacon Flatbread Pizza Whole Wheat Pizza Primavera Chunky Chicken Salad Sand. Assorted Dessert

Thursday

Potato Chowder Chicken & Rice Soup Chicken Double Noodle Soup Beef Taco Tomato Basil Pasta Corn Red Chile Mexican Rice Buffalo Chicken Sandwich BBQ Bacon Swiss Mush. Burger Fried Chicken Patty Melt Seasoned Twister Fries Taco Style Pizza Rotini Marinara Chicken Salad Croissant Assorted Dessert

Friday

Boston Clam Chowder Beef Vegetable Soup Chicken Double Noodle Soup Singapore Chicken Stuffed Shells Broccoli Herb Roasted Red Potatoes Asian Shrimp Fajita BBQ Bacon Swiss Mush. Burger Fried Chicken Patty Melt Seasoned Twister Fries White Pizza Sicilian Style Vegetable Pasta Mediterranean Assorted Dessert

Deadlines to Note... • Making up Incompletes

Students who received a grade notation of I (Incomplete) for fall 2010 must have all work completed and submitted to the instructor prior to Friday, February 4. Failure to complete the class requirements by that date will result in a failing grade for the class. Students with incomplete course work are encouraged to meet with their instructors. Questions regarding your academic record, should be directed to the registrar.

Waiving Student Health Insurance

Students who are new to campus this semester have until Friday, February 4, to waive the College student health insurance. Full-time students who have not completed the waiver by then will be charged for this insurance. You may waive the insurance by either providing proof of alternate insurance and completing a paper waiver form at the business office or by completing the process at https://www2.crossagency.com/nmcc/waiver/ login.php.

Preparing for Refund Checks

The College is preparing to print and mail financial aid refund checks to qualifying students beginning on or about February 7. Those anticipating a refund check should review the mailing address they have on the campus portal as this is the address the check will be mailed to. If the address is not correct, go to the student affairs office ASAP to make the necessary changes. Checks will not be mailed to campus addresses.

Students who have a Hold on their account must contact the issuing office and resolve it BE-FORE any refund will be mailed. All financial aid documents/requirements must be met before ANY financial aid (including student loans) may be posted to a student's account or disbursed. See the financial aid office if your expected aid is not displaying on your portal.

Community Notes

Blood Drives

Three blood drives are scheduled locally during the next three days. Blood supplies are extremely low due to canceled drives throughout the Northeast during the past few snow storms. There is an urgent demand, and those that are able are encouraged to participate. Those who attend one of the first two blood drives, if eligible, will also be able to be registered and tested for being a bone marrow donor.

Blood drives will be held at: Caribou Inn & Convention Center Monday, January 31 • 12:00 - 5:30 p.m.

The Aroostook Medical Center - *Pinkham Entrance* Tuesday, February 1 • 11:00 a.m. - 7:00 p.m.

UMPI Campus Center

Wednesday, February 2 • 12:00 - 5:00 p.m.

Appointments are not required.

Winter Festival

A Winter Festival is scheduled in downtown Presque Isle on Saturday, February 5. Main Street will be closed from 5:00-8:00 p.m. for the festivities, which will include: horse wagon rides, dog sled demos and rides, Zumba demonstrations, games, food, music and more! Decorate your non-motorized sled or wagon and parade through Main Street to kick off the fun.

• World Cup Biathlon

World Cup Biathlon competition will be taking place at the Nordic Heritage Center on Friday, February 4 - Sunday, February 6. The opening ceremony will be at UMPI on Thursday at 6:40 p.m. You're encouraged to attend and support the 250 athletes from 30 countries who will be taking part.

Events-

MONDAY, JANUARY 31

Student Organization Mtg., 11:30 am - 1:00 pm, Keegan Rm. **Admissions Testing,** 1:00 - 4:00 pm, MRT 105 **FAFSA Frenzy,** 12:00 - 1:00 pm, CHR 206 **Substance Abuse Focus Group,** 4:30 - 6:00 pm, Keegan Rm. **MS Office 2007 Applications,** 5:00 - 8:00 pm, CHR 210 **Dutch Soccer Academy,** 5:00 - 8:00 pm, Gym

TUESDAY, FEBRUARY 1

General Advisory Council Mtg., 7:30 - 9:30 am, Keegan Rm. **Alumni Nominating Committee Meeting,** 10:00 - 11:30 am, Edmunds Conference Center

Student Senate Meeting, 12:00 - 1:00 pm, CHR 201 Advanced Excel, 5:00 - 8:00 pm, CED Classroom NMCC Basketball Practice, 7:00 - 9:00 pm, Gym

WEDNESDAY, FEBRUARY 2

TRIO Workshop, 12:00 - 1:00 pm, Keegan Room AYBL Practice, 5:30 - 7:30 pm, Gym NMCC Basketball Practice, 7:30 - 9:30 pm, Gym Biathlon Coaches Mtg., 4:30 - 5:30 pm, Edmunds Conf. Ctr. Classic Movie Night, 7:00 - 9:00 pm, Edmunds Conf. Center

THURSDAY, FEBRUARY 3

SNA Bake Sale, 8:00 am - 5:00 pm, Christie Lobby CRMA Certification, 8:00 am - 4:30 pm, CED Conf. Room Biathion Coaches Mtg., 4:30 - 5:30 pm, Edmunds Conf. Ctr. AYBL Practice, 5:30 - 7:30 pm, Gym Aroostook Football, 7:30 - 9:30 pm, Gym Movie Night, 9:00 - 10:30 pm, Reed Commons

FRIDAY, FEBRUARY 4

Mary Smith Wind Turbine Meeting, 8:00 - 9:30 am, Martin Third Floor Conference Room

SafetyWorks Training, 8:00 am - 1:00 pm, Keegan Room CRMA Certification, 8:00 am - 4:30 pm, CED Conf. Room Medical Assisting Meeting, 12:00 - 1:00 pm, CHR 201 NMCC Basketball Practice, 6:00 - 8:00 pm, Gym

SATURDAY, FEBRUARY 5

AYBL Practice, 9:00 am - 1:00 pm, Gym Red Cross Retreat, 9:00 am - 4:00 pm, Edmunds Conf. Ctr.