

NMCC's Mitchell Peace Scholar to Speak About His Experiences in Ireland

Lucas Ireland, a senior with a double major in residential construction and computer-aided drafting, was one of two Maine Community College System students selected as a Mitchell Peace Scholar in 2008. He spent his spring semester of 2009 living in Cork, Ireland and studying at the Cork Institute of Technology.

Members of the campus and local community are invited to come and hear about some of Lucas' experiences on Tuesday, November 17, at 12:00 noon in the library.

NMCC to Mark Native American Heritage Month with Presentation & Display

The community is invited to join in a presentation on Traditional Native American Culture and Spirituality on Tuesday, November 24, at 12:00 noon in the library. The discussion, led by Joseph Davis, the cultural advisor and traditional ceremonial leader to the Wesget Sipu Tribe, marks National Native American Heritage Month.

Davis will speak about the spiritual values of Native life found in tribes across the country. He will also address the universal importance of the environment to Native peoples and the differences that emanated from geography.

In addition to the presentation by Davis, NMCC will mark the month with a display of the library's recently expanded collection of books both on Native American topics and written by Native American authors. Many of the books in the collection were purchased and donated by the NMCC community to the library in memory of Katherine (Katie) Pictou.

*Have a safe and happy
Thanksgiving Break!*

Monday, November 16:

Central Aroostook ARC, 10:00 am - 3:00 pm, Edmunds Conference Center

Tuesday, November 17:

General Advisory Council Mtg., 7:30 - 9:00 am, Keegan Rm.
Jenzabar, 8:00 am - 5:00 pm, Edmunds Conference Ctr.
Lucas Ireland Presentation, 12:00 pm, Library
Student Senate Meeting, 12:00 - 1:00 pm, CHR 201
AYBL Basketball, 6:00 - 7:30 pm, Gym
Truth Project, 6:30 - 8:00 pm, MRT 212

Wednesday, November 18:

CDL Graduation, 11:30 am - 1:30 pm, Keegan Room
PrISM, 12:00 - 1:00 pm, MRT 211
NMCC Basketball Practice, 6:30 - 8:00 pm, Gym

Thursday, November 19:

NESHM Meeting, 7:30 - 9:30 am, Edmunds Conf. Ctr.
PROBUS Meeting, 10:00 - 11:30 am, Keegan Room
ACAP Annual Meeting, 3:00 - 5:30 pm, Edmunds Conf.
Early College for ME, 6:00 - 8:00 pm, MRT 213

Friday, November 20:

Retirees Health Insurance, 9:00 am - 1:00 pm, Edmunds

Monday, November 23:

Flu Shot Clinic, 8:00 am - 4:00 pm, Edmunds Conf. Ctr.
Maine State Library, 8:00 - 10:00 am, CHR 101
Alumni Association Meeting, 6:00 - 8:00 pm, Keegan Rm.

Tuesday, November 24:

Native American Presentation, 12:00 pm, Library

What's Happening on Campus...

LUNCHTIME IN THE REED COMMONS

Monday

Soup: Double Ckn. Noodle
Beef Vegetable
Broccoli Cheddar
Deli: Tarragon Ckn. Wrap
Grill: Gr. Ckn. Breast Sand.
Mediterranean Kitchen
Cheese/Pepperoni Pizza
Hot Pastrami Platter
Home & Away Station
Meatball Sub
Spaghetti
Herbed Veggies
Cauliflower
Dessert Bar
Angel Food Cake
Sugar Cookies

Tuesday

Soup: Double Ckn. Noodle
Vegetable
Chicken & Okra
Deli: Med. Beef Panini
Grill: Turkey Patty Melt
Mediterranean Kitchen
Meat Lovers Pizza
Yukon Smashed Potatoes
Home & Away Station
Tuna Casserole
Onion Rings
Seasoned Carrots
Brussel Sprouts
Dessert Bar
Brownie Cupcakes
Rice Krispie Squares

Wednesday

Soup: Double Ckn. Noodle
Corn Chowder
French Onion
Deli: Tuna Club Wrap
Grill: Italian Burger
Mediterranean Kitchen
Hawaiian Pizza
Stir Fry
Home & Away Station
Chicken Divan
Potato Wedges
Spinach
Carrots
Dessert Bar
Strawberry Shortcake
Dbl. Choc. Chip Cookies

