

Issue 2 October, 2009

# Kilcollins Returns from Trip to Europe

Wayne Kilcollins, wind power technology instructor at NMCC, was among the representatives from Maine participating in a Gubernatorial renewable energy mission to Spain and Germany on September 19 through 26.

The Maine International Trade Center organized trade mission focused on the wind and ocean renewable power industries in Madrid/Zaragoza, Spain and Bremen, Germany. Kilcollins and other members of the delegation participated in meetings with key energy industry contacts, including one on one meetings with potential partners, investors, and manufacturers. They also visited the Wind Power Expo in Zaragoza, Spain's flagship wind farm operation center, and the offshore wind energy hub in Bremerhaven, Germany.

In addition, Kilcollins visited with officials from a few colleges in the two European countries to discuss their role in training wind technicians and visited with some wind turbine manufacturers and wind park operators to see what their training requirements are for wind technicians coming out of college.

"This was a great opportunity to network with other professionals in the wind industry. It was a way to see what is coming and position ourselves to better serve our students and the wind industry as a whole," said Kilcollins. "This was a great opportunity to present NMCC as

# NMCC & Larkin Enterprises Sign Agreement to Provide Hands-on Opportunities for Students

Students enrolled in New England's only wind power technology program at Northern Maine Community College will have hands-on opportunities to practice their skills as a result of a partnership signed on the Presque Isle campus by College officials and representatives of a leading construction and engineering company in the energy industry.

Under the agreement, Larkin Enterprises, Inc., an international corporation that offers field engineering, maintenance, commissioning, and supervision in the energy industry, will provide paid internship opportunities for NMCC students at wind power projects in Maine.

"It is partnerships such as these with private industry, and the support of the business community that help define the margin of excellence we are able to provide students both in and beyond the classroom," said NMCC President Timothy Crowley. "Larkin Enterprises is an important player in the development of the burgeoning wind power industry in our state. They are at the forefront of projects that have recently come on-line and others that will in the months ahead. Similarly, NMCC is uniquely positioned to provide the future workforce for this emerging industry. This partnership will benefit all involved, but most especially our students."



Taking part in the ceremonial signing of the agreement between NMCC and Larkin Enterprises were, from left: Alan Punches, NMCC vice president/academic dean; Timothy Crowley, NMCC President; Milton McBreairty, director of renewable energies for Larkin Enterprises; and Mike Ireland, business development manager for Larkin Enterprises.

As a result of the agreement, students enrolled in the NMCC associate degree wind power technology program will have the opportunity to apply for internships with Larkin Enterprises, Inc. Students successfully completing the program will be encouraged to apply for open positions with the company following the completion of their degree program.

"The wind power technology program at NMCC is a necessary, and yet a very unique program. This program concept allows hands on industry participation for qualified candidates attending NMCC. We

cont. on page 4

cont. on page 10

Page 2	Fall & Winter Expo Draws Thousands	Page 8	Student Nurses Hold Annual Health Fair
Page 3	Collins to Be Inducted into Construction Hall of Fame	Page 9	Let's Talk About It Reading Series Continues
Page 4	LP Employees Benefit from Training	Page 10	Upcoming Events
Page 5	Medical Assisting Students to Present Teaching Displays	Page 11	Constitution Day Celebrated
	NMCC to Host Kinderfest		NMCC Hosts Breakfast of Champions
Page 6	Photos from the Fall & Winter Expo	Page 12	Continuing Education Offerings

## Fall and Winter Expo Draws Thousands, Raises Funds

More than 2,500 community members from across The County and western New Brunswick attended the Fall and Winter Expo sponsored by the Northern Maine Community College Foundation and WAGM-TV at the Forum on September 26 and 27. Organizers and participants alike considered the event a great success.

"Our thanks goes out to all of those who attended this year's Fall & Winter Expo," said Vicki Smith, NMCC Foundation board member and chair of the committee that organized this year's event. "We are also very

pleased with the support we have had from the various vendors throughout the region, as it is the interesting products and services that they display which generates so much interest by the public in attending this show. The partnership with WAGM-TV has been a key factor in a successful Expo over the past couple of years; their sales team does a great job in lining up all of the various vendors."

With the wide variety of exhibitors present, the show offered something for everyone. Vendors ranged from businesses that offer solutions to keeping you warm during the winter months to ones that sell indoor or outdoor items such as snow blowers and electronic gadgets to keep us entertained when the snow flies. Several non-profit organizations were also on hand featuring fall and winter activities, such as Aroostook Football and Presque Isle Youth Hockey.

Attendees could purchase a variety of locally made items and watch local artists at work through a collaboration of several small businesses in the "Made in Aroostook" section. They could also go for a free Humvee ride courtesy of the Maine Military Authority. A bouncy house, hands-on activities through the Caribou Children's Discovery Museum, and a small floor hockey area provided lots of fun for the kids.



NMCC President Tim Crowley (far right), along with (from left) Bob White and Vicki Smith, both members of the NMCC Foundation Board of Directors, were among the many volunteers from the College and the Foundation to greet people as they entered the Fall & Winter Expo on September 26 & 27. Volunteers welcomed community members and collected their tickets entering them into a drawing for several major prizes, including tickets to a Nascar race in Loudon, NH, a pellet stove, a snow blower, six cords of firewood, and more than 50 Trollbeads.

