



**American
Red Cross**

Disaster Preparedness Institute

*In our small community, a disaster impacts many lives.
Every pair of helping hands is a lifeline towards recovery.*



**Friday, September 24, 2010
9:00 a.m. - 9:00 p.m.**

**Saturday, September 25, 2010
9:00 a.m. - 4:00 p.m.**

Northern Maine Community College
33 Edgemont Drive
Presque Isle, Maine

Registration will be in the lobby
of the Edmunds Conference Center

Co-Sponsored by:



Training Purpose

This multi-disciplined training will focus on disaster preparedness to ensure our community's immediate response in times of emergency.

The Pine Tree Chapter works diligently with community partners to provide practical and helpful awareness and educational information to show the public how to save lives, reduce injuries, and protect and prepare for disasters.

When a disaster threatens or strikes, the Red Cross provides safe shelter, food, clothing, health and mental health services to individuals and families.

The American Red Cross knows first hand that disasters cost billions in property damage and economic losses. The soaring social and economical costs of disasters can be dramatically reduced if communities take proactive steps to reduce their vulnerability.

Together we can build a culture of prevention to limit the harm inflicted on families and communities.

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**All trainings are
FREE to the participant**
Continental breakfast and
lunch included

Seating is limited
on a first received basis

Registrations **MUST** be received by
Friday, September 17, 2010



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**This training is designed for American Red
Cross Volunteers; Law Enforcement;
Fire, Emergency & Safety Officials;
Educators; Healthcare Providers; Businesses;
and any community member interested in
becoming an American Red Cross
Disaster Volunteer.**

Friday, September 24, 2010

9:00 a.m. — 5:00 p.m.

- **Foundations of Disaster Mental Health** (Participants must be licensed at the independent level of service. i.e. LCSW, LCPC, Ph.D., RN w/2 years of psych experience, Psych Nurses, School Counselors)
Instructor: Jan Frost, LCSW
- **Health Services Response Workshop** (Participants must have a current professional license to practice as an EMT, CNA, LPN, LVN, PA, RN, MD, or be in your senior year as a Nursing Student)
Instructor: Gretchen O'Grady, RN, BSN

Friday, September 24, 2010

6:00 p.m. — 9:00 p.m.

- **Fulfilling Our Mission** Instructor: Ben Zetterman, CNA, EMT-B
- **Services to the Armed Forces** Instructor: Bobby Leavitt

Saturday, September 25, 2010

9:00 a.m. — 12:00 noon

- **Client Casework: Providing Emergency Assistance (Part 1)**
Instructor: Penny Kern
- **ICS/EOC Interface** Instructor: Vern Ouellette, EMA Aroostook Cty. Director
- **Psychological First Aid** Instructor: Jan Frost, LCSW
- **Mass Care (Community Services: An Overview)**
Instructor: Ben Zetterman, CNA, EMT-B

Saturday, September 25, 2010

1:00 p.m. – 4:00 p.m.

- **Client Casework: Providing Emergency Assistance (Part 2)**
Instructor: Penny Kern
- **Fulfilling Our Mission** Instructor: Judy Winchester, CNA
- **Shelter Operations** Instructors: Bobby Leavitt and Joyce Price, PhD
- **Services to the Armed Forces** Instructor: Joyce Knorr, MSB

Special Note: Every ARC Volunteer MUST take
Fulfilling Our Mission



Please mail your registration form to:

American Red Cross—Pine Tree Chapter
Aroostook County Branch

Attn: Joyce Knorr, Branch Manager

111 High Street, Suite 2

Caribou, ME 04736

or Fax: 207-492-1624

For more information, please call
207-493-4620, ext. 108

This Institute is proudly being hosted by the:
Northern Maine Community College
Student Senate

Our members will be assisting the
training instructors and helping the
participants enjoy their experience.



***We look forward to welcoming
YOU to our campus!***

 **Red Feels**
as Good as It Looks!

Volunteer Today and Find out for Yourself

Registration Form

Name: _____

Address: _____

City/State/Zip: _____

Home Phone: _____ Cell Phone: _____

Email: _____

Course Selections:

(see course descriptions on reverse side)

Friday, September 24, 2010 9:00 a.m.—5:00 p.m.

Friday, September 24, 2010 6:00 p.m.—9:00 p.m.

1st Choice: _____

2nd Choice: _____

Saturday, September 25, 2010 9:00 a.m.—12:00 noon

1st Choice: _____

2nd Choice: _____

Saturday, September 25, 2010 1:00 p.m. — 4:00 p.m.

1st Choice: _____

2nd Choice: _____

For more information

Please call Joyce Knorr at

207-493-4620, ext. 108

(see back side of brochure for information on where to return registration form)

Course Descriptions

Client Casework: Providing Emergency Assistance: Helps participants develop interviewing skills, attitudes, and relationship building. The course provides the knowledge necessary to meet disaster caused needs of families and includes the use of basic Red Cross forms needed to assist clients. Provides information necessary to explain and provide emergency assistance.

Foundations of Disaster Mental Health: Provides an overview of the Disaster Mental Health function on a disaster relief operation. It includes information about basic emotional support techniques that all disaster workers can provide. Learn to recognize and manage stress more effectively.

Fulfilling Our Mission: The role of the Red Cross in the community's actions is preparing for, responding to, and recovering from emergencies and disaster. It enables individual volunteers to translate their care and compassion for their community into action.

Health Services Response Workshop: Participants must have a current professional license to practice as EMT, CNA, LPN, LVN, PA, RN, MD or a senior in a nursing program. The purpose of this workshop is to prepare certified healthcare professionals to either work in their local chapter or be deployed to a Red Cross disaster relief operation and function as a health professional within the Health Services Protocols.

ICS/EOC Interface: This course assists in understanding the Incident Command System (ICS) and Emergency Operations Center (EOC) responsibilities and functions and the importance of developing the interface plan for these two systems. This course emphasizes the importance of teamwork between ICS and EOC and helps formulate methods for the interface to occur and be successful.

Mass Care (Community Services: An Overview): Provides basic instruction in skills needed to provide sheltering and feeding in the local chapter.

Psychological First Aid: The purpose of this course is to prepare all American Red Cross workers to provide basic care, comfort and support to people who are experiencing disaster-related stress.

Services to the Armed Forces: Provides basic training on how to be an after hours caseworker in relaying emergency communications for families of the U.S. military personnel. Explains organization of system and procedures necessary for servicing such calls.

Shelter Operations: Teaches participants how to open, operate, and close an emergency shelter. Covers topics dealing with organization, resources needed, services offered at a shelter, etc.