Thursday

Soup: Double Ckn. Noodle
Tomato Rice
Beef & Barley
Deli: Caprese Panini
Grill: Ball Park Dogs
Mediterranean Kitchen
Cheese/Pepperoni Pizza
Personal Pizzas
Home & Away Station
Beef Tacos
Mexican Rice
Squash & Zucchini
Seasoned Corn
Dessert Bar
Choc. Peanut Butter Oat Bar
Just Cookies

Friday

Soup: Double Ckn. Noodle
NE Clam Chowder
California Bean
Deli: New York Sub
Grill: Gr. Ham & Cheese
Mediterranean Kitchen
Hawaiian Pizza
Pasta w/Pepperoni & Mush.
Home & Away Station
Ginger Pork
Sesame Noodles
Broccoli
Veggie Blend
Dessert Bar
Magic Bars
Oatmeal Cookies

A salad bar and items from the grill are also available daily.

*Weekly
Menu*

Condolences...

As many of you know, Jim McBreairty, a major donor to the NMCC Foundation and a long-time supporter of the College, passed away on November 10. On behalf of the NMCC campus, our condolences to his entire family.

Note of Thanks...

A thank you goes out to all of the members of the campus and local community who donated (or tried to donate) blood, and to those that volunteered at recent Red Cross Blood Drive hosted at NMCC. According to the final count, 102 donors were processed, with 27 of those being first time donors! A total of 81 units of useable units were collected.

Skating

NMCC students can skate for free at the Forum, simply bring your student ID with you. Call the Forum for general skate times at 764-0491.

Courtesy of Student Senate

Swimming at the Indoor Pool...

NMCC students can swim for free at the Presque Isle indoor pool, located next to the Forum. Simply bring your student ID with you and be sure to sign in at the desk. To find out times when the pool is open to the public, you can call 764-2564.

Courtesy of Student Senate



Put Another Notch in Your Education, Do an Internship...

If you are a second year student and have completed 30 credit hours, have attained a 2.5 GPA and are eager to use your education to learn more about your chosen program, this is the opportunity for you.

Internships offer the opportunity to work side by side with professionals in a chosen field and gain experience and knowledge in your career field. Why not start establishing your contacts now and begin networking for future employment?

For more information, contact Pam Crawford, internship instructor, at pcrawford@nmcc.edu or 768-2739.

Scheduling Classes

It's time to register for Spring 2010 classes. The following are the steps to help you through the process. If you have any questions, please stop by the student affairs office or see your academic advisor.

1. **Log into the NMCC portal.**
2. **Review your Course Requirement Analysis (CRA).** Your CRA lists the required courses in your program of study and also indicates whether or not you have met the requirement or are currently enrolled in a required course. Elective classes are listed at the bottom of the CRA. If you have any questions about your CRA, please schedule time with the college registrar.
3. **Determine the courses you need to take.** Remember that full-time students typically enroll in 4-5 classes (15-17 credit hours). A minimum load of 12 credit hours is required to receive full financial aid benefits; less than that will require a reduction in support.
4. **Download a Registration Form.** Pre-registration forms are available in pdf format on the portal or in hard copy in the student affairs office.
5. **Select the courses you wish to enroll in and write those selections on the Registration Form.** The Spring '10 class schedule is available on the web site. The drop down boxes allow you to select the semester you are interested in viewing as well as specific department course offerings or all courses offered for the semester you are interested in. Note: Don't forget to include the section designation when completing your registration form. As new sections are added or other changes made to the schedule, these will post automatically to the electronic schedule.
6. **We recommend that you schedule a meeting with your academic advisor to review your course selections and CRA.** This is a good time to review your plans, ask questions, re-connect with someone who is interested in your well-being and academic success. Don't forget, all paper registration forms must be signed by your academic advisor; forms received without your advisor signature will be returned to you. If the schedule you submit has time conflicts or you have not met prerequisite requirements for a class, you will not be scheduled for the class(es)---please take the time to review your schedule before submitting the registration form. *(Due to software changes underway, we can only accept paper registration forms this academic year.)*

Paper Pre-registration Submission

Return your pre-registration form (signed by both you and your academic advisor) to the student affairs office.

Caution: Schedules may change due to enrollment & other factors; check on January 9, 2010 for your finalized Spring '10 class schedule – Spring classes start January 11, 2010.