Also featured on Saturday at the Expo was a Community Health Fair put on by seniors in Northern Maine Community College's nursing and medical assisting programs. They provided information on more than a dozen topics, including seasonal and H1N1 influenza, frostbite prevention and treatment, winter sports safety, and fall and winter driving safety.

While a large number of prizes were given out throughout the weekend courtesy of the various vendors, the Fall and Winter Expo featured several significant door prizes. The winners were: Jennifer Edgecomb of Presque Isle, the pellet stove donated by The County Stove Shop; Louise Saucier of Fort Fairfield, the snow blower donated by Aroostook Door & Window; Bev Gramour of

Ted Shapiro(center), meteorologist for WAGM-TV, was one of the station's 'celebrities' that attendees had a chance to meet and visit with during the Fall & Winter Expo. WAGM-TV was co-sponsor of the event and played a major role in making it such a success. Their booth was a popular stopping point, with those signing up eligible to win two flat screen televisions.

Presque Isle, four NASCAR tickets to Loudon, New Hampshire courtesy of LeVasseur's NAPA Auto and Truck Parts: Laurie Boucher of Chapman and Donnie Hewitt of Wade, three cords of wood each donated by Caron's Lawn & Property Maintenance; Jason Baker of Mapleton and Judy Campbell of Ashland, a large flat screen television each by WAGM-TV; and 56 lucky individuals won a Trollbead from Country Collectibles, as four winners were selected every hour throughout the two day event.

"The 2009 Fall & Winter Expo was a great success; the vendors and attendees were very pleased with the show and had nothing but

positive things to say. We have vendors already signing up for next year's show—that says a lot all by itself," said Kelly Landeen, WAGM-TV sales manager. "WAGM looks forward to continuing the partnership with the Northern Maine Community College Foundation to put on the Fall and Winter Expo for 2010.

For more photos from the Fall & Winter Expo, see pages 6 & 7.



# Caribou's Donald Collins to Be Inducted into Northern Maine Construction Hall of Fame at NMCC Ceremony October 20

As he marks six decades since becoming the fourth generation member of his family to operate the S.W. Collins Company, well-known and highly respected County leader and businessman Donald F. Collins has been named the 2009 inductee into the Northern Maine Construction Hall of Fame.

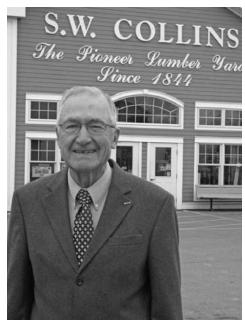
Collins will be honored during a ceremony and reception on Tuesday, October 20, at 5:00 p.m. in the Mailman Trades building at NMCC. Established in the fall of 2007 on the NMCC campus, the Northern Maine Construction Hall of Fame was created to recognize key individuals who have contributed both to the profession and have served as mentors to others entering the profession.

"Don Collins has not only committed his life to the betterment of the construction industry and to small business in our state, but has worked tirelessly to provide opportunity for the people of our region. His many accomplishments and exemplary work ethic are wonderful examples for our students and others who will pass his photograph each day," said NMCC President Timothy Crowley.

Collins was born in Caribou in 1925, the second of four sons of Samuel and Elizabeth (Black) Collins. After graduating Phi Beta Kappa from the University of Maine with a Bachelor of Arts in business administration in 1949, he joined the family business as general manager and later succeeded his father as president of the company.

Donald Collins is credited with diversifying and expanding the S.W. Collins Company through the 1950's, 60's 70's and 80's. For several years, he also managed the Collins Construction Company, selling lots from the original Collins farm and building houses on them.

Founded by his great-grandfather Samuel W. Collins in 1844 as a lumber sawmill, Donald Collins transitioned the company to what it has grown to today when he designed and built a home retail center which opened in 1980 and drew "do-it-yourselfers" in addition to contractors. Although he continues to serve on the board of the S.W. Collins Company, Donald Collins retired from the business in January 1992.



Donald Collins stands in front of the Caribou S.W. Collins store.

His interest in the industry extended beyond Aroostook County. He was active in the Retail Lumber Dealers Association of Maine, including serving as its president. In 1985, he was named the association's first Lumber Person of the Year.

A proud Veteran, Collins served in the infantry during WWII and was wounded twice in the Battle of the Bulge. He earned a Purple Heart, Oak Leaf Cluster, and a Bronze Star for his heroism and is a life member of the Veteran's of Foreign War and American Legion posts in Caribou.

His public service has included holding a number of elected positions, including serving as mayor of Caribou, in the Maine House of Representatives and for four terms in the Maine State Senate. He and his brother Sam Collins of Rockland were the first brothers in Maine history to serve simultaneously in the Maine Senate.

Collins has been involved in numerous business, community and educational organizations. He has served as president of the Maine State Chamber of Commerce, the Caribou Hospital District, and the Caribou Rotary Club. He has also served as a director of the former Aroostook Trust Company and Maine National Bank, the Maine Mutual Fire Insurance Company, the Maine Community Foundation, Maine Public Broadcasting, and Maine Public Service Company.

A strong supporter of his alma mater, the University of Maine, Collins served as chairman of the University of Maine Foundation. He also served as a member of the University of Maine Board of Visitors and as the president of the University of Maine at Presque Isle Foundation.

Collins' extraordinary leadership and community service have earned him many honors, including Caribou's Citizen of the Year in 1975. He was also recognized on the state level as the Maine Chamber of Commerce and Industry's Business Leader of the Year and by the Caribou Rotary Club as a Paul Harris Fellow in 1987.

Donald Collins is married to the former Patricia McGuigan. The couple has six children; two sons, Sam and Gregg, are president and vice-president of the S.W. Collins company, carrying on the family tradition.

The wall of honor featuring the inductee photos is located inside the main entrance of the Mailman Trades Building in the corridor that students, faculty, staff and visitors use to enter and exit the building daily. According to Trade and Technical Occupations Department Chair Brian McDougal, the space is ideal, because students and prospective students of the college regularly have the opportunity to see the faces and learn the stories of some of the "legends" in the construction trades, and in turn better understand that similar career success is possible for them.

The inductees honored to date include: Stanley "Bub" Anderson, co-founder and an owner of County Electric; Hollis Burgess, a former long-time instructor in the residential construction program at NMCC, who was honored posthumously; Tim Doak, co-owner and president of B.R. Smith Associates, Inc. Surveying and Engineering in Presque Isle; Rick St. Peter, owner of Patrick St. Peter and Sons; Richard West, first a sheet metal (presentday welding and metal fabrication) faculty member and then department chairperson for the trade department at NMCC; Richard Nadeau, Jr., president and treasurer of A & L Construction Inc., and Raymond and Timothy Todd, treasurer and president respectively of R. L. Todd & Son, Inc.

# Lousiana Pacific Employees Benefit from NMCC Program Funded through State

A dozen employees of Louisiana Pacific Corporation's New Limerick plant are in-line to earn a certificate in industrial mechanical maintenance through a special program developed by NMCC and funded by the Maine Department of Labor.

The project, which began in the fall of 2007 and will wrap up next spring, has allowed the mill workers in southern Aroostook to take courses that have been offered on-site at the LP facility, locally at the Houlton Higher Education Center, and on-line. The grant provided for the cost of course related materials and equipment, as well as covered tuition expenses for the employees.

"From our perspective this has been a huge success," said Ryan Bushey, LP human resource manager. "It has allowed employees the opportunity to earn their degree while maintaining their ties to the company and completing their course work locally and even on-site. Moreover, classes are designed around elements here at LP that will help advance our company."

Courses offered under the program include predictive maintenance and troubleshooting, which were offered on-

#### Agreement, from pg. 1\_

at Larkin Enterprises are proud and excited to be a part of the wind power technology internship agreement," said Richard Larkin, co-founder of Larkin Enterprises.

As a pilot for launching a formal agreement with the College, Larkin Enterprises hired three interns over the past summer that completed an introductory wind power technology course at NMCC earlier this spring. The success of the summer program paved the way for future collaboration between the two organizations.

"Working at the Kibby Mountain project gave NMCC students real world experience with daily activities during construction of a wind park. This experience allowed them to see the practical aspects of what they learn in the classroom and lab. When the students have a chance to see the rigging required to lift a six ton blade or the power cables run down a 300 foot tower from a three megawatt generator, they get an appreciation for what they are learning in the classroom," said Wayne Kilcollins, NMCC wind power technology instructor. "Richard Larkin's willingness to

line, and industrial energy management techniques and welding, both of which were offered on-site at LP. Additionally, mill workers enrolled in the program, like 52-year-old Phil Chase of Houlton, have taken collegelevel English composition and applied mathematics courses.

A 27-year veteran LP millwright, Chase works in the maintenance department. He signed on for the program in the fall of 2007 with the intent of taking air conditioning and refrigeration as a technical elective before he completes the program in 2010.

"My initial goal was to take the program so that I could work on the air conditioning units at the plant," said Chase. "But, it's really opened my eyes. It's helped me tremendously by allowing me to take courses locally, and helped me generate good study habits and make wise use of my time. This program has given me the incentive to go back to school."

In fact, working toward his certificate in industrial mechanical maintenance has so motivated Chase that he has also enrolled in NMCC's associate degree automo-



Phil Chase (far left) is one of the dozen Louisiana Pacific employees participating in a special program offered through NMCC in southern Aroostook. Photographed during an English composition course designed for the LP employees at the Houlton Higher Education Center are (left to right) Paul Deveau, Brad Lefay, Tony McCormick, Andy Leighton, instructor Ron Murray (standing), and Keith Gallagher.

tive technology program. Now a full-time student, since being issued a temporary lay-off by LP in May as a result of the soft market conditions for building materials, he is working toward a goal that he always wanted to attain.

"Getting a college degree is something I've always had in the back of my mind. I always wished I would have taken more classes beyond high school. I figured I'd never have the opportunity," said Chase.

cont. on page 10

work with NMCC to give our students this internship experience will be a great asset to the wind power technology program."

NMCC students Parker Brown, Brian Kingsbury and David Lown interned for Larkin in western Maine on the Trans Canada-Kibby Mountain Wind Project over the summer to support the effort to install 44 three megawatt wind turbines on the Kibby Mountain range. The three worked hands-on completing various tasks including tower cable pulling, tower lighting and even developing strategies to improve project workflow.

"Mr. Brown, Mr. Kingsbury, and Mr. Lown have shown exceptional work ethic throughout their internship with Larkin Enterprises, Inc. at the Kibby Mountain wind project. NMCC's wind power technology program and its partnership agreement with LEI will supply the State of Maine wind industry with highly-qualified individuals with on the job experience," said Milton McBreairty, director of renewable energies of Larkin Enterprises. "This program and partnership will create a work

force that will compliment the State of Maine's ambition in bringing green jobs to the state and keeping them here."

The NMCC wind power technology program is a newly developed associate degree program, which this fall welcomed its inaugural entering class of 40 students. Interest in the program was so high that college officials increased capacity to accommodate a qualified applicant pool of more than 50 students. The program offers broad fundamental aspects of the wind power industry, with a focus on wind turbine maintenance and electrical power production.

Larkin Enterprises, Inc. was founded in 1994 by Richard and Nancy Larkin in the basement of their Hampden, Maine home. Together, the couple has built LEI to be the premier provider of technical expertise for all phases of construction and engineering in the energy industry, including renewable energy projects. The company's client base reaches across the globe including China, Taiwan, India, Qatar, Canada and Europe.

## Medical Assisting Students Prepare Health Education Teaching Displays for National Medical Assistants Week

NMCC will join with higher education and medical facilities across the country to mark National Medical Assistants Week October 19 through 23, as students in the program work on projects to educate the public about the profession, as well as one of the College's newest programs.

Since 1984, the third week of October has been designated nation-wide as Medical Assistants Week to honor and acknowledge the 350,000 medical assistants working in the field and the many of thousands of medical assisting students preparing to begin their career. The commemoration holds special significance at NMCC this year, as the College welcomes its largest group of entering students (13) into the two-year program since it was introduced in the fall of 2007.

As part of medical assisting week activities, the nine senior-level students will work on health education teaching displays, which they will present publicly at the College on Friday, October 30. The projects will include visual presentations of healthcare topics that are commonly experienced in the profession and are timely. The exhibits will be on display for the public in the Christie lobby between 8:00 a.m. and 10:00 a.m. The students will be present to discuss their work.

"The presentations provide a great opportunity for the students to take key points and apply it to real life situations," said Susan Dugal, medical assisting coordinator. "It helps them to develop critical thinking skills and gets them to use resources. It also helps improve oral

communication skills, which are vitally important in the medical assisting field."

Topics will include Halloween safety, childhood obesity, staying active indoors during winter, the food pyramid, Seasonal Affective Disorder and preventing falls among the elderly in the winter.

Medical Assistants week is sponsored annually by the American Medical Technologists, who have selected "A Caring Touch that Means so Much" as the theme for this year's celebration to emphasize the commitment of the professionals as vital members of the healthcare team.

The services provided by medical assistants include both the office administrative and clinical aspects of their place of employment. Administrative duties include keeping patient records, managing financial matters, handling insurance arrangements, processing correspondence, and overall office management. Clinically, the medical assistant prepares and assists in patient examination, records laboratory data, assists with office surgical procedures, performs basic physical assessment and measures vital signs.

The development of the two-year program was in direct response to the specific request of regional healthcare practices and professionals, who were looking to fill positions throughout Aroostook County.

"Medical Assisting is a growing field and I have been proud to play a role in developing a program that will address the growing need for healthcare services in Aroostook County, as well as offering an opportunity for gainful employment in the region. It is wonderful to see the outcome of teamwork between NMCC and the community it serves," said Dugal.

In developing the medical assisting program, NMCC followed the guidelines and standards delineated by the Commission on Accreditation of Allied Health Education Programs. With the first class of students having graduated this past May, College officials now have begun the formal accreditation process for the program.

As was the case with the program's inception, a key component for the program is the continued collaboration with area partners in delivering the education. Several area medical practices and hospital departments have provided sites for student clinical externship sites.

#### **NMCC** to Host Kinderfest Event

2000

Families from around the Aroostook County area are invited to participate in Kinderfest – an "Octoberfest" for youth and their families and friends, featuring activities for the whole family. Kinderfest will be held on Saturday, October 24, from 11:00 a.m. to 2:00 p.m. in the NMCC gym.

"Kinderfest is a celebration of the German culture and the activities reflect that with Octoberfest colors and German themed activities. Bird house painting, flag and chain papercrafts, felt gingerbread men, gingerbread houses and potato stamping are all part of the celebration," said Heidi Broad-Smith, NMCC early childhood education instructor and coordinator of the children's activities that day.

Other fun will include face painting, story time, a bouncy house, a puppet show, children's karaoke and a movie matinee. Weather permitting, attendees can enjoy a ride in a horse-drawn carriage provided by Maple Meadow Farms. Kid-friendly food in keeping with the Kinderfest theme will also be available at the event.

Kinderfest is being sponsored by Northern Maine Community College and Cary Medical Center as a fund raiser for Wintergreen Arts Center. All proceeds will benefit the center's renovation project. Tickets, which will be used to take part in each of the day's activities, cost \$1 each or \$10 for a packet of 12. Current NMCC students who attend with their children will each get one free packet of tickets, courtesy of the NMCC Student Senate. Students must present their student ID

"This is a great chance for families to do some fun things together while supporting a good cause," said Lara Cannon, executive director of Wintergreen Arts Center. "This is the last children's event we have happening until we open on January 4, so we really hope that families will come and support us."

at the registration table.

Cannon went on to give kudos to the College for hosting the event. "This is the first partnership we have ever had where we've had an organization step in and throw an event for us. This is a big deal for us. The people at NMCC are using their talent and their resources to make this happen for us."

Wintergreen Arts Studio will also be hosting an **Octoberfest** on the evening of October 24 at the Shriners Club in Presque Isle for adults age 21 and older. The event will include a live band and lots of food. For more information on this event, see their website at wintergreenarts.org.

## Fall and Winter Expo 2009

**RIGHT: Community members** check out some of the snow blowers on display from Aroostook Door & Window at the Fall & Winter Expo. The company donated a snow blower as a door prize for the event, won by Louise Saucier of Fort Fairfield. BELOW: Bob Bonefant discusses Roger's Sport Center's products, including their new line of Bobcat tractors.

Koger's Sport Center





ter Farms Coal of Easton explains the advantages of a coal burning stove to attendees at the Expo.

LEFT: A variety of venders dealing with alternative sources of energy were present at the Expo. including this booth for MarCar Solar Inc.



**Bobcat** 

Floyd and Carolyn Adams of Limestone were among the many Fall & Winter Expo participants who enjoyed stopping by and checking out the items featured at the Country Collectibles booth. Country Collectibles helped to draw new attendees to the Expo this year with their generous donation of 56 Trollbeads for door prizes awarded throughout the two day event.



Jane Griffeth (left) from S.W. Collins Company expains some of the different shower heads featured in their display.



Michelle Cushman was one of several members NMCC student Brittany Hewitt (right) of the Presque Isle Snowmobile Club on hand at the Fall & Winter Expo to show the plans for their new facility, thanks to a booth sponsored by the Presque Isle Rotary Club.



Gail Roy, from the NMCC library, staffed a booth throughout the weekend to provide passport information to community members.



makes a purchase from the Mojo booth during the Expo.



Although flu shots ended up not being available, Cary Medical Center provided free blood pressure checks and other screenings.

**Made in Aroostook** 

Best Booth 2009

Connie Sandstrom (right) makes

a purchase from Judy Sherman

of Deep in the Woods Gift Shop.



section of the Fall & Winter Expo. Stackhouse, who teaches art in Limestone, has been carving wood for nine years.

Rylee Leavitt of Easton has her face painted by Gert Thibodeau.

Winning the "Best Booth" award this year was the 'Made in Aroostook' cooperative association of businesses. Kelly Landeen from WAGM and Dick Engels from the NMCC Foundation (front, right) presented the certificate to several of the vendors taking part in the 'Made in Aroostook' group including, front from left: Gert Thibodeau (Art 2 Heart Creations), Natalia Bragg (Knott-II-Bragg Farm), Janice Bouchard (Floral Designs by Jan's Crafts and Bouchard Family Farm). Back, from left: Lloyd Archer (A Poet at Large), Judy Sherman (Oxbow Wreaths, Deep in the Woods Gift Shop), Thom Cote and Elizabeth Bencivenga (The Artist's Nook), and Steve Sherman (Oxbow Wreaths, Deep in the Woods Gift Shop).



**Family Activities**, clockwise: 1. The Maine Miltary Authority provided free Humvee rides for participants. 2. Children had the chance to test out their hockey skills at the Aroostook Youth Hockey Booth, sponsored by Levesque NAPA Auto & Truck Parts. 3. Younger kids had lots of fun in the bouncy house sponsored by Pines Health Services. 4. The Caribou Children's Discovery Museum, whose booth was sponsored by the Caribou Rotary Club, offered several hands-on activities for children attending the Expo. Above, Nancy Chandler (right) and Haley Smith, a Girl Scout volunteer, demonstrate how they created a tornado effect in a bottle.





Jason Parent, NMCC director of development and college relations and executive director of the NMCC Foundation; Richard Engels, chair of the NMCC Foundation Board; Ted Shapiro, meteorologist at WAGM-TV; and Kelley Landeen, sales manager at WAGM-TV draw the winning tickets for the door prizes awarded at the end of the Fall & Winter Expo.

## Student Nurses Hold Annual Health Fair;

TAMC Provides Scholarship to Students with 'Best Display'



Congratulating the winning team of NMCC nursing students who won \$400 for having the best health fair display during their Community Health Fair at the 2009 Fall and Winter Expo are (from left) Richard Engels, NMCC Foundation Board chair; Kelly Landeen, WAGM-TV sales manager and show co-organizer; Bruce Sandstrom, TAMC senior vice president of finance and NMCC Foundation board member; and Joy Baressi-Saucier, TAMC vice president of public relations, development and strategic planning. Accepting the award are winning team members Sandra Dionne and Tina Dionne, both of St. David. Missing from the photo is Ashlei Look of Jonesport.

Nursing students Jayme Bither and Jen Tweedie talk to NMCC instructor Greg Thompson at the Expo. They and their partners, Genine Piro and Beth Lint, presented information on stress management and coping strategies.

NMCC nursing students presented their annual health fair for the community at the Fall and Winter Expo on September 26 and 27. In support of the nursing program and its students. The Aroostook Medical Center donated a \$400 scholarship award for the team of students with the best display.

Judging of the exhibits was conducted by Bruce Sandstrom, TAMC senior vice president of finance and NMCC Foundation board member; Joy Baressi-Saucier, TAMC vice president of organizational advancement; and Richard Engels, NMCC Foundation board chair. They judged the displays based on visual appeal and presentation, creativity, suitability for multi-age groups, use of educational aids, as well as the students' ability to engage and explain their topics.

"We support the Health Fair because it gives students a chance to build their presentation skills and educate the community. Clinical skill is very important, but a nurse's ability to educate and inform

is just as critical," said Saucier. "TAMC recognizes the importance of supporting nurse education. Highly-skilled nurses continue to be in demand, both in hospitals and at other facilities. It is a rewarding."

The award was presented to the threeperson team of Sandra Dionne and Tina Dionne of St. David, and Ashlei Look of Jonesport, whose health display topic focused on ergonomics and back safety.

Forty students enrolled in the third semester of the associate degree nursing program prepared eleven educational displays with subjects including seasonal and H1N1 influenza, common winter illnesses, commonly acquired MRSA, hypothermia and frostbite prevention, substance abuse, and stress management and coping strategies. Exhibits also

featured information on the benefits of activity, winter sports safety, fall and winter driving safety, and nutrition for sports and energy.

"The generous award donated by TAMC was most appreciated by the students taking part in the health fair," said NMCC nursing instructor, Eileen McDougal. "The team of students selected to have the 'best in show' exhibit indicated the scholarship money will be a great help toward college-related expenses."

The health fair provides senior students an opportunity to plan and present a structured teaching project in a public health format. Topics were selected collaboratively by NMCC nursing faculty members and the students with a con-

centration on issues related to the fall and

winter seasons.

Once a comprehensive list was developed, students signed up to work on specific projects according to their interest, with three or four students working in each area. Following the topic selection each team was responsible for developing objectives and an outline of the information they planned to present.

Of the 40 students participating in the health fair, 25 are physically taking courses on the Presque Isle campus. They were joined by 15 second-year students enrolled in NMCC's nursing program who are taking classes at the Houlton Higher Education Center in Southern Aroostook.

The NMCC Health Fair follows the first semester when students learn the

concepts of teaching/learning in the public health context and the second semester when students are required to present a clinically-based topic to their peers. In their final semester. students participate in the Fort Fairfield Middle School health fair.



Above, from left; Glenda Capps and Shelly Fulton, along with Kristi Ricker, provided tips for safe fall and winter driving.

### COMMUNITY HEALTH FAIR 2009

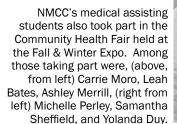


ABOVE, from left: nursing students Lindsey Kinney and Tammy Leach (along with their partners Nikki Graves and Kristi Brooker) helped folks get the blood pumping with their fun, hands-on exercises as they spread the word about the benefits of activity.



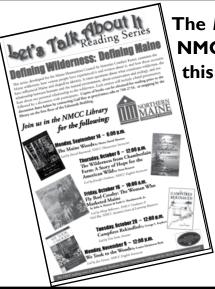


NMCC nursing students taking classes off-campus at the Houlton Higher Education Center also traveled to Presque Isle to take part in the Community Health Fair. Among those who took part were: Julie Tribou (above center), whose group displayed information on community acquired MRSA; Teena McCarthy (above right), whose group highlighted a very timely topic of seasonal and H1N1 influenza and vaccines; and Olivia McGary and Denise Marquis (left), whose group covered nutrition for sports and energy.





Students
Virginia Giberson and Sarah
Upton teamed
up with fellow
students
Becky Ford
and Janice
Scott to offer
winter sports
safety information to Expo
participants.



The Let's Talk About It reading series being sponsored by the NMCC Library and the Maine Humanities Council continues this month. Don't miss the following:

Thursday, October 8 ~ 12:00 p.m.
The Wilderness from Chamberlain
Farm: A Story of Hope for the
American Wild by Dean Bennett

Led by Jennifer Graham, NMCC English Instructor

**Friday, October 16 ~ 10:00 a.m.**Fly Rod Crosby: The Woman Who Marketed Maine

by Julia A. Hunter & Earle G. Shettleworth, Jr.

Led by Misty Robinson, NMCC Graduate & Gail Roy, NMCC Assistant Dean of Learning Resources

**Tuesday, October 20 ~ 12:00 p.m.** (Please note date change.)
Campfires Rekindled by George S. Kephart

Led by Tim Scott, Forester

# Lycoming Events

The following are some key events in which the College will be involved this fall. Details on some can be found in this publication; others will be covered in upcoming editions. Questions regarding these activities can be directed to the college relations office by contacting info@nmcc.edu or 768-2809.

## Reading - The Wilderness from Chamberlain Farm

Thursday, October 8 ~ 12:00 - 1:00 pm Library

#### **Election Referendum Forum**

Wednesday, October 14 ~ 7:30 am Edmunds Conference Center

## Reading - Fly Rod Crosby: The Woman Who Marketed Maine

Friday, October 16 ~ 10:00 - 11:00 am Library

#### Reading - Campfires Rekindled

Tuesday, October 20 ~ 12:00- 1:00 pm Library

## **Construction Hall of Fame 2009 Induction**

Tuesday, October 20 ~ 5:00 pm Mailman Trades Building

#### Kinderfest

Saturday, October 24 ~ NMCC Gym

#### Celebration of the St. John Valley Nursing Program Expansion

Thursday, October 29 ~ 10:00 am Madawaska High School

## Aroostook County Mitchell Scholars Reception

Thursday, October 29 ~ 5:00 - 7:00 pm Edmunds Conference Center

#### **Boone Lecture on Diabetes**

Friday, October 30 ~ 7:00 pm ~ Library

#### **NMCC Foundation Annual Dinner**

Thursday, November 6 ~ 5:30 pm Edmunds Conference Center

#### Reading - We Took to the Woods

Monday, November 9 ~ 12:00 - 1:00 pm Library

#### Kilcollins, from pg. 1

a U.S. leader in wind power technician training."

Since joining the NMCC campus in January of 2009, to develop and lead the first wind power technology program in New England, Kilcollins has well-positioned the institution in the wind power community in the United States. The College is an active member of the American Wind Energy Association (AWEA), and Kilcollins holds a seat on AWEA's education committee, which is currently undertaking an effort to develop a standardized wind technician skill set for college curriculum, Department of Labor definition and class code for a wind technician, and the national direction towards a wind technician board exam.

"We have exposure with AWEA and now have met with equivalent organizations in Europe. Among my goals on this trip was to see how the NMCC wind power technician program aligns with similar programs at colleges in Europe," said Kilcollins.

Spain and Germany, in addition to Denmark, are considered European leaders in both onshore and offshore wind projects. Both countries that were visited as part of the Governor's trade mission are home to companies with major investments in regional energy projects and are targets for future investment in the state, and rank first and third worldwide in installed wind power.

Wayne
Kilcollins
recently
returned
from the
Gubernatorial renewable
energy
mission
to Spain
and
Germany.



According to Kilcollins discussions with Spanish and German organizers indicate an interest in having a technical training center in the U.S. to assist European technicians with learning the English language as it relates to the wind industry. Several global companies send technicians to the U.S. for work with the English speaking counterparts to assist with assembly and warranty work.

"Most of these technicians have difficulty speaking English, so it is difficult for them to work with U.S. technicians in showing how the new systems function. These companies would like a training center that they can send their technicians to in order to learn English and also do some hands-on training with wind turbine components and systems. I believe this would be a great opportunity for NMCC," said Kilcollins.

#### LP Training, from pg. 4

"My goal is to graduate from college with an associate's degree. Too many people helped me get into this to walk away from it."

Chase credits NMCC, LP and state and federal agencies for providing the opportunity to earn both a certificate and degree. Tuition costs toward his degree are currently being covered by Trade Adjustment Assistance or TAA funding. He credits his wife and his two sons with providing the encouragement, support and help along the way. He is in line to graduate from the College in May of 2011 with his associate degree in automotive technology. He expects to earn his certificate in industrial mechanical maintenance this spring.



LP employee Tony McCormick (left) works with one of his colleagues practicing welding techniques using a mobile welding lab set up on-site at LP in New Limerick. The equipment was purchased through grant funds provided by the Maine Department of Labor.

### **Constitution Day Celebrated**

NMCC recently provided their students, employees, and community members the opportunity to take part in a variety of activities held on campus in celebration of Constitution Day. The cornerstone festivity of the day for this event was a presentation by Jan Grieco, English instructor at the college.

Held annually on September 17, Constitution Day commemorates the signing of the U.S. Constitution by thirty-nine men who changed the course of history as early colonists knew it.

Grieco delivered a presentation on freedom of speech, protected by the First Amendment in the Bill of Rights. The rights are often misunderstood under the First Amendment, according to Grieco, especially since the First Amendment provides: "Congress shall make no law respecting an establishment of religion" or "prohibiting the free exercise thereof". Grieco underscored the importance of understanding how freedom of speech and freedom of religion are related and what responsibility we have in expressing those freedoms.

Grieco discussed how violations in the First Amendment occur with the banning of books, citing examples such as Mark

Twain's 1884 novel *The*Adventures of Huckleberry
Finn, John Steinbeck's Of
Mice and Men and The Diary
of Anne Frank.

"If we ban all literature that contains hateful words, students cannot learn how these words become so powerful. For example, if students cannot read

Huckleberry Finn, they are less able to understand how these words turn people into despised, faceless, non-human objects. Young readers will never behold Huck learning to regard the runaway slave, Jim, as a real human being," stated Grieco.

Other festivities included Constitution themed refreshments and a Test Your Constitution IQ Challenge, where students were quizzed on their knowledge on the Constitution and had the chance to be entered into a drawing for a \$25 NMCC Bookstore gift certificate. John Parent was among the students that successfully completed the quiz challenge and was drawn as the winner of the bookstore certificate.

The day of events was concluded with a screening of the film *National Treasure*.



Members of the campus and local community were invited to participate in a variety of activities celebrating Constitution Day on September 17 at Northern Maine Community College. A key event was a presentation by NMCC English instructor Jan Grieco on the Freedom of Speech and Religion.



#### **NMCC** Hosts Breakfast of Champions

The College hosted the Maine Women's Policy Center annual *Breakfast* of *Champions* on October 6, in collaboration with area members of the AAUW and the Maine Centers for Women, Work and Community. Participants in this year's event, *As Women Succeed, Maine Prospers: Women in Business and the Economy*, discussed opportunities for increasing Maine women's economic prosperity.

Keynote speaker Lisa Maatz, AAUW director of public policy and governmental relations, emphasized the federal initiatives aimed at improving the well-being of women and girls. "Achieving full economic opportunity for women will require everyone's participation. That's why AAUW members in Maine are working for pay equity, access to education and training, and programs that promote work life balance in the 111th Congress. We have a tremendous opportunity, right now, to further these goals for women in Maine and across the United States," said Maatz.

"We know that Maine's economic future is tied to the strength of our workforce, our business leadership, and our investments in family and community. Women are in many ways the pillar behind all three," said Sarah Standiford, executive director of the Maine Women's Policy Center.

"Women will soon make up 50% of the entire labor force. We comprise the majority of new business start-ups. We continue to be the primary caregivers for children and adult family members, as well as make the vast majority of health and consumer decisions in our households. Simply put.

decisions in our households. Simply put, we cannot talk about our economic future without talking about the contributions of women. It's time to start talking about the new policies and practices that will support the success of women in the workplace and contribute to our shared economic success."



Health care reform, education, pay equity, and work/life balance were all topics that Keynote speaker Lisa Maatz, AAUW director of public policy and governmental relations, addressed during the *Breakfast* of *Champions* held at NMCC. Maatz made the point that these are not just women's issues, but family issues.



Development Office 33 Edgemont Drive Presque Isle, ME 04769 Non-Profit Organization
U.S. Postage
PAID
Permit #54
Presque Isle, ME 04769

## Upcoming Continuing Education offerings...

#### **Intermediate Microsoft Word 2007**

So, you are pretty good at Word but want to learn about some of the more intermediate functions? This course will teach you how to set up columns and tables within your documents; insert, reposition, edit and resize graphic images; integrate word with other MS Office products; draw lines; surround your text or graphics with borders; achieve dramatic effects by varying the size, appearance, and orientation of your text, and more. Update your skills in this handson course. Bring your questions and learn new techniques.

CMP 623 ◆ Cost: \$99 – text additional ◆ .9 CEUs Thursdays, October 22 – November 5 ◆ 9:00 am – 12:00 pm

#### **Microsoft Excel 2007**

Learn to create spreadsheets that help you do the math. Whether you are tracking a budget at work or tracking expenses at home, Excel software can help you organize and analyze data. Topics will include copying data, formulas, modifying, formatting, performing simple calculations, adding charts and working with multiple worksheets.

CSA 632 ◆ Cost: \$99 – text additional ◆ .9 CEUs Tuesdays, October 13 – 27 ◆ 5:30 pm – 8:30 pm

#### **Intermediate Microsoft Excel 2007**

Is it time to take your Excel knowledge to a new level? You will learn to work with large worksheets; use more formulas and functions; add data validation to cells; manipulate data with database features; manage lists; protect cells and worksheets from changes or deletion; analyze data with PivotTables; and utilize the consolidation functions for 3-D workbooks. Prerequisite: A basic working knowledge of Excel.

CSA 633 ◆ Cost: \$89 - text additional ◆ .9 CEUs Thursdays, November 3 – 17 ◆ 9:00 am – 12:00 pm

#### **Building & Maintaining a Web Page for Your Business**

Are you paying someone to create and maintain your webpage? Many small business owners can build their own page and keep it current if they have the skills to tackle the job. This basic course directs you to resources which will help you produce and maintain a professional web presence. Create a page in class, and learn how to send it into cyberspace.

CMP 815 ◆ Cost: \$89 – text additional ◆ .9 CEUs Wednesdays, November 2 – December 16 ◆ 5:30 pm – 8:30 pm

#### **CRMA Certification**

This 40-hour course is designed for individuals working in and responsible for administering medications in Residential Care Facilities. Participants will learn safe, accurate, and appropriate methods of administering medications as well as acceptable documentation techniques. Class enrollment is limited to 12 people.

HLT 705 ◆ Cost: \$350 ◆ 4.0 CEUs Thursdays & Fridays, October 29 – November 11 ◆ 8:00 am – 4:30 pm

Contact our continuing education division at 768-2768 to register for these or other non-credit courses offered at the